

# RIYA REJI

## DHA Registered Physiotherapist

Dubai, UAE — Mobile: +971 50 282 1354 — riyareji087@gmail.com

### Profile Summary

---

DHA Registered Physiotherapist with over 2 years of hands-on clinical experience in musculoskeletal, neurological, cardiopulmonary, sports, and vestibular rehabilitation within a NABH-accredited hospital. Experienced in OPD, IPD, Acute care and ICU physiotherapy including assessment, treatment planning, electrotherapy, and manual therapy. Strong background in evidence-based rehabilitation, patient education, and multidisciplinary collaboration. Currently based in UAE and available for immediate joining.

### Professional Experience

---

#### Physiotherapist – OPD & IPD

Aug 2023 – Aug 2025

#### Poyanil Hospital (NABH Accredited), Kozhencherry, Kerala, India

- Conducted comprehensive assessments and re-assessments for OPD, IPD, and ICU patients to develop individualized treatment plans.
- Managed a high-volume caseload of 25+ patients daily, delivering musculoskeletal, neurological, and post-operative rehabilitation.
- Provided ICU chest physiotherapy, positioning, and early mobilization to support respiratory function and recovery.
- Treated sports injuries, balance disorders, gait abnormalities, and functional limitations across diverse patient populations.
- Maintained accurate clinical documentation and collaborated with multidisciplinary healthcare teams to optimize patient outcomes.

### Core Clinical Skills

---

- Patient Assessment, Fall Risk Assessment, and Treatment Planning
- Musculoskeletal, Neurological, and Orthopaedic Rehabilitation
- Acute Care Physiotherapy, Chest Physiotherapy, and Early Mobilization
- Post-Surgical Rehabilitation (TKR, THR, Shoulder and Knee Surgeries)
- Assistive device training, Balance Training, and Functional Rehabilitation
- Massage Therapy and Lymphatic Edema Therapy.
- Pain Management (UST, IFT, TENS, SWD, Traction, Hydrotherapy, LWD)
- Vital Signs Monitoring (HR, BP, RR and Spo2)

### Professional Skills

---

- Effective Communication and Patient Interaction
- Multidisciplinary Team Collaboration
- Time Management and Ethical Practice
- Clinical Decision-Making and Problem Solving
- Evidence-Based Practice
- Adaptability in Acute and Critical Care Settings
- Patient-Centered Care
- Quality improvement (To NABH or JCI standards)
- Safety and risk Management

### Education

---

#### Bachelor of Physiotherapy

July 2023

YSR University of Health Sciences

### Internship Experience

---

King George Hospital, Visakhapatnam

Maa Sarada Cerebral Palsy Clinic, Visakhapatnam

Pinnacle Multi Speciality Hospital, Visakhapatnam

### Licensure & Certifications

---

- DHA Registered Physiotherapist – Eligibility ID: 55506974
- Basic Life Support (BLS)
- Kinesio Taping Certification
- Indian Association of Physiotherapists – ID: L-58793
- HCPC Registration – PH-144093

### Personal Information

---

Nationality: Indian | Gender: Female | Marital Status: Unmarried | Passport No: X9686051

### Languages

---

English, Hindi, Malayalam, Telugu, Arabic (Basic)

### References

---

Mrs. Julee Susan Koshy – Medical Coder, NMC — julee.koshy@sunnymc.ae

Mrs. Vimala Kuruvila – Administrator, Poyanil Hospital — poyanilhospitals@gmail.com