



# NEETHU MATHEW

DHA REGISTERED NURSE (DHA No: 95732279)

BLS: ecard Code: 255607106401

## PROFILE SUMMARY

Dedicated and experienced **ER / ICU / Medical-Surgical Ward** nurse with 12 years of expertise in fast-paced emergency departments across Saudi Arabia and India. Committed to delivering high-quality patient care while ensuring patient safety, comfort, and well-being. Skilled in emergency response, critical care, and managing complex medical conditions with precision. Adept at collaborating with multidisciplinary healthcare teams to implement evidence-based practices and improve patient outcomes. Passionate about continuous professional development and staying updated with the latest medical protocols and technologies.

+971 561953634



[neethumathew775@gmail.com](mailto:neethumathew775@gmail.com)



Dubai, UAE



Visa Status



## EDUCATION

- Post B.Sc. Nursing**  
Rajeev Gandhi University of Health Sciences, Karnataka  
| 2011 - 2013
- Diploma in General Nursing & Midwifery (GNM)**  
Kerala Nurses and Midwives Council | 2005 – 2009
- Higher Secondary Education (Science)**  
Govt. HSS Kamballur, Kerala | 2005
- SSLC**  
Govt. HSS Thirumeni, Kerala | 2003

## PROFESSIONAL MEMBERSHIPS

- DHA Unique ID: 95732279
- Basic Life Support  
Date of Expiry: 02/2027
- Saudi Commission for Health Specialties  
(Reg. No. 18RN0040281)
- Registered Nurse - Karnataka State Nursing Council (RR GNM 6360 | Reg. No. 11V5332)
- Registered Nurse - Kerala Nurses and Midwives Council  
(Reg. No. 66937)
- CPR Certification, IV Therapy Certification, Neonatal Resuscitation Program (NRP)
- Procedural Moderate Sedation Course (11 CME hours)

## PROFESSIONAL EXPERIENCE

### Registered Nurse – Emergency Care | August 2024 – August 2025 Kadumeni Medical Centre, India

- Assess patients upon arrival, prioritize care based on severity, and provide immediate interventions for critical cases.
- Administer emergency treatments, medications, and procedures in accordance with physician instructions and hospital protocols.
- Continuously monitor vital signs, patient conditions, and progress, accurately documenting all observations and interventions.
- Provide guidance, reassurance, and instructions to patients and their families regarding treatment plans and follow-up care.
- Work closely with doctors, paramedics, and other medical staff to ensure effective, timely, and coordinated patient care.
- Maintain strict adherence to hygiene, infection control, and safety protocols within the emergency department to minimize risks.

### Registered Nurse – Emergency Care & Medical Surgical Ward | April 2022 – July 2024 Life Care Medical Centre, India

- Evaluate patients' conditions, record vital signs, and monitor progress to detect any changes requiring immediate intervention.
- Administer medications, wound care, IV therapy, and assist in medical and surgical procedures as per physician instructions.
- Provide rapid response to acute medical situations, including stabilizing patients and supporting life-saving interventions.
- Educate patients and families about treatment plans, post-discharge care, and preventive health measures.
- Coordinate with doctors, specialists, and healthcare teams while maintaining accurate patient records and ensuring compliance with healthcare protocols.

### Registered Nurse – Intensive Care Unit & Emergency Room | August 2018 – July 2020

#### Al-Hayat Hospital, Riyadh, Saudi Arabia

- Maintained accurate medical records, ensuring compliance with hospital policies and JCI standards.
- Delivered patient-centered nursing care in both critical care and general wards of a 200-bed JCI-accredited tertiary hospital.

## KEY SKILLS

- Emergency Care & Response (BLS)
- Triage and Assessment
- Crisis Management
- Emergency Procedures
- Communication
- Prioritization
- Trauma Care
- Patient Assessment
- Medication Administration
- IV Therapy & Infusion Management
- Wound Care & Dressing
- Vital Signs Monitoring
- Infection Control & Safety Protocols
- Health Education & Counseling
- Multidisciplinary Team Collaboration
- Electronic Medical Records

## EQUIPMENT EXPERTISE

- Ventilator, Cardiac Monitor
- Defibrillator, Cardiac Arrest Carts, Backboards, Hemostatic Agents, Syringe Pump, Infusion Pump, Nebulizer
- Glucometer, Warmer
- ECG Machine, Pulse Oximeter
- BP Apparatus, Airway Management Equipment
- Portable Suction Machines
- Centralized Suction & O<sub>2</sub>
- ABG Machine, Ambu Bag
- ICU Bed, HIS System

## EXPERIENCE GAP

- Took a career break from July 2020 to April 2022 for family commitments and maternity.
- Pursued Post B.Sc Nursing studies from April 2011 to September 2013 to advance professional qualifications.

## LANGUAGES

- English
- Hindi
- Arabic, Malayalam

## PASSPORT DETAILS

- Passport No : U0856178

- Ensure adherence to strict infection control protocols, hygiene standards, and patient safety procedures in high-risk environments.
- Monitor and manage critically ill patients, including administering medications, IV fluids, and life-support interventions.
- Respond promptly to medical emergencies, performing resuscitation and stabilizing patients in the ICU and ER.

### Registered Nurse - Emergency Care and Medical Surgical Ward

| *September 2016 – May 2018*

#### Rajeev Gandhi Charitable Hospital, India

- Evaluate patients' conditions upon arrival, prioritize care based on urgency, and provide immediate interventions as needed.
- Administer medications, monitor IV therapy, perform wound care, and assist in medical and surgical procedures under physician supervision.
- Respond to critical situations in the emergency department, stabilizing patients and providing life-saving interventions.
- Educate patients and their families on treatment plans, recovery processes, and preventive healthcare measures.
- Maintain accurate patient records, report changes in condition, and coordinate with doctors, specialists, and multidisciplinary teams to ensure effective patient care.

### Registered Nurse - Emergency Care

| *October 2010 – April 2011 - | September 2013 – August 2016*

#### Elavunkal Hospital, India

- Evaluate incoming patients, determine urgency, and prioritize treatment in emergency situations.
- Administer medications, IV therapy, and perform first aid or life-saving interventions as required.
- Continuously monitor vital signs, report changes to physicians, and adjust care plans accordingly.
- Work closely with doctors, paramedics, and support staff to ensure timely and effective patient care.
- Maintain accurate medical records, including treatments administered and patient progress.
- Follow strict hygiene, infection control, and safety protocols to protect patients and staff.

### Registered Nurse - Emergency care & Medical Surgical | *April 2009 – April 2010*

#### Lourde Hospital Thaliparamba, India

- Evaluate patient conditions on admission and prioritize care according to severity.
- Administer medications, monitor IV therapy, assist in surgical procedures, and provide post-operative care.
- Respond promptly to critical and life-threatening situations, providing immediate interventions as needed.
- Record vital signs, treatment progress, and patient responses accurately in medical charts.
- Guide patients and families on treatment plans, recovery processes, and preventive care measures.

## DECLARATION

I hereby declare that the information provided above is true and correct to the best of my knowledge and belief.

**NEETHU MATHEW**