



## Profile Summary

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A committed and results-driven Social Worker with a Master's degree in Social Work with experience in supporting 85+ patients in Rehabilitation settings. Proficient in case management, Psychosocial Assessment, and Multidisciplinary coordination. Seeking a role to apply my expertise and for institutional advancement.

## Education

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**Master of Social Work** 2024  
St. Joseph's College (Autonomous)  
Devagiri, Calicut

**Bachelor of Social Work** 2022  
Little Flower Institute of Social  
Sciences and Health, Calicut

## Key Skills

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- Psychosocial Assessment
- Case Management
- Insurance Coordination
- Multicultural Patient Support
- Discharge Planning
- Microsoft Office Suits
- Documentation & Record Keeping

## Languages

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English  
Hindi  
Malayalam

# ALPHY THERESA SIBICHEN

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## Experience

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### Rehabilitation Social Worker

Nov 2024 - Nov 2025

*Amala Bhavan (Destitute Home for women) Kannur, Kerala*

- Conducted Psychosocial and Behaviour Assessments
- Developed Individual care and rehabilitation plans.
- Processed Government oriented documents, including approvals, certificates & policies and Record keeping
- Provide crisis Intervention and emotional support during emergency situations.
- Collaborate with multidisciplinary team to ensure holistic care.
- Educate with skill-building workshops and coping strategies.
- Facilitated Group Therapy Sessions and Community building activities.
- Planning and organizing specific day events and activities

## Internships

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*Sri Aurobindo Society, Pondicherry - June 2024*

Assisted ORC and STEM educational support initiatives

*Father Muller Medical College, Mangalore - May 2024*

Assisted with patient emotional support, crisis handling, family counselling and Awareness sessions

*Dr. Moopen's Medical College Hospital, Wayanad - Oct 2023*

Facilitated with patient care enhancement, community awareness mental health Supporter,

*Attapadi Adhivasi(Tribal) Developmental Institute, Attapadi Oct 2021*

Conducted field visits, support program implementation, present cultural relevant projects

*Kannur Association for Integrated Rural Organization and Support, Kannur - March 2021*

Community based child welfare & education initiatives.

## Certificates

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- Counselling skill Enhancement
- Training for Mental Health care Professionals
- Life Membership in Kerala Association of Professional Social Workers (KAPS)