



## **SAMEH YOUSEF ELSAYED ELHALAB**

Active UAE MOHAP Licence & DUBAI DHA Registration Certificate and DOH ABU DHABI.

**Specialist Internal Medicine.** Total Experience: **17 years.**

Gulf Experience: [Egypt, Sultanate of Oman, United Arab Emirates]

[samehelhalab2014@gmail.com](mailto:samehelhalab2014@gmail.com), **00971566116917**, UAE, Sharjah.

Ready to join immediately. [linkedin.com/in/dr-sameh-yousef-internal-medicine-specialist-02597220a](https://www.linkedin.com/in/dr-sameh-yousef-internal-medicine-specialist-02597220a)

### **PROFESSIONAL EXPERIENCE**

➤ **Almoosa HC, Sharjah, United Arab Emirates**

July 2024 – Now

#### **Internal Medicine Specialist**

- Experienced in acute medical cases by examination and evaluation by my bedside ultrasound diagnostic skills.
- Treatment of emergency cases and further outpatient follow up by recent updates and guidelines approach.
- Medical examination for acute & chronic gastro intestinal, cardiovascular, endocrine, respiratory & infectious diseases.
- Management of obesity with recent guidelines for weight reduction by injections and metabolic syndrome treatment.
- Experienced in management of hypertension, diabetic patient, thyroid diseases and dyslipidemia.
- I have a highly ethical personality putting patient safety first.
- Management of medical diseases in pregnancy and patients referred from other specialties.
- Skilled in treating renal, hematologic, allergic, rheumatic and autoimmune diseases.
- Health education and providing the preventive medicine protocols with treatment of chronic diseases of the elderly.

➤ **Dibba Fujairah governmental Hospital EHS, Fujairah, UAE**

August 2023 - June 2024

#### **Internal Medicine Specialist**

Emirates Health Services

- Chronic diseases management as diabetes, hypertension, asthma, gastrointestinal, thyroid diseases & infectious diseases.
- Experienced in emergency medical cases, medical ward, inpatient & outpatient follow up.
- Admission & treating patients as a part of hospital's on-call services by recent updates and guidelines approach.
- Treatment planning for several disorders like cardiovascular, endocrine, respiratory, renal & other systems.
- Excel at Investigating, diagnosing and treating medical cases & patients referred from other specialties.
- Directed patients on medication use and lifestyle modifications like exercise, stop smoking and alcohol.
- Adhered to healthcare facility protocols and all law regulations to provide the best healthcare for the patients.
- Promoting continuous medical education by providing regular seminars & presentations.
- I have a highly ethical personality putting patient safety first.
- Proficient in hospital management software and patient management systems by EHS.

➤ **Al Dora Hospital, El Mahalla, Egypt**

April 2019 – July 2023

#### **Internal Medicine Specialist**

- Experienced in acute emergency medical cases, critical care, medical ward, inpatient & outpatient follow up.
- Admission & treating patients as a part of hospital's on-call services by recent updates and guidelines approach.
- Treatment planning for several disorders like cardiovascular, endocrine, respiratory, renal & other systems.
- Treatment of diabetes, hypertension, asthma, gastrointestinal, thyroid diseases and infectious diseases.
- Directed patients on medication use and lifestyle modifications.
- Excel at Investigating, diagnosing and treating medically or surgically ill patients referred to me.
- Examination & investigations of internal medicine patients in clinic by bedside ultrasound & electrocardiogram.

➤ **Khasab governmental Hospital, MOH, Sultanate of Oman**

July 2014 – March 2019

#### **Internal Medicine Resident**

- Evaluated patient complaints, history, symptoms and signs for further examination and management.
- Reviewed patient records, medications, infectious and immunization statuses.
- Administered therapy & medication prescribing to treat medical diseases & prevent disabilities.
- Medical care for admitted cases in hospital with giving advice about discharge plan & home medications use.

➤ **Samanoud governmental Hospital, MOH, Egypt**

March 2013 – June 2014

#### **Internal Medicine Resident**

- Prescribed medication after laboratory and radiological investigations suitable for patient's diagnosis.
- Educated patients for proper home use of medications, asthma nebulizers, inhalers and insulin injection.

