

# CURRICULUM VITAE

**SONIA. M.T.**

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## PROFESSIONAL QUALIFICATION: -

- **BSC NURSING DEGREE (Post Basic)** 2 Years  
Rajiv Gandhi University of Karnataka, India
- **GENERAL NURSING & MIDWIFERY** 3.5 Years  
Karnataka State Diploma in Nursing Examination Board, India

## EDUCATIONAL QUALIFICATION: -

- Board of Public Examinations Govt. Of Kerala 2003
- Board of Higher Secondary Examinations Govt. of Kerala 2005

## MEMBERSHIP: -

- Moh Reg.no. RN 009722
- Karnataka Nursing Council India
- Kerala Nursing Council India

## UAE EXPERIENCE:-

- **AL Maher medical center LLC Abushagara Sharjah UAE December 1<sup>st</sup> 2022 to still working. (Registered Nurse )**
- **Al Reaya Al Mubakira Nursery, Sharjah, UAE December 27 2020 To October 31 2022( Registered Nurse )**
- **Mother and child Care Medical Centre, Sharjah, Abu Shagara April 2015 to March 2020 STAFF NURSE (Pediatric and Gynecology)**

## PROFESSIONAL EXPERIENCE: -

- **Elite Mission Hospital, August 2010 to December 2011**  
P. O. Koorkkancherry, Thrissur – 680 007. India  
**STAFF NURSE (Neonatal intensive care unit)**  
Elite hospital has bed strength of 350 Bedded. This is a high-tech multispecialty hospital with ISO 9001-2008 accreditation.

- **Dhanya Mission Hospital,** **August 2009 to February 2010**  
Potta, Chalakudy – 680 722, Thrissur Dt., Kerala, India  
**STAFF NURSE (Orthopedic ward)** August 2009 to February 2010  
Dhanya hospital has a Bed strength of 150 bedded multi specialty hospital
- **Maiya Multispecialty Hospital,** **October 2008 to February 2009**  
34, 10th Main Road, 1st Block, Jayanagar, Banagalore –560 011. India  
**INTERNSHIP** ( Med surg ward, ICU, Labour ward, NICU, General Ward)

#### **Courses and Seminar Attended: -**

- Has attended department of emergency medicine on 2011  
(MIMS School of Resuscitation – Regional Training Center- American heart association)
- BLS – 2019(American Heart Association) Zulekha hospital, Sharjah.

#### **LANGUAGES KNOWN: -**

- English, Hindi, Malayalam, Tamil

#### **FUNDAMENTAL RESPONSIBILITIES: -**

- Provide comprehensive nursing care to the patients.
- Co-operate with Ward Incharge and Nursing Supervisors.
- Help to assign works to non nursing personals and provide a training atmosphere to students.
- Management of critical situations.
- Preparation of unit and receiving of patients.
- Recording of vitals, ECG and Reading and recording the pulse-oximeter.
- Carrying out doctors orders.
- Complete investigations as per order and collecting of results.
- Continuous assessment of patient's clinical status.
- Anticipation and prevention of complications.
- Resuscitative measures.
- Communication with patients and team members.
- Total bedside nursing care.
- Assisting in all invasive and non invasive procedures like intubation, CV insertion, chest tube insertion, peritoneal dialysis.
- Neurological Assessment.
- Personal Hygiene
- Preparing and giving chemotherapy
- Taking ABG
- Insertion of Urinary Catheterization, naso-gastric tube.
- Suctioning, Oxygen administration, taking ECG, Water Seal drainage.
- Rehabilitation
- Health education
- Training and mentoring of new staffs and students.

#### **EQUIPMENTS FAMILIAR: -**

- Pulse Oximeter

- Cardiac Monitor
- Oxygen Administration Articles
- ECG Machines
- Suction Apparatus
- Incubator
- Infusion pumps and Syringe Pumps
- Glucometer
- Warmer

**PERSONAL DETAILS: -**

Date of Birth : 8<sup>th</sup> July, 1987  
Nationality : India  
Gender : Female  
Marital Status : Married  
Religion : Roman Catholic  
Visa Status : Resident Visa (Husband Sponsored)  
Passport No. : S9777713  
Date of Issue : 15/10/2018  
Date of expiry : 14/10/2028  
Palace of Issue : Dubai

**DECLARATION: -**

I hereby declare that the particulars furnished above are true to the best of my knowledge and belief.

**SONIA. M.T.**