
*Mohammed Shaheer Pandara Arakkal.
MBBS, MRCP (UK), MRCP (London), ESEGH (Gastroenterology and
Hepatology), CESR-UK (Gastroenterology).*

*Consultants Gastroenterologist Cwm Taf University Health Board &
Royal College of Physicians Assessor for CESR(Gastroenterology) Applications*

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Professional Summary

Consultant Gastroenterologist with 15+ years of international clinical experience across the UK, UAE, Saudi Arabia, and India. GMC-registered specialist (CESR, 2024), MRCP (UK), and ESEGH-accredited. Expertise in diagnostic and therapeutic endoscopy, including polypectomy, PEG insertion, stricture dilatation, capsule endoscopy, advanced GI bleed management, and GI stenting under fluoroscopy, with ongoing ERCP training. Experienced in clinical leadership, rota management, multidisciplinary collaboration, service development, and quality improvement. Active in clinical research and recognized for teaching and mentoring junior doctors, registrars, and endoscopy staff. Holds DHA Specialist Gastroenterologist eligibility for practice in Dubai and serves as an RCP assessor for CESR applications.

Registrations

Medical Council:	Registration Number:
General Medical Council, UK	7475156- Registered in Specialist Register with Full License to Practice
Dubai Health Authority	DHA Eligibility Letter – Specialist Gastroenterologist
Health Authority of Abu Dhabi	GD 9086- Expired
Saudi Commission for Health Specialties, KSA	08JM0031362 – Expired
Medical Council of India	34689 – Still Active – But I haven't worked in India since 2006.

Memberships with Professional Bodies

1. Member of Royal College of Physicians RCP - RCP Number152615
2. Member of BSG - BSG number -BSG60073
3. Member of WAGE – Membership Number – M411.

Professional and medical Qualifications

CESR -UK (Gastroenterology) – June 2024

General Medical Council (UK)

Certification of competency in Colonoscopy - September 2023

JAG (Joint Advisory group on GI Endoscopy)

ESEGH (SCE) - April /2022

European Board of Gastroenterology and Hepatology, British Society of Gastroenterology & federation of Royal College of Physicians of the United Kingdom

Certification of Individual competency in Endoscopy - October 2020

JAG (Joint Advisory group on GI Endoscopy)

MRCP (UK) - September/2013

Royal Colleges of Physicians of the United Kingdom

MBBS-Kerala University January /2004

University Of
Kerala, Thiruvananthapuram, Kerala, India.

Employment History -1

Consultant in Gastroenterology – Cardiff and Vale University health Board 10/03/2025 to Present

- 10 PA Role.
- Patient management on the ward
- Handling patient retrievals and referrals
- Conducting regular clinics, following up on investigations, and taking necessary actions
- Performing routine diagnostic and therapeutic OGD and colonoscopy (including Inpatient upper GI bleed)
- Reviewing and vetting referrals
- Contributing to Quality Improvement Projects (QIP) and service enhancement initiatives
- Engaging in the teaching and assessment of junior doctors
- Actively participating in multidisciplinary team (MDT) meetings.

Employment History -2

Consultant in Gastroenterology - Glan Clwyd Hospital, North Wales 14/10/2024 to 07/03/2025

- 10 PA Role.
- Patient management on the ward
- Handling patient retrievals and referrals
- Conducting regular clinics, following up on investigations, and taking necessary actions
- Performing routine diagnostic and therapeutic OGD and colonoscopy (including Inpatient upper GI bleed)
- 1x Session – Oesophageal stent list
- Reviewing and vetting referrals
- Contributing to Quality Improvement Projects (QIP) and service enhancement initiatives
- Engaging in the teaching and assessment of junior doctors
- Actively participating in multidisciplinary team (MDT) meetings.

Employment History -3

Consultant in Gastroenterology - Swansea Bay University Health Board, Swansea, Wales 01/10/2023 to 04/10/2024

11 PA Job.

- 11 PA Role.
- Patient management on the ward
- Handling patient retrievals and referrals
- Conducting regular clinics, following up on investigations, and taking necessary actions
- Performing routine endoscopy procedures, including diagnostic and therapeutic OGD and colonoscopy
- 1x session/ week for ERCP Training
- Part of On-call GI bleed rota.
- Involvement in research.
- Reviewing and vetting referrals
- Contributing to Quality Improvement Projects (QIP) and service enhancement initiatives
- Engaging in the teaching and assessment of junior doctors
- Actively participating in multidisciplinary team (MDT) meetings.

