

FATHIMA FINU PARAKKANDY

Registered Nurse | Medical-Surgical | Emergency Department | Gynecology Ward

DHA registration No: 45328294

SUMMARY

Compassionate and detail-oriented Registered Nurse with over **5 years** of comprehensive experience in Medical-Surgical Ward, Emergency Department, and Gynecology Ward settings. Proficient in delivering patient-centered care, managing critical situations, and maintaining high standards of infection control. Adept at fostering therapeutic relationships with patients, families, and multidisciplinary teams to support optimal health outcomes.

EXPERIENCE

April 2021 –
April 2024

Registered Nurse - Gynecology Ward And OPD

Medcare Hospital, Dubai, United Arab Emirates

- Delivered direct nursing care in the Gynecology Ward and OPD.
- Assessed patient conditions, document medical history, and maintain accurate records.
- Assisted in surgical procedures, anesthesia preparation, and recovery management.
- Administered prescribed medications and treatments, ensuring patient safety.
- Monitored vital signs, report changes, and respond to emergencies.
- Performed IV cannulation, wound care, and routine clinical procedures.
- Documented patient details in EMR, ensuring accuracy and compliance with standards.
- Educated patients on health management, post-treatment care, and preventive measures.
- Prepared patients for medical procedures and assist during examinations.
- Managed preoperative readiness, including fasting, hygiene, and pre-medication protocols.
- Supported prenatal and postnatal care, including IUCD, Implanon, and colposcopy assistance.
- Collaborated with interdisciplinary teams to ensure seamless patient care and recovery

September 2019 –
September 2020

Registered Nurse - Emergency Department

Carewell Hospital, Kerala, India

- Responded promptly to medical emergencies, stabilizing patients with acute conditions.
- Performed advanced life support measures, including CPR and airway management.
- Monitored and recorded vital signs, ensuring

CONTACT DETAILS

Address

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SKILLS

- Medication Administration
- Patient Monitoring
- Post-Operative Care
- Vital Signs
- Emergency Response
- Treatment Planning
- Patient Education
- Infection Control
- Wound Management
- IV Therapy
- Health Assessment
- Medical Documentation
- Pain Management
- Critical Care
- Surgical Assistance
- Patient Advocacy
- Patient Care
- Nursing Assessment
- Electronic Medical Records
- Attention to Details
- Team Work

LANGUAGES

- English
- Malayalam
- Hindi
- Arabic

COMPUTER SKILLS

- MS Word
- MS Excel
- MS Power Point

timely interventions.

- Administered emergency medications and managed IV lines efficiently.
- Supported trauma care, including wound closure, fracture stabilization, and burn management. Collaborated with multidisciplinary teams to deliver holistic care.
- Educated patients and families on post-discharge care and emergency follow-ups

**August 2018 –
August 2019**

Registered Nurse - Medical-Surgical Ward

Government Taluk Hospital, Kozhikode, India

- Provided nursing care and support for both medical and surgical patients
- Consistently monitored and recorded patient vital signs
- Administered medications via various routes, including IV, SC, IM, and oral, ensuring accuracy and safety
- Managed the processes for the safe handling and administration of blood and blood products
- Responded to emergencies, such as cardiac and respiratory crises, implementing protocols
- Supervised the management of narcotics
- Performed urinary catheterization and managed nasogastric tubes as needed
- Supported pre-and post-operative care to promote recovery and comfort
- Delivered wound care and applied surgical dressings as part of patient management
- Maintained accurate and up-to-date patient records and reports
- Ensured patient safety through stringent infection control measures

EDUCATION

2012-2016

Bachelor of Science in Nursing

Kerala University of Health Sciences – Kerala, India

ACHIEVEMENTS

- Recognized as the Best Performer and contributed to achieving National Quality Assurance Standards accreditation at Government Taluk Hospital in 2019.
- Actively participated in securing Joint Commission International (JCI) accreditation at Medcare Hospital.

DECLARATION

I hereby declared that the above particulars of facts and information stated are true, correct and complete to the best of the belief and knowledge.

FATHIMA FINU PARAKKANDY

LICENSES AND REGISTRATIONS

- Dubai Health Authority: 45328294
- Kerala Nurses and Midwives Council: KL03201803633

CERTIFICATION

- Basic Life Support (BLS)
- COVID-19 Vaccination

EQUIPMENT HANDLED

- Cardiac Monitors
- ECG and CTG Machines
- Infusion and Syringe Pumps
- Glucometers
- Pulse Oximeters
- Suction Systems
- Nebulizers and Crash carts

PERSONAL DETAILS

Visa Status :Residence
Date of Birth :06-10-1994
Nationality :Indian
Gender :Female
Marital Status :Married

REFERENCES

Asha Prasad

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