



PARVATHY RAJ

Physiotherapist

+971543983731

parvathysreekumar697@gmail.com

DUBAI, , 283699

SUMMARY

Goal-oriented physical therapist with extensive knowledge about managing pain, enhancing range of motion, and assisting patients during physical rehabilitation. Seeking to employ proven PT and evaluation abilities to help pinpoint the source of trauma and provide safe, efficient physical therapy plans for patients. Looking to apply my physiotherapy expertise to work with clients on a case-by-case basis, providing post-injury solutions and recommending home-based exercises to accelerate their recovery time.

SKILLS

- Musculoskeletal Assessment and evaluation
- Pain Management
- Sports Injury Management
- Electrotherapy
- Manual Therapy
- Dry needling
- Rehabilitation Techniques
- Geriatric care
- CPR training
- Kinesio-Tapping
- Patient care, and home care exercise
- Cardiovascular rehabilitation
- Women Health Rehabilitation

CERTIFICATIONS

- DRY NEEDLING (2019)
- KINESIO-TAPPING (2021)
- MFR (2021)
- BLS ASH (2022)

EXPERIENCE

06/2022 – Current (3yr and 6month)

Physiotherapist (DHA LIC.NO DHA-P-37157052-001)
DR.SANJAYMEDICALCENTER LLC | DUBAI, UAE

01/2021 - 02/2022(1 YEARS)

Senior Physiotherapist
KIMS HEALTHCARE GROUP | KERALA, INDIA

02/2018 – 12/2020(2 YEARS)

Senior Physiotherapist
SP FORT HOSPITAL KERALA, INDIA

RESPINSIBILITIES

- To access and treat patients effectively and efficiently in a range of settings, with a variety of patients and problems, using highly developed clinical reasoning abilities and manual assessment procedures.
- To assess, treat, and provide a physiotherapy diagnosis using information from the patient, hospital notes, physical assessment procedures, and visual analysis from various sources, employing a high degree of analytical abilities established through one's own experience and study.
- To independently establish and carry out effective assessment and interventions based on an understanding of therapeutic skills, such as manual therapy techniques, electrotherapy, patient education, and other alternative possibilities.
- Develop detailed discharge plans in a range of settings and specialties, forming prognoses, and recommending the best course of intervention.
- Possess the analytical skills, experience, and understanding to identify the patient's additional problems. This may involve directing patients to other agencies for the proper intervention, as well as aid when necessary.
- To collaborate well with members of different disciplines in the multidisciplinary team, to ensure that the patient's treatment path is followed in a timely manner.
- To take a holistic approach to patient care, and to be able to properly decide on the best course of action for each patient.
- To practise meetings, academic sessions, and extracurricular activities in the hospital.
- Ensures that all records and technical data are up to date.
- Communicates effectively with service users attending the service.
- Attends and actively contributes to relevant clinical, professional, and service meetings, and supports and contributes to research initiatives as required.

EDUCATION

BETHANY NAVEJEEVAN COLLAGE OF PHYSIOTHERAPY | KERALA , INDIA
Bachelor of Science: PHYSIOTHERAPY
(2010-2015)

REFERENCES

- **Mr.Kiran Raveendu**

Sheik khalifa medical city
Kiranraveendu@gmail.com
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- **Aisha Rakhesh**

Burjeel Royal Hospital , Al Ain
+971561314071

ADDITIONAL INFORMATION

VISA STATUS

Employer visa

LANGUAGES

English:

C1

Advanced

Malayalam:

C1

Advanced

Hindi:

C1

Advanced

Arabic

C1

Advanced