Employment History -4

Senior Clinical Fellow Medicine (Gastroenterology)– Swansea Bay University Health Board, Swansea, Wales 01/08/2018 to 30/09/2023

Job Role

- **Gastroenterology Ward Rounds:** Conducts two independent and two consultant-led rounds weekly in a ward with four bays (six beds each), four cubicles, and a negative pressure room.
- **Outlier Ward Rounds:** Manages two independent and two consultant-led rounds weekly for gastro/medical patients in five buddy surgical wards, with 10–30 patients depending on admissions and bed availability.
- **Inpatient Referrals:** Assesses gastroenterology referrals from other departments, consults as needed, and ensures follow-up after investigations.
- **Outpatient Ascitic Drains:** Performs and supervises ascitic drainage for chronic liver disease patients, training junior doctors in the procedure.
- **Gastroenterology Clinics:** Conducts clinics independently and with consultants, generating letters, referring patients, and ensuring follow-ups or appropriate discharges.
- **Endoscopy Training:** Performs OGDs, colonoscopies, and ERCPs twice weekly at Morriston, Neath, and Singleton Hospitals, mainly in the afternoons.
- **Independent OGDs:** Conducts diagnostic OGDs on Tuesday/Wednesday mornings for USC patients and direct GP referrals.
- **Rota Management:** Assigns roles, manages leave, and ensures smooth operations for junior doctors. Oversees departmental teaching (Tues/Weds 8:30 AM), endoscopy training, and clinic Rotas.
- **General Medical On-Calls:** Covers acute admissions and ward duties as a medical registrar (40%-50% banded Rota).
- **Teaching:** Leads departmental, SIM, Foundation/IMT, and bedside teaching.
- **Admin & Research:** Conducts audits, QIP, publications, and other admin tasks (one session/week).
- **MDT Meetings:** Participates in multidisciplinary team meetings.

Employment History -5

Junior Clinical Fellow in General Medicine- Swansea Bay University Health Board, Swansea, Wales 06/03/2017 to 31/07/2018

- **Ward Rounds:** Conducts rounds independently or with consultants/registrars, documenting patient progress and management plans.
- **Task Management:** Handles ward round tasks, including ordering tests, consulting other departments, coordinating patient flow, and delegating junior doctor responsibilities.
- **Outlier Ward Rounds:** Conducts rounds independently or with consultants/registrars, documenting progress and executing follow-up tasks.
- **Clinics:** Attends consultant-led clinics, generates clinic letters, orders investigations, and arranges discharges.
- **Teaching:** Provides departmental and bedside teaching.
- **QIPs & Audits:** Participates in quality improvement projects and audits.

- **Outpatient Procedures:** Regularly performs ascitic drains.
- **General Medical On-Calls:** Covers acute admissions and ward duties, including assessing ill patients, prescribing medications, ordering tests, and making management adjustments. Discusses DNACPR and complex cases with seniors, attends cardiac/peri-arrest calls, and clerks emergency referrals, ensuring proper investigations and diagnosis before consultant review.

Employment History -6

Medical Practitioner at Lifecare Hospital Musaffah, Abu Dhabi (From 06/10/2014 to 03/02/2017)

The 250-bed Lifecare Hospital is a JCI-accredited district general equivalent hospital located in Musaffah, the centre of Abu Dhabi's bustling industrial district. The emergency department's two resuscitation six observation beds and three triage beds serve as the foundation for treating all emergency patients.

On a rotating basis, I worked in the ICU, inpatient, emergency (acute medical intake), and outpatient departments.

- **Outpatient Clinics**

Patients from every medical specialty are seen at clinics, including cardiology, rheumatology, neurology, pulmonary, gastroenterology, endocrine, and diabetes.

