

ASWANI ELAMBILATHODY AYYAPPAN

Registered Nurse | ICU | MOH - T71177

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PROFESSIONAL SUMMARY

Experienced and dedicated ICU Nurse offering 6 years of proven success in delivering excellent patient care. Expertise includes comprehensive patient assessment, safe medication administration, collaborative teamwork, and managing complex cases with ventilator support. BLS and ACLS certifications held, with a strong ability to build positive patient and family relationships.

WORK EXPERIENCE

Registered Nurse - ICU

Aster Hospital Sharjah

07/2023 - Present | Sharjah, United Arab Emirates

- Managed a team of nurses to provide comprehensive care for patients in the Intensive Care Unit (ICU-Adult) and Pediatric High Dependency Unit (Level-I and Level-II).
- Educated patients and their families about the plan of care, treatments, and discharge planning. Performed nursing assessments, collected vital signs, monitored patient status, and provided pain management.
- Performed CPR/resuscitation for patients experiencing cardiac or respiratory failure as an active member of the hospital Code Team.
- Utilized High-Flow Nasal Cannula (HFNC) for both adult and pediatric patients.
- Collaborated with physicians, respiratory therapists, and other Healthcare professionals to develop and implement individualized care plans.
- Responded to emergencies and effectively coordinated and assisted with resuscitation efforts. Gained broad specialization by serving children and adults in post-operative care, indigent family practice, acute care, and patient rehabilitation facilities.
- Assisted physicians with setting up equipment for patient examinations.
- Recorded all patient information, treatments, and prescribed medication in the main database and Bar Code Medication Administration (BCMA) system.
- Provided RN-level care for all ICU patients, including managing intubations, defibrillations, and blood transfusions.

Registered Nurse - ICU

Royal Care Super Speciality Hospital

10/2017 - 12/2021 | Coimbatore, India

- Provided direct patient care as a Staff RN in both the general and COVID ICUs during the pandemic, demonstrating adaptability and resilience in a critical care environment.
- Administered medications, meticulously monitored patient progress, and ensured accurate and comprehensive documentation of all care provided.
- Prioritized and delivered individualized nursing care for critically ill patients based on thorough assessment data and identified needs.
- Documented detailed patient medical histories and assessment findings, ensuring continuity of care and accurate record-keeping.
- Assessed and managed patients' pain levels and sedation requirements, optimizing comfort and safety.
- Identified and addressed patients' age-specific needs, developing and implementing tailored aftercare plans to facilitate successful transitions.
- Followed proper standardized infection control practices.
- Performed inter and intra hospital transportation of critically ill patients.

EDUCATION

Bachelor of Science in Nursing

Dr.MGR University Chennai, India

2013 - 2017 | Coimbatore, India

LICENSES & CERTIFICATIONS

Ministry of Health (MOH)

T- 71177

Basic Life Support (BLS)

Advanced Cardiac Life Support (ACLS) Certification

Pediatric advanced life support (PALS)

SKILLS

Patient Assessment & Monitoring

Ventilator management | EHR proficiency

Team leadership | Critical Care Nursing

Emergency Response | Pediatric Care

HFNC Management | Infection Control

Medication Administration

Patient and Family Education | ECG

PROCEDURES

Own Self Procedures

- Catheterization
- Ryle's tube insertion
- IV Cannulation
- Oxygen therapy
- Nebulization technique
- Nasal airway insertion
- Surgical Dressing

Assisted Procedures

- Central venous catheterization
- Arterial line insertion
- Lumbar puncture
- Intubation
- Thrombolytic Therapy
- Percutaneous Tracheostomy
- Insertion of intercostal drainage
- Peritoneal tapping
- Pleural tapping

PERSONAL DETAILS

DOB : 12.03.1995
Nationality : Indian
Marital Status : Married
Passport No : V7459513
Visa Status : Employment Visa
Language : English, Malayalam, Hindi, and Tamil