



Emily Theres A B

Registered Nurse ICU

Compassionate Registered Nurse with expertise in Liver/Renal Transplant ICU and Surgical ICU care. Skilled in patient management, medication administration, diagnostic procedures, and maintaining detailed records. Recognized for professionalism, cultural sensitivity, and excellent communication in high-stress environments. Seeking a role to leverage my skills and contribute to exceptional patient care and organizational goals.

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Dubai, United Arab Emirate



EDUCATION

BSc in Nursing
Kerala University of Health & Science
2017 – 2022 Kerala, India



TECHNICAL SKILLS

- Word
- Excel



SKILLS

- Assessment
- Communication
- Emergency and Critical Care
- Adaptability
- Patient Care
- Time Management



CERTIFICATES

- ACLS
- BLS
- DHA Eligibility
NO:23518029



PERSONAL DETAILS

Date of Birth : 22 / 09 /1998
Marital Status : Single
Nationality : Indian
Passport No. : X5700672



LANGUAGES

- English
- Hindi
- Malayalam
- Arabic



WORK EXPERIENCE

Staff Nurse - Liver and Renal Transplant ICU

Aster Medcity

09/2023 – 01/2025

Ernakulam, Kerala

- Delivered critical care to liver and kidney transplant patients, managing complex conditions and ensuring post-transplant recovery.
- Administered immunosuppressive therapies, monitored side effects, and managed medication regimens to prevent organ rejection.
- Monitored vital signs, lab values, and organ function using advanced ICU equipment for timely interventions.
- Collaborated with multidisciplinary teams to develop personalized care plans.
- Educated patients and families on procedures, post-operative care, medication adherence, and lifestyle changes.
- Conducted assessments, managed fluid balance, and provided wound care to prevent infections and complications.
- Responded swiftly to emergencies, performing life-saving interventions under pressure.

Staff Nurse - Surgical ICU

River shore Hospital

07/2022 – 08/2023

Calicut, Kerala

- Delivered high-level care to critically ill surgical patients, managing post-operative recovery and major surgeries.
- Collaborated with the surgical team to develop care plans and address complications early.
- Provided advanced wound care, monitoring for infections and ensuring surgical site recovery.
- Educated patients and families on post-operative care, rehabilitation, and recovery expectations.
- Assisted in ICU emergencies, including resuscitation and code blue interventions under pressure.
- Conducted detailed patient assessments to identify and address complications promptly.
- Supported respiratory management, including mechanical ventilation and weaning in coordination with respiratory therapists.