Responsibilities includes

- Taking histories, doing clinical examinations, requesting laboratory tests, radiology studies, and other diagnostic investigations.
- Assess patients' mental and physical well-being and consult with the appropriate experts or consultants.
- Schedule follow-up consultations and, if necessary, direct the patient to the proper specialists.
- Write prescriptions and carry out medical procedures.
- Inform government authorities about diseases that require notification.
- Give patients advice on how to be as healthy as possible, including how to avoid illness and accidents.

- **Role in Emergency Department:**

On-call responsibilities

- Accept the medical referral from A&E, complete the appropriate medical clerking using the electronic medical record, and admit the patient after consulting with senior colleagues and consultants,
- Assess, prioritise, diagnose, and stabilize patients who are referred to the emergency department for an urgent medical issue.
- Manage heavy caseloads, long hours, and a variety of shifts from early morning to late evening or night shifts
- Respond to Code Blue calls and spearhead efforts to resuscitate patients in the emergency room using the ACLS/PALS protocol

- Take medical referrals from other hospitals and outlying general practitioner clinics and clerk and admit patients following consultation with senior specialists and consultants
- Carry out procedures such lumbar puncture, joint aspiration, ascetic drain/tap, nasogastric tubes, IV cannulation, ABG and urine catheterization, and pleural tap
- **Inpatient wards**
 - Conduct ward rounds with senior specialists/consultants and ensure proper documentation of patient records using electronic medical record, as well as documenting the ward round in the hospital patient record file.
 - Request relevant investigations planned during the ward rounds and initiate or modify necessary medications or management plans as per the consultant's decisions.
 - Remind nursing staff about the necessary tasks generated during ward rounds that need to be completed.
 - Assess and implement special precautionary measures to prevent risks, such as falls.
 - Attend and lead Code Blue calls.
 - Address complaints from patients and their family members.
 - Follow the consultants' instructions for the specific management plan for each patient.
 - Draft admission notes, follow-up notes, and discharge summaries.
 - Visit all in-patients individually during the afternoon round and document in clinical/progress notes.
 - Participate in clinical audits and the implementation of clinical governance
- **Teaching/Audits/Presentation**
 - Conduct systematic training sessions for Junior Doctors and Nursing staff in accordance with the established Teaching Rota.
 - Maintain consistent attendance at the Thursday afternoon teaching sessions.
 - Deliver compelling case presentations during the Case Presentation meetings.
 - Participate in various audit activities.
- **Leadership and management**
 - I had taken on the responsibility of managing the Junior Doctors' rota during the absence of the Head of Department for a duration of two months, with one month allocated each year.

Employment History -7

Medical Practitioner Aster Medical Centre, Abu Dhabi, United Arab Emirates (From 27th July 2009- 15th June 2014)

DM Health Care is the largest private healthcare group in the UAE, headquartered in Dubai. I was employed at Aster Medical Centre (which falls under DM Health Care) in Mussafah, Abu Dhabi, UAE. This medical center is located in an industrial area. My position is equivalent to that of an SHO.

- **Out-Patient Clinic: 3 clinics per week**
- The outpatient clinic includes patients from various medical specialties (cardiology, renal, respiratory, gastroenterology, endocrine and diabetes, neurology, rheumatology, etc.), involving tasks such as taking histories, performing examinations, requesting laboratory tests, x-rays, and other diagnostic investigations. I evaluate patients' physical and mental health, discuss cases with relevant specialists/consultants, arrange follow-up appointments and referrals to other specialties as necessary, prescribe and administer medications and treatments, report notifiable diseases to governmental authorities, and advise patients on strategies for maintaining optimal health, including disease and accident prevention. I also refer patients to appropriate specialties when needed.
- **Inpatient Wards – On-call commitments**
- I performed a wide range of medical duties, including supervised comprehensive inpatient care three days a week at Aster Hospital (a 250-bedded hospital) under the same management.

Employment History -8

General Physician in Al-Abeer Medical Centre, Sharafiya, Jeddah (From 19th Nov. 2006- 16th June 2009)

This is a small **50-bed** medical center in the City of Sharafiya, Jeddah.