➤ **Tala governmental Hospital, MOH, Egypt**

June 2011 – March 2013

## Internal Medicine Resident

- Proper management of medical cases in intensive care unit and in the medical ward.
- Handled thousands of internal medicine patients in the IM clinic, emergency department and outpatient follow up.
- Overcame diseases bad prognosis by preventing complications and medications misuse side effects.
- Infection control careful settings with appropriate screening and isolation management of infectious diseases.

### ➤ Qena governmental HC, MOH, Egypt

March 2009 – May 2011

## General Practitioner

- Delivered primary care services for patients in emergency department and clinic settings.
- Arranged for vaccination campaigns with being in the medical health center manager position.
- Introduced examination & screening procedures in morning clinic & afternoon on call for emergency cases.

### ➤ Mansoura University Teaching Hospitals, Egypt

March 2008 – February 2009

## Internship Year

- Passed training as a rotating intern for one year in Mansoura University Hospitals.
- Completed a full rotation in Internal medicine, emergency and anesthesia, ophthalmology, general surgery, obstetrics and gynecology, psychiatry and pediatrics departments.

## MEMBERSHIP

- Egyptian Medical Syndicate member.
- Arab Medical Union member.
- Egyptian Association of Continuing Medical Education Development.

## EDUCATION

• Minufiya University, Egypt.	<b>Master degree in Internal Medicine</b>	2017
• Minufiya University, Egypt.	Diploma degree in Internal Medicine	2013
• Mansoura University, Egypt.	Bachelor of Medicine and Surgery	2007

## INTERNATIONAL PUBLICATIONS

**Epigenetics meets Rheumatology: Beyond DNA: New York, stem cell publication, (United States of America).**

## LICENCES

<input checked="" type="checkbox"/> Ministry of Health and Prevention UAE.		<b>Internal medicine specialist.</b>
<input checked="" type="checkbox"/> Dubai Health Authority.	UAE Healthcare Professional Registration	<b>Internal medicine specialist.</b>
<input checked="" type="checkbox"/> Department of Health ABU DHABI UAE.		<b>Internal medicine specialist.</b>
<input checked="" type="checkbox"/> Ministry of Health, Egypt.	2017	<b>Internal medicine specialist.</b>
<input checked="" type="checkbox"/> Ministry of Health, Sultanate of Oman.	2014	<b>Internal medicine Resident.</b>
<input checked="" type="checkbox"/> Ministry of Health, Egypt.	2011	<b>Internal medicine Resident.</b>
<input checked="" type="checkbox"/> Ministry of Health, Egypt.	2008	<b>General practitioner.</b>

## COURSES & WORKSHOPS

- Holding **United Arab Emirates Ministry of Health & Prevention** active licence.
- Holding **DHA health care professional registration certificate.**
- Holding **Department of Health ABU DHABI UAE.**
- ACLS:** Advanced cardiovascular life support 2025.
- BLS:** Basic Life Support provider 2012, 2015, 2018, 2023, 2025.
- PALS** and **BBP** (BLOOD BORN PATHOGEN) certified 2025.
- CPR and FIRST AID** certified 2025.
- Intensive care skills course by medical centers association.
- Basic Life Support (**BLS**) provider by *the American Heart Association, Oman.*
- Participation in workshop on Pharmacovigilance, Oman.
- Basic Life Support (**BLS**) provider by *the National CPR Committee of Oman.*
- Participation in workshop on Psychopharmacology, Oman.
- Participation in workshop on Rational Prescribing & Medicine Use, Oman.

## SKILLS

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- Patient Care and passion for helping patients reach safe prognosis of different disorders.
- Diagnose diseases causes, symptoms & prognosis based on patient histories, examinations & investigations.
- Believe in teamwork and healthy work environment through skilled communication.
- Eager to learn and motivated by medical research.
- Decision making with differential diagnostic pathways.
- Ability to break down complex problems, evaluate them effectively, and come up with appropriate solutions.
- Planning and Coordination for achievement of the facility health care targets.

## LANGUAGES

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- Arabic: Native language.
- English: Fluent spoken and written.
- French : very good

## COMPUTER SKILLS

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- Proficient in hospital management software and patient management systems by EHS.
- UNESCO supported ICDL License certificate 2012, (UCO).
- Windows, Internet, hospital system: Excellent.
- Microsoft Word, Excel, and PowerPoint: Excellent

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**Thanks for your time reading my C.V, hope to hear from you, [samehelhalab2014@gmail.com](mailto:samehelhalab2014@gmail.com), 00971566116917**