
Asha Mariam Oommen

Mammoottil kizhakkethil, Thumpamon, Kerala 689502
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Personal Summary

Experienced emergency care nurse with proven skills in triage, advanced procedures, and critical interventions. Strong collaborator with multidisciplinary teams, ensuring quick patient diagnosis and transfer. Maintains precise electronic records, while committed to patient education, emotional support, and advocacy. Passionate about advancing clinical mentorship and enhancing safety in healthcare settings.

Work History

07/2024 – 07/2025

Sree Avittam Thirunal Hospital - Thiruvananthapuram, Kerala, India
Govt. medical college campus, Thiruvananthapuram.

Registered Nurse

Bed Capacity - 1157

Department/ Allocation:- Emergency Room I.C.U(ERICU).

- Triage incoming patients based on the severity of their condition to ensure prompt and appropriate medical attention.
- Provide immediate stabilization and emergency care for critically ill or injured patients.
- Administer medications as prescribed by physicians, ensuring accurate dosages and patient safety.
- Perform emergency procedures such as intubations to secure airways.
- Apply stitches and sutures to wounds, ensuring proper closure and healing.
- Accurately document and maintain detailed records of incoming patients and their treatments.
- Collaborate with a multidisciplinary emergency team to deliver high-quality patient care.
- Remain prepared to respond swiftly and effectively to any medical emergency.
- Conduct rapid patient assessments to determine the level of care required.
- Treat critical injuries, allergic reactions, and trauma with precision and efficiency.
- Perform minor surgical procedures and medical interventions as needed.
- Clean and dress wounds to prevent infections and promote healing.
- Draw blood samples for diagnostic testing while ensuring patient comfort and safety.
- Ensured ER care standards through safe, efficient practices and quick, effective decision-making under pressure.

Education

- 2019-2023 **Govt. College of Nursing - Thiruvananthapuram**
Bachelor of Science: Nursing
GPA: 73.5%
- 2017-2019 **MGHSS - Thumpamon**
Higher Secondary Education: SCIENCE
GPA: 95.9%

Familiarised Equipments

- Mechanical ventilator
- Infusion pump
- Syringe pump
- ECG machine
- Crash cart
- Defibrillator
- Cardiac monitor
- BIPAP/CPAP machine
- Ambu bag
- Central/ picc lines
- Nebulizer
- Glucometer
- Thermometer
- Sphygmomanometer
- NIBP/IBP
- Alpha bed
- Bain circuit
- Laryngoscope
- Steam inhaler
- Oxygen cylinder
- Pulse oxymeter
- ABG machine
- Suction apparatus

Clinical Practices Attended

- Govt. Medical College Hospital, Thiruvananthapuram.
- Govt. Sree Avittam Thirunal Hospital, Thiruvananthapuram.
- Regional Cancer Centre, Thiruvananthapuram.
- Regional Institute of Ophthalmology, Thiruvananthapuram.
- Mental Health Centre, Peroorkada.
- Institute Of Respiratory Medicine, Pulayanarkottah.
- Integrated Family Health Centre, Pangappara, Thiruvananthapuram & Other Community Centers Thiruvananthapuram.
- St.John's Hospital, Pirappancode.
- Mithranikethan, Vellanadu.

References

- Mrs. Reena T Baby, Senior Nursing Officer
Sree Avittam Thirunal Hospital, Thiruvananthapuram
Mob no: +919447958682
- Mrs. Bindhu, Chief Nursing Officer,
Sree Avittam Thirunal Hospital, Thiruvananthapuram
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Disclaimer

I hereby declare that all the details furnished here are true to the best of my knowledge.