- **Emergency acute medical take: On-call commitment.**
Clerking medical referrals from emergency doctors, discussing cases with seniors/consultants, and admitting patients as needed. Requesting necessary investigations and following up on their results. Discussing results with seniors regarding management.
- **Outpatient clinics: 3 clinics/week.**
- Attend general medical outpatient clinics and specialty clinics with seniors/consultants.
- Admit patients as required.
- Discuss each specialty case with seniors, request investigations, prescribe medications, and arrange follow-up.
- **On-call commitments 3 days a week.**

- Conduct ward rounds with seniors, request investigations, document ward rounds and progress notes, follow up on investigations, and discuss patients with seniors to implement necessary management changes.
- Prepare discharge summaries and arrange follow-up.
- Organize junior doctors' duties in the rota.

Employment History -9

Resident Medical Officer in MES Medical College Hospital, Perinthalmanna, Malappuram, Kerala January 2006- November 2009)

MES Medical College Hospital is a teaching hospital situated in Perinthalmanna, Malappuram District, Kerala. It is a 600-bed tertiary care facility with a busy medicine department.

- **Outpatient Clinics: 2 clinics per week**
Consult patients in the outpatient department, discuss cases with senior staff, investigate, and admit patients when necessary (twice a week).
 - **Ward Round: Daily**
 - Conduct daily ward rounds with the medical team, thoroughly evaluating and managing each patient (three days a week) and adhering to team management protocols.
 - Document admission notes, progress notes, prepare discharge summaries, and arrange follow-ups.
 - **Acute Medical Take: On-call commitment**
 - Clerk all acute medical patients (once a week), investigate, consult with senior team members, and admit as necessary.
 - **Ward Cover: On-call commitment**
 - Manage inpatient care for patients (once a week) outside regular hours and discuss patient cases with seniors as needed.
 - Update patient progress to families when appropriate.
 - Teaching Responsibilities:
 - Organize and teach a group of medical students (this group rotates every two months).
 - Instruct on the basics of medicine, including history taking, clinical examination, and recognizing various clinical signs.
- Employment

Employment History -10

Resident Medical Officer [RMO] in Department of Casualty and Emergency Medicine, Orchid Hospital, Malappuram Kerala Kerala (August 2005 - January 2006)

This is a 100-bed private hospital located in the Malappuram district of Kerala, known for its high patient volume due to its accessibility. The Emergency Medicine Department is well-regarded and fully equipped, staffed by one consultant at all times, along with three senior and three junior residents on rotation. The department features 10 observation beds, 2 resuscitation beds, and one emergency operating room.

- **Main responsibilities:**
- 8-hour shifts in the emergency department, handling all emergencies, including surgical, medical, pediatric, and gynecological cases - 4 days a week
- 8-hour ward duties - 2 days a week

The learning opportunities were limitless, given the limited number of doctors and the department's consistent overcrowding. I gained significant exposure to various emergencies in this hospital, particularly head injuries, chest injuries, road traffic accidents, and burns. I developed fundamental emergency skills and performed various procedures, including suturing, catheterization, intravenous cannula insertion, nasogastric tube insertion, endotracheal intubation, and chest tube insertion. In the emergency operating room, I assisted with multiple laparotomies, appendectomies, and other procedures.

Employment History -11

Govt. Medical college Hospitals Thiruvananthapuram and Calicut, Kerala (As Intern) (16-02-2004 - 25-07-2005)

This was my Foundation (F1) Training Job

Worked in rotation across various departments (Medical, Surgical, Emergency, Pediatrics, O&G, Psychiatry, and Orthopedics departments)

- **Daily Ward Round**
Accompanied registrars and consultants on morning and afternoon ward rounds
Examined patients, documented medical histories/progress, and ordered laboratory tests, radiological, and other diagnostic investigations generated from ward rounds.
Performed procedures such as IV cannulation, ECG, ABG, urinary catheterization, NG tube insertion, LP, ascitic drain/tap, and chest drain/tap.
Managed patients in all intensive care units under supervision
Prepared discharge summaries and arranged follow-ups
- **ED-Acute Take**
Clerked and admitted patients after consulting with senior medical practitioners.
Arranged necessary investigations and referrals for patients
Performed procedures such as IV cannulation, ECG, ABG, urinary catheterization, NG tube insertion, LP, ascitic drain/tap, and chest drain/tap.

