


<p>REENA K THOMAS (DHA 00149573-001) Dubai, United Arab Emirates.</p> <p>Mobile: +971503460103 Email : reenakt@hotmail.com Date of birth :10/07/1979 Sex : Female Marital Status: Married with 2 kids Nationality : Indian Religion : Christian Visa status : Spouse Sponsorship</p>	
<p align="center">Registered Nurse with 22 years of Professional Experience in UAE</p>	
<p>Millennium Medical Center & Zivanza Wellness. Registered Nurse & Team Leader -June2024 till the date MMC is one of the Dubai's IVF clinic & fertility center with Assisted Reproductive Technology Program with global standards</p> <p>Zivanza Wellness is the mental wellness clinic where provided compassionate and comprehensive care to patients in a psychiatric clinic, collaborating with multidisciplinary teams to develop individualized treatment plans, promote mental wellness, and support patients in achieving recovery goals. +</p> <ul style="list-style-type: none"> • Experience supporting individuals with depressive disorders, anxiety disorders, bipolar disorder, psychotic disorders, PTSD, personality disorder, OCD etc. • Implement all DHA rules and regulations within the clinic, ensuring that every process adheres to DHA standards. • Maintain patient records as per DHA documentation standards. This includes detailed history, consultations, treatments, and medication • Schedule patient appointments based on available time slots and adjust as needed to accommodate the duration of consultations. • Recognize critical health situations and assist the doctor in managing or resolving any urgent medical issues promptly. • Administer medications (including long-acting injections) as per the doctor's orders, ensuring aseptic technique • Develop clinic policies based on DHA requirements, ensuring alignment with healthcare standards and regulations 	
<p>Al Noor Rehabilitation and Welfare Association for People of Determination. Al Noor is a rehabilitation centre for POD in which the persons with physical disabilities, Autism Spectrum Disorder, Seizures, Obsessive Compulsive Disorder, Cerebral Palsy, Mental Retardation, Angels man Syndrome, etc and having ISO accreditation</p> <p>Job Profile: First Aider, Medical Care Manager, Health & safety Officer, Infection Control Coordinator, Isolation Nurse for the COVID 19cases, In-service educator, Nurse Manager. Front line experience for COVID 19 from organization to Dubai health Department.</p>	<p>Registered Nurse- 8 yrs. (November2015 to November2023)</p> <p>Gastrostomy feeds (MIC-KEY button)</p> <ul style="list-style-type: none"> • Medication administration (PEG / oral. IV) • Basic Life Support, PALS, ACLS, Infection control and prevention • Manuel handling • Emergency seizure management • Personal Cares • Working with the education class team • Tracheostomy care trained
<p>Belhoul Speciality Hospital, Dubai, UAE Belhoul Speciality Hospital is a multi-speciality health care hospital (400 bedded) and one of the third tertiary hospitals with most modern facilities & managed by highly qualified professionals possessing international repute & JCIA accredited hospital.</p>	<p>Team leader, Shift In charge & Inpatient In charge, Link nurse for Infection control, JCIA Quality Internal Auditor - Registered Nurse – 8 years (March2007 to Sep 2015)</p>
<p>Job Profile</p> <p>Patientcare, Unit management, Personnel Management, In service Educator, Infection Control Nurse, Orientation for the new appointments. All the duties of the in charge.</p> <p>Equipment used: Infusion Pumps, Syringe pumps, Pulsoxymeter, Nebulizer, suction apparatus, ECG machine, Glucometer, Oxygen administration, Tracheostomy mask, Crash trolley with defibrillator, AED, TMT machine, Endoscopy, Colonoscopy etc</p> <p>Cases Attended: Attending the patents for pre and postoperative care for all minor case, wedge excision, I&D of pilonidal sinus, Lump excision, cataract , pterygium removal , Adenotonsillectomy, total abdominal hysterectomy, Laparoscopic surgeries, circlage, lithotripsy, haemorrhoidectomy Cholecystectomy, etc .</p>	
<p>Fathima Medical Diagnostic Centre- Dubai,UAE</p>	<p>Staff Nurse –(Nov 2006 to Feb 2007)</p>
<p>Job Profile</p> <ul style="list-style-type: none"> • Assisting the Doctor & preparing the patient for CT Scan , USG & other investigations • Attending the patients for emergency health crisis in medical camps. 	

Medical Specialists Centre – Dubai, UAE	Supervisor- 4 years Sep 2002 to Oct 2006.
Job Profile <ul style="list-style-type: none"> • Supervising & managing OPD. Prepare the duty roster. • Care of the patient and assisting the Doctor for the procedure like Cardiac Cases, Endoscopy and Colonoscopy • Assisting the Doctor in OBG&Gyn OPD , Paediatric outpatient wards 	<ul style="list-style-type: none"> • Care of the patient and assisting and preparing for Stress Treadmill test, Echocardiography, Electrocardiography. • Managing the crowded reception
Shifa Medical Centre- Kerala ,India	Staff Nurse-Jan 2002 to July 2002.
Job Profile Care of the patients in Medical ward, Surgical ward,maternity ward, OPD(OBG, Paediatric, General Surgery (Assisted for endoscopy & colonoscopy)	
Academic Qualification Profile	

Name of Exam	Name of the Institute	University / Board	Year of Passing
BSc- Nursing	Sree Balaji College of Nursing, Chennai , India	The Tamil Nadu Dr. MGR Medical University, Chennai India	2001 December
Pre-degree	TKM Memorial College Kerala, India.	University of Kerala	1997 March
S.S.L.C	Bethany Baligamatom Girls High School , Kerala, India	Board of Public Examination	1995 March

Trainings & Researches

1. STUDY CONDUCTED FOR THE STUDENTS WITH DETERMINATION, IMPORTANCE OF THE WEIGHT MANAGEMENT THROUGH PROPER EXERCISE MODULES & DIET RESTRICTIONS FOR OBESITY.
2. EFFECTIVENESS OF PHYSICAL FITNESS TRAINING IN STUDENTS WITH DISABILITIES (JAN-APRIL2017)
3. Study of Malnutrition among Five years old in Specific Community.

Midwifery Nursing.

- Introduction to communication Skill from the course by Alison
- Certified Professional in Healthcare Quality Certification Course.
- PALS Provider from American Heart Association
- ACLS provider from American Heart Association
- BLS provider from American Heart Association
- First Aid International Certification.
- Infection Control Practise course
- CPR AED Basic First Aid by American Safety & Health Institute.
- Hospital Triage
- Conscious Sedation
- Nursing Documentation