

SHABANA ASHICK

SPECIALIST OPTOMETRIST

DHA | MOH Specialist Optometrist with 7+ years of success in roles including Head of Optometry Department & Academic researcher. Proven track record in delivering high-quality eye care, managing complex cases, and providing exceptional patient experiences. Adept in advanced ophthalmic technologies and various clinical department Cornea cataract Glaucoma Retina and pediatric & Dispensing with continuous professional development. Seeking a challenging position to leverage expertise in clinical optometry skill, leadership and Patient care to drive growth and innovation in a progressive eye care organization.



PERSONAL DETAILS

Date of Birth

20th July, 1992

Nationality

Indian

Marital Status & Visa

Married, Residence Visa

Address

Al Khail Gate, Dubai

Driving License UAE

Yes

DHA License No

00228416

MOH License

Certificate No - 167214

RELEVANT COURSES

M.Sc Optom, B.Sc Optom
Fellow of Geriatric Optometry

LANGUAGES

English

Hindi

Arabic

CONTACT

+971 529155370

Shabanaashick@gmail.com

<http://linkedin.com/in/shabana-ashick-382031244>

EDUCATION

Post Graduate Clinical Attachement - Mohammed Bin Rashid University of Medicine & Health Sciences (MBRU) . Dubai

March - April 2025 - Dubai Hospital, UAE

Post Graduate Diploma in Fundamentals of Ocular Motility and Binocular Vision - Spain

December 2024

Masters in Optometry - Singhania University

April 2019-August 2021

Bsc Optometry - Malabar Eye Hospital And Research Centre

Graduated 2015 • India, Calicut

CERTIFICATION

- ✓ DHA Certified Optometrist
DHA License No - 00228416-001
- ✓ Ministry of Health Certified Optometrist
Certificate No - 167214
- ✓ Indian Optometrist Association Certified
Certificate No - 598/2016
- ✓ Good Standing Certificate of International Sports Vision Association
- ✓ Certificate of Appreciation for screening 100 special olympics UAE Athlets on 20 Feb 2025 - Healthy Athlets Screening
- ✓ Awarded Excellence in Optometry: Recognizing Unwavering Commitment to Patient Care and Professional Distinction - Basari Group 2023

OPTOMETRY SKILLS

- ✓ Visual Acuity Test
- ✓ Retinoscopy
- ✓ Subjective Refraction Techniques
- ✓ Soft Contact Lens Fitting & OR
- ✓ Biometry Calculation
- ✓ Topography , OCT , HFA, AR , NCT FFA
- ✓ LASIK Documentation
- ✓ Stereopsis tests, EOM Test
- ✓ Diplopia Investigations
- ✓ Applanation Tonometry
- ✓ Patient Counseling
- ✓ Pediatric Cyclo Refraction
- ✓ Coaching & Mentoring
- ✓ Dispensing Optician
- ✓ Troubleshoot
- ✓ Excellent Patient Care
- ✓ Arabic Language Proficiency

OPHTHALMIC IMAGING PROFICIENCY

- ✓ Nikon Optos ultra-widefield retinal imaging
- ✓ IOL MASTER 700
- ✓ OCT Cirrus 6000
- ✓ i DESIGN Refractive Studio J&J
- ✓ OCT Topcon
- ✓ HFA Zeiss
- ✓ Ocuulus Pentacam
- ✓ Topcon FFA
- ✓ Specular microscope
- ✓ ERG – Retinal Electro Physiology
- ✓ Heildelberg HRA OCT
- ✓ VEP
- ✓ Direct Ophthalmoscope
- ✓ OCT Anterior Segment & Pachy

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WORK EXPERIENCES

Medcare Eye Centre - Locum Optometrist

July 2025 – September 2025 . Dubai UAE

Experienced in Assisting Surgical Retina and Cataract Consultants.

Skilled in handling pre-operative and post-operative care for retinal and cataract surgeries.

Conducting pupillary evaluations, applanation tonometry for intraocular pressure measurements.

Proficient in Fluorescein Angiography (FFA), Indocyanine Green Angiography (ICGA), Heidelberg OCT, and Optos.

Dubai Hospital - Specialist Optometrist

March 2025 –April 2025 . Dubai UAE – Work Placement

Experienced in Medical & Surgical Retina, cornea & LASIK, pediatric speciality clinics.

Experienced in Specular Microscope, I-Design Studio LASIK, IOL Master 700, Optos Wide Field imaging, Visual Feild, OCT Topcon, Cirrus 6000 OCT Angio,Oct Anterior segment & pachy & ERG, Heidelberg OCT

Vasan Eye & Multispeciality Day Surgical Center

December 2024 – July 2025 Senior Optometrist . Dubai

Perform comprehensive initial patient assessments using various diagnostic techniques

Experienced in Medical & Surgical Retina, Cornea & LASIK, and Cataract specialty clinics

Operate advanced ophthalmic instruments and maintain knowledge of equipment procedures

Skilled in contact lens fitting, Lasik Final Correction, and comprehensive contact lens evaluations

Maintain professional standards, ethics, and demonstrate professionalism & Actively participate in supervision and evaluation of optometry practice & dispensary operations

Collaborate with multidisciplinary teams for high-quality patient care

Optometrist & Head of Optometry Basari Optical Group, UAE

November 2018 – November 2024 (6 years) • Dubai, UAE

Proven leadership experience as Head of Optometry, Manager, and Business Development Advisor, Head of E-Commerce.

Proficient in various optometry assessments, including visual acuity tests, retinoscopy, and binocular balancing. Skilled in managing refraction techniques, high myopia, hyperopia, keratoconus, presbyopia, cataract evaluations, and contact lens dispensing