- **Outpatient Clinic**
Attended the OPD in all specialties as per the rota and performed minor surgeries in the OPD
Taught medical students and trained paramedical staff
- **Other Responsibilities**
Conducted and organized various academic events for medical students
Organized several medical camps for underserved populations
- **Rural Residential Posting**
Provided comprehensive medical care in remote tribal villages during rural postings

Employment Gaps

04/02/2017 to 05/03/2017 – Relocating to UK after completing the previous job

16/06/2014 to 05/10/2014 – Change of Job in UAE – Due to delay in Visa processing

17/06/2009 to 26/07/2009- Relocation from Saudi Arabia to UAE - for new job

Research Experience

- **Associate investigator in Gondomar Trial**- A case control study on needs and determinants of multimodal therapy in peri anal Crohn's fistula.
- **Sub investigator in IM011-023, LATTICE CD**, A Randomized, Double-Blind, Placebo-Controlled Study of the Safety and Efficacy of Deucravacitinib in Subjects with Moderate to Severe Crohn's Disease
- **Sub investigator in LATTICE Follow on Study IM011-077**, An open-label, multi-center extension study to evaluate the long-term safety and efficacy of Deucravacitinib in participants with moderate to severe Crohn's disease or moderate to severe Ulcerative colitis

Publication

- **Primary Aorto-enteric fistula – A case report** – Gastroenterology Today – Summer 2019 (First Author)

A rare case of upper GI bleed secondary to primary aorto-enteric fistulae

Presentations

Presentation	Target Audience	Date
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Presentation of national audit on Upper GI bleed and blood transfusion- Morryston Hospital data	Morryston Hospital Audit meeting	10/04/2024
Use of Decompensated Liver Care Bundle	Grand Round Presentation	12 th January 2023
Learning from event	Departmental Meeting Presentation	24 th May 2022
A case of diagnostic Dilemma	Departmental Meeting Presentation	13 th October 2020
Where is this patient Bleeding from? – Two interesting cases of Upper GI Bleed	Regional Gastroenterology SpR meeting presentation	28 th January 2020
Case Presentation- Alcoholic Hepatitis	Departmental Meeting Presentation	13 th November 2021
Rare Case of Upper GI bleed	Grand round Presentation	20 th June 2019
Rare Case of Upper GI bleed	Departmental Meeting Presentation	3 rd April 2019
Case Presentation – Microscopic Colitis	Departmental Meeting Presentation	14 th November 2018
Case Presentation – DILI	Departmental Meeting Presentation	27 th June 2018

Conferences attended

Conference / Seminar	Venue	Date
WAGE Autumn Meeting	Water front Museum Swansea	03/04/2025
BSG Campus	Virtual Conference	20 th – 23 rd November
WAGE Autumn Meeting	ICC New port	6 th October 2022- 7 th October 2022
28 th Annual Convention and Scientific Seminar	Bangladesh Gastroenterology Society.	14 th May 2022
WAGE Spring Meeting	Virtual Conference	23 rd March 2022- 24 th March 2022

WAGE Spring Meeting	Virtual Conference	10 th May 2021-12 th may 2021
WAGE Annual General Meeting	Virtual Conference	2 nd December 2020

Courses Attended

Course/CME	Venue	Date
Colonoscopy Train the Trainer Course	Joint Advisory Group on GI Endoscopy.	17 th April 2024-18 th April 2024
ALS	Swansea bay University Health Board Training Center-Swansea	22/03/2023
Clinical Communication course	Online – Oxford Medical	9 th March 2023-10 th March 2023
Teach the Teacher/Train the Trainer Course	Online -ISC Medical	21 st January 2023-22 nd January 2023
Leeds Nutrition Course	University of Leeds	7 th September 2022-9 th September 2022
Hepatology Study Day	Miskin Manor hotel - Cardiff	8 th June 2022
Sheila Sherlock Virtual Hepatology Postgraduate Course	Royal free London – NHS Foundation Trust -Virtual Course	16 th March 2022-18 th March 2022
Leadership and management course for doctors	Oxford medical	13 th November 2021-15 th November 2021
CESR Seminar	Health Education and Improvement Wales (HEIW)	9 th November 2021
On the Job Teaching	RCP Online	20 th October 2021
2 nd Welsh Basic ERCP Skill Lab	The Grange University Hospital	24 th September 2021
Basic Skill in Colonoscopy course	WIMAT	17 th March 2021-19 th March 2021
Radiotherapy induced bowel Damage-its recognition Impact and Treatment	Dr Falk Virtual meeting	22 nd October 2020
Basic endoscopy skill course	Yorkshire endoscopy school	15 th July 2019-17 th July 2019
Endoscopy simulation course	WIMAT	10 th December 2018
Gastroenterology Taster course	BSG	2 nd December 2018
RCP Effective teaching skills workshop	Liverpool University	22 nd January 2018-23 rd January 2018
Courses Relevant to the curriculum older than 5 years		
Birmingham Liver Course	University Of Birmingham	25-26 May 2017
Enteral and Parenteral Nutrition Therapy Workshop	DUBAI	17-18 May 2014

