

Lara Ibrahim

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Summary

Compassionate and detail-oriented healthcare and customer service professional with over 12 years of diverse experience in nursing, patient coordination, and administrative support. Skilled in managing medical records, handling patient inquiries, and assisting in clinical and aesthetic settings. Known for excellent communication, organizational skills, and a strong ability to build trust with clients and colleagues. Trilingual in Arabic, French, and English, and currently based in Dubai on a visit visa, ready for immediate employment.

Professional Experience

Registered Nurse – Surgical Department

2021 -2025

Eye & Ear Hospital, Naccache

- Welcoming patients and completing their medical records.
- Conducting ECGs and assisting physicians with stress tests and echocardiograms.
- Administering medical treatments, including IV therapy, blood tests, and medication distribution.
- Providing emotional support to patients, especially in cases of anxiety.
- Conducting PCR tests during the COVID-19 pandemic.
- Training and supervising new nurses and nursing assistants.
- Coordinating between medical staff to ensure seamless patient care.

Registered Nurse World Health Organization (WHO)

2020 – 2023

Daher El Bachek Governmental Hospital

- Worked alongside my role at Eye & Ear Hospital with CRD (Connecting Research to Development), a WHO branch in Lebanon.
- Provided care for COVID-19 patients across multiple facilities, including Providence Hospital (Adma), El Syndiana Rest Home, Notre Dame Asylum, and DGUH Hospital.
- Assisted in public health awareness campaigns and community outreach programs.

Mission de Vie Community Member

2012 – 2020

- Responsible for elderly women's care.
- Member of the health team and palliative care unit at Providence Hospital (Adma).
- Director at the Vie Nouvelle Reception Center (Antelias).
- Supervisor of newborn care.
- Provided counseling and social support for youth.
- Active participant in street missions and social follow-ups with families.
- Conducted training and workshops for community members in healthcare and social services.

Registered Nurse – Pediatric Department

2010 – 2012

Middle East Hospital, Bsalim

- Received and assessed pediatric patients, documented medical history, and coordinated care with doctors.
- Managed IV therapy, blood tests, and administered prescribed treatments.
- Supervised and trained new nursing assistants on hospital protocols.
- Assisted in developing child-focused care strategies to improve patient experience.

Registered Nurse – Pediatric Department

2008 – 2009

Arez Hospital, Zalka

- Performed similar tasks as in the previous pediatric nursing role.
- Implemented infection control measures to enhance patient safety.

Nursing Assistant

2006 – 2007

- Assisted with bedding, vital signs monitoring, personal hygiene, and patient mobility.
- Provided support to nurses in handling emergency cases.

Education & Certifications

- Certification in Event Planning and Floristry.

- Certification of Chocolate Decoration.
 - Bachelor's Degree in Theology and Philosophy (2015 – 2019) – Saint Paul Institute, Harissa.
 - Registered Nurse Diploma (2005 – 2008) – National Institute of Nursing, Dekwaneh.
 - Lebanese Baccalaureate in Economics and Sociology (2001 – 2004) – National School, Dekwaneh.
 - Advanced Pediatric Life Support Certification (2012) – Saint Georges Hospital.
 - Certification in Aesthetic St Basil Dekwaneh.
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Volunteer Experience

Volunteer – Faith & Light Organization

1998 – 2012

- Supported individuals with mental and physical disabilities by organizing social gatherings, celebrations, and activities.
- Assisted with hygiene, dressing, motivation, and engagement in games and religious pilgrimages.

Member – University Pastoral Care

2008 – 2012

- Participated in meetings and activities organized by the pastoral team.
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Skills & Competencies

I am experienced in patient care, including administering medical treatments, IV, IM, SC, blood tests. I am proficient in conducting ECGs, assisting with stress tests, echocardiograms, and providing emotional support, particularly in stressful situations. Experienced in handling insurance approvals. I have a deep understanding of pediatric and elderly care, having worked with patients of all ages, and I am skilled in supervising and training new nurses and assistants. I've worked in crisis situations, such as the COVID-19 pandemic, conducting PCR tests and supporting public health initiatives. Skilled in teamwork and coordination, I have also led teams, conducted workshops, and managed community outreach programs to provide comprehensive care.

Languages

- Arabic (Mother tongue)
 - French (2nd language)
 - English (3d language)
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