

JULIO ANDRES NOMESQUE SILVA

Orthopaedic Surgeon | Upper Limb Specialist | limb lengthening

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Professional Profile

I am a **Specialist in Orthopaedics and Traumatology** with advanced training in upper limb reconstructive surgery. *Extensive expertise in Shoulder, Elbow, and Hip Joint Replacement, as well as Arthroscopic Shoulder and Elbow Surgery.* Experienced in the **management of traumatic and degenerative orthopaedic pathologies across all age groups**. Committed to medical ethics and providing the highest quality patient care.

Trauma Surgery | Severe Trauma and Limb Salvage | Minimally Invasive Orthopaedic Surgery | Bone Grafting and Reconstruction | Soft Tissue and Ligament Reconstruction | Pediatric Orthopaedics | Correction of Congenital and Acquired Deformities | Upper Limb Reconstructive Surgery | Clinical Research in Orthopaedics | Scientific Publications and Conference Presentations | Teaching and Training Medical Residents Leadership in Surgical Teams | Medical Ethics and Professionalism | Patient Safety & Humanized Care | Manual medicine Osteopathy

Professional Experience

ORTHOPEDIC SPECIALIST UPPER LIMB SURGEON, Orthocure Sportsmed Clinic, Dubai EAU
October 2025 www.orthocure.ae

a state-of-the-art multidisciplinary healthcare center specializing in orthopedics, sports medicine, physiotherapy, and advanced rehabilitation.

- Conducted consultations and clinical assessments for patients with upper limb pathologies.
- Assisted and performed minimally invasive surgical procedures under the supervision of senior orthopedic surgeons.
- Monitored and managed patients' post-operative recovery and rehabilitation progress.
- Collaborated with multidisciplinary teams including physiotherapists and sports medicine specialists to optimize patient outcomes.
- Maintained accurate clinical documentation and participated in case discussions and treatment planning.

ORTHOPEDIC SPECIALIST UPPER LIMB SURGEON, Zia Medical Center, Dubai EAU, **October 2025**
www.ziamedicalcenter.com

a premium multi-specialty healthcare facility offering patient-centred, high-quality outpatient medical and diagnostic services in a modern, multidisciplinary setting.

- Conducted orthopedic consultations for patients with musculoskeletal and upper limb conditions.
- Carried out sports medicine procedures and minimally invasive interventions.
- Assisted and performed surgical procedures for upper limb pathologies.
- Collaborated with physiotherapists and other specialists to ensure comprehensive patient management.
- Maintained detailed clinical records and participated in multidisciplinary case discussions.

HEAD OF DEPARTMENT – ORTHOPAEDICS, Promesalud Integral IPS, COL. April 2018 – June 2025

Promesalud Integral IPS is a Health Services Provider in Colombia that offers comprehensive medical care. Presence in Departments: Santander, Norte de Santander y Cesar

- Perform **orthopedic surgeries with emphasis on upper limb complex procedures**.
- Provide surgical **support and supervision to junior surgeons** during operative cases.
- **Lead the orthopedic team**, ensuring high-quality standards of patient care.
- Resolve clinical and interpersonal conflicts within the department to **maintain efficiency and collaboration**.
- Oversee preoperative planning, intraoperative decision-making, and postoperative follow-up of orthopedic patients.
- Mentor and train junior staff in surgical techniques, clinical protocols, and patient management.
- Participate in **strategic planning to improve orthopedic services and implement best practices**.

ORTHOPAEDIC SURGEON, International Hospital of Colombia, www.fcv.org April 2021-2025

World-Class Medical Complex, Accreditations and Top Rankings is a standout in Latin American healthcare

- Perform **complex and reconstructive orthopedic surgeries**, with a focus on high-complexity cases.
- Provide specialized support to inpatient services, ensuring continuity of care for hospitalized patients.
- **Collaborate with the Rehabilitation Department** to design and oversee comprehensive recovery programs.
- Participate actively in clinical research projects, **contributing to innovation and evidence-based practice**.
- Support the development and consolidation of **Centers of Excellence** in orthopedic care.
- Engage in multidisciplinary teamwork to **enhance surgical outcomes and patient safety**.
- Mentor residents and junior staff in **advanced surgical techniques** and clinical management.

UPPER LIMB SURGEON, Emergency Clinic Bucaramanga www.cub.com.co May 2022-June 2025

Stands out institutionally with solid infrastructure, quality, Accreditation, and Social Responsibility, in Bucaramanga, COLOMBIA

- **Perform complex orthopedic surgeries** with a focus on advanced procedures of the upper limb (shoulder, elbow, wrist, and hand).
- Participate actively in **multidisciplinary medical boards**, contributing expertise for complex case management and treatment planning.
- Deliver specialized patient care in the diagnosis, treatment, and rehabilitation of **upper limb conditions and injuries**.
- **Implement evidence-based practices** to ensure optimal surgical outcomes and patient safety.
- **Collaborate with multidisciplinary teams** (anesthesiologists, physiotherapists, radiologists, and rehabilitation specialists) to provide comprehensive patient care.
- Contribute to **clinical research and continuous education**, promoting innovation and knowledge-sharing within the orthopedic department.

Education and Professional Qualifications

- 2025** 5th UEA Deformity Correction Course (Al Jalila Childrens Specialty Hospital-Dubai)
- 2024** Teach the Teachers Elbow Surgery (Mayo Clinic -Rochester EEUU)
- 2022** Paris International Shoulder Course Shoulder Arthroplasty (PICSC)
- 2022** International Postgraduate Degree in Shoulder and Elbow Surgery (Argentine Shoulder And Elbow Association – Spain Society of Shoulder and Elbow Surgery)
- 2019** AO Advanced Principles Fracture Management (Colombia)
- 2018** Specialist in Orthopaedics and Traumatology (Industrial University of Santander – Colombia)
- 2008** Diploma of Physician and Surgeon (National University of Colombia)

Honors and Awards

Award for Best Open-Access Research Paper "Abraham Cuperman" | Colombian Association of Hand Surgery | 2018

Award for Outstanding Entry Research Paper "Enrique Botero Carvajal" | Colombian Society of Orthopaedic Surgery and Traumatology | 2017

Recognition Motion of the Academic Council, Universidad Industrial de Santander | 2016

National Research Award for Outstanding Orthopaedic Residents "Federico Restrepo Carvajal" | 2015

Languages

Spanish, Native | **English**, fluent Written and Spoken | **Arabic**, Beginner