4 th Middle East Metabolic Syndrome and Associated Diseases Conference (Cleveland Clinic	ABU DHABI	October 17-19 ,2010
SKMC-CLEVELANDCLINIC Annual Obesity Symposia (Advanced Management of Obesity and Metabolic Syndrome 2009)	ABU DHABI	31 st October 2009
5 th international conference on Vitamin D deficiency and Human Health	ABU DHABI	24-25 March 2016
2 nd Conference for General Practice	ABU DHABI	26 th Feb 2016
Informed Consent	ABU DHABI	22 nd April 2015
Diabetes in Pregnancy	ABU DHABI	4 th Feb 2015
Chronic Pain	ABU DHABI	25 th November 2015
Update in Prevention of Cervical Cancer Workshop	DUBAI	31 st May-1 st June 2014
MRCP PACES Preparatory Course	DUBAI	13-15 September 2013
Asthma, Allergy & COPD Conference Update	ABU DHABI	19 th October 2012
Advances in Diagnostic imaging & Management of Epilepsy	ABU DHABI	20 th November 2012
Patient Adherence Conference (Health Authority of Abu Dhabi	ABU DHABI	Feb 18 th 2012
Hypertension And End Organ Protection (MSD)	ABU DHABI	25 th January 2012
Asthma & Allergy Update (Health Authority Of Abu Dhabi	ABU DHABI	25 th November 2011
Suicide -Human Tragedy, Global And Local Impact, Risk, Assessment and Prevention Conference (American Center for Psychiatry and Neurology)	ABU DHABI	1 st October 2011
ADHD Conference (American Center for Psychiatry and Neurology)	ABU DHABI	28 th September, 2011
Family Medicine Conference (Cleveland Clinic)	ABU DHABI	October 23-25,2011
Gulf Thoracic 2010	ABU DHABI	17-20 March, 2010
Thyroid In Practice SKMC Center For Diabetes and Endocrinology	ABU DHABI	3 rd April ,2010
Cardiovascular Imaging & Interventions Symposium	JEDDAH	22 To 24 April 2007

Audit	Aim/Objectives	Audit cycle completed?
Audit on Gastroenterology USC referrals By GPs	To Ensure that all the USC referrals meet USC referral criteria as per NICE Guidelines	Single Audit
Audit on management of Acute presentation of Cirrhosis patients	To improve the use of decompensated cirrhosis liver care bundle to 100 % as per the guidance from BSG	Re audited
Audit on Bone health in IBD	Improving compliance to DEXA scanning in IBD population according to BSG guidelines	Audit cycle completed
National comparative Audit on Blood transfusion.	Multiple Objectives	Participated in data collection for SBUHB
Audit on Photo documentation in OGD	To improve quality standards in Upper GI endoscopy photo documentation.	Re audited
Re audit on management of Acute presentation of Cirrhosis patients	To improve the use of decompensated cirrhosis liver care bundle to 100 % as per the guidance from BSG	Audit cycle completed
Re audit on Photo documentation in OGD	To improve quality standards in Upper GI endoscopy photo documentation.	Audit cycle completed

Teaching.

Teaching Delivered	Target Audience	Date
SIM Teaching & Training Session on Ascitic Drain and Ascitic Tap	IMT Trainees	4 th May 2023
Upper GI bleed - Management	Foundation Trainee Teaching	26 th April 2023
SIM Teaching & Training Session on Ascitic Drain and Ascitic Tap	IMT Trainees	17 th February 2023
SIM Teaching & Training Session on Ascitic Drain and Ascitic Tap	IMT Trainees	13 th February 2023

SIM Teaching & Training Session on Ascitic Drain and Ascitic Tap	IMT Trainees	9 th November 2022
Short Bowel Syndrome and High Output Stoma	Departmental meeting teaching	6 th November 2022
SIM Teaching & Training Session on Ascitic Drain and Ascitic Tap	IMT Trainees	26 th May 2022
SIM Teaching & Training Session on Ascitic Drain and Ascitic Tap	IMT Trainees	17 th February 2022
Endoscopy in Patients on Antiplatelet or Anticoagulant Therapy – Updated ESGE Guideline	Departmental meeting teaching	16 th November 2021
SIM Teaching & Training Session on Ascitic Drain and Ascitic Tap	IMT Trainees	8 th November 2021
Complication of cirrhosis - Teaching	IMT Trainees	26 th October 2021
Nutrition in Chronic Liver Disease	Departmental meeting teaching	20 th July 2021
Upper GI bleed - Management	Foundation Trainee Teaching	6 th October 2019

Training in teaching

Teach the teacher /Train the Trainer Course	ISC Medical	21 st January 2023-22 nd January 2023
On the Job teaching Course – RCP	RCP	20 th October 2021
RCP Effective Teaching Skill Course	RCP	22 nd January 2018-23 rd January 2018

Management Experience

- Oversaw the Gastroenterology SpR and Junior Doctors' rota, including assigning roles and managing leave requests, ensuring the department ran efficiently without any staffing shortages (August 2018 - January 2023).
- Managed the departmental teaching rota, which occurred every Tuesday and Wednesday morning at 8:30 am (August 2018 - January 2023).
- Handled the scheduling of endoscopy training rotas and clinics for trainee registrars and endoscopy trainee nurses.
- Served as the team leader during medical on-call and arrest calls as a medical registrar (August 2018 - January 2023).
- Led and managed the endoscopy unit during independent service lists (August 2020 - January 2023).
- Acted as the Clinical Lead for Junior Clinical Fellows, which involved organizing comprehensive inductions for newly joined international graduates, assigning educational and clinical supervisors, and coordinating a weekly educational program for the JCFs (October 2023 - October 2024).

Skills

- **Endoscopic Procedures:** Proficient in performing diagnostic and therapeutic Upper GI Endoscopy and Colonoscopy, including polypectomy, PEG insertion, J extension, NJ placement, and stricture dilatation
- **Upper GI Bleeding Management:** Experienced in endoscopic management of variceal and non-variceal upper GI bleeds, including OTS clip placement.
- **Stenting:** Skilled in placing oesophageal, Duodenal and Colonic stents under fluoroscopy.
- **ERCP & EUS Training:** Currently undergoing ERCP training and actively seeking to expand expertise in Endoscopic Ultrasound (EUS).
- **Capsule Endoscopy** – Currently getting trained in small bowel capsule endoscopy.
- **Clinical Leadership:** Led and managed junior medical workforce for 5 years as a registrar, and served as Lead for Junior Clinical Fellows (JCFs), providing guidance and support.
- **Ward Management & Patient Care:** Efficient in managing patient referrals, retrievals, and ward-based care.
- **Multidisciplinary Team Collaboration:** Regularly participate in MDTs, ensuring effective patient care coordination.
- **Teaching & Mentorship:** Regular involvement in teaching junior doctors and assessing their clinical skills and development.
- **Quality Improvement & Service Enhancement:** Consistently engaged in Quality Improvement Projects (QIPs) and service improvement initiatives.
- **Clinical Research:** Contributed to three clinical trials, ensuring adherence to research protocols and high-quality data collection.
- **Communication Skills:** Effective communicator with patients, their families, and colleagues, ensuring clear and compassionate interactions.

Personal Interests

- Amateur Photography and Teaching Photography
- Enjoy playing football, table tennis, and badminton
- Enthusiastic about fishing and outdoor activities
- Passionate about swimming and staying active
- Cycling as a way to explore and stay fit

Reference

Dr Sreejith Venugopal

Consultant Gastroenterologist

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