



# THUSHARA JYOTHIS

## GENERAL STAFF NURSE

I have a friendly and conscientious personality. In Addition, I have experience as a nurse and a part of Intensive care Unit (ICU) for 6Years in well known Hospitals and Clinics. Armed with a strong and through work ethic, I can be relied upon as a nurse serving the hospitals totality. Am a keyplayer as well as a team player, Good Team leader.

## Contact

### Phone

+971 525178814

### Email

thusharadas71@gmail.com

### Address

Building No.440 Flat No.301  
Muwailah, Sharjah  
United Arab Emirates

## Education

2011-2015

### BSC Nursing

Sri Mookambika Medical College

2009-2011

### Higher Secondary

Sivagiri Higher Secondary School

## Expertise

- CPR
- ABG Analysis
- Endotracheal Intubation
- IV Cannulation
- Wound Dressing
- Thrombolization

## Language

English

Hindi

## Experience

### APRIL 2024-PRESENT

Al Kanary Medical Centre- Al Shams Group

#### Staff Nurse

- 1)Ablity to Plan, Implement and evaluate individual patient care Programs
- 2)Skill in Preparing and maintaining patient records, Knowledge of Clinic and surgical Facilities, instruments and equipments
- 3)Implementation of appropriate procedures and standards for the administration of medications and patient care aid
- 4)Maintaining the Office records ,Patient Assessment, Recording Patient medical history,
- 5) Clinical Research and HIPAA Compliance Training
- 6)Administering Injections and Electrocardiogram assistance

### AUG 2021-SEPT 2023

AL-Razi Yanbu Medical Complex-Saudi Arabia

#### Staff Nurse

- 1)CardioPulmonaryresuscitation,Defibrillation,Mechanical
- 2)Ventillation, Suctioning, Skincare, Perine alcare, Cathetercare, Catheterisation
- 3)Ambulation and Health Education, Choose observation of vital signs
- 4)Administration of medication(Oral,IV,IM,SC)
- 5)Rectal Preparation,Topical Application
- 6)Check the airway breathing and circulation of patients
- 7)Recording patient Medical History
- 8)Coordinate care with other health care providers and specialists

### MAR 2019-APR 2021

Sree Gokulam Medical Centre-India

#### Staff Nurse-Emergency Care Unit

- 1)Recording patient Medical History
- 2)Check the airway breathing and circulation of patients
- 3)Ambulation and Health Education, Choose observation of vital signs
- 4)Patient Checking and Rounds for observation.
- 5)Knowledge of Clinic and surgical Facilities, instruments and equipments
- 6)Recording details and symptoms of patient medical history and current health
- 7)Preparing patients for exams and treatment. Administering medications and treatments, then monitoring patients for side effects and reactions.
- 8)Coordinate care with other health care providers and specialists

## Reference

### M/S. Nandana Jayesh

General Doctor Gokulam Medical College

Phone: +91 9947755413

Email: nandanajayesh@gamil.com

### M/S.Mona Mubarak

General Pediatrician , AL-Razi

Phone: +966 143905000

Email: info@rymc-sa.com