



ARSHIYA KHANUM

📍 Dubai, UAE

☎ 0557867433

✉ ARSHIYAK98@GMAIL.COM

PROFESSIONAL SUMMARY

Dedicated physiotherapist with 2 years of experience in specializing at neurological rehabilitation, cupping therapy technique, and manual therapy. Proficient in post-surgical and orthopedic rehabilitation, postural correction techniques, musculoskeletal assessment, and pediatric physiotherapy. Adept at pain management techniques, lymphedema management, dry needling techniques, and comprehensive rehabilitation strategies. Committed to enhancing patient recovery through evidence-based practices and innovative therapeutic approaches.

WORK HISTORY

PHYSIOTHERAPIST, 08/2022 - 08/2024

Med Fine Hospitals, Bangalore

- Conduct initial assessments and create personalized treatment plan for patients with Musculoskeletal, Neurological and post-surgical conditions.
- Performed therapeutic exercises with patients to improve strength, flexibility, coordination, posture and balance.
- Motivated patients by setting realistic goals that focused on improving function and quality of life.
- Exhibited excellent interpersonal skills when interacting with both patients and colleagues.
- Collaborated with other members of the healthcare team in order to ensure comprehensive care for patients.
- Utilize in therapeutic exercise, manual therapy techniques and equipment-based treatment to restore movement and reduce pain.
- Conducting Dry needling and cupping therapy sessions for patients.
- Measured patient's strength, motor development and function, sensory perception, functional capacity, and respiratory and circulatory efficiency and record data.
- Maintained accurate records of all treatments provided using Electronic Medical Records software.

SKILLS

- Neurological rehabilitation
- Cupping therapy technique
- Manual therapy
- Post-surgical rehabilitation
- Orthopedic rehabilitation
- Postural correction techniques
- Musculoskeletal assessment
- Pediatric physiotherapy
- Pain management techniques
- Rehabilitation
- Lymphedema management
- Dry needling technique

EDUCATION

Dayananda Sagar University, India, 01/2022
BACHELOR OF PHYSIOTHERAPIST: PHYSIOTHERAPY

CERTIFICATIONS

- Dubai Health Authority
- The Indian Association of Physiotherapists

PERSONAL DETAILS

Nationality: Indian

LANGUAGES

English:

Kannada:

Hindi:

**PERSONAL
INFORMATION**

Nationality: Indian
Marital Status: Married
DHA: Eligibility letter
Visa Status: Dependent Visa, Valid till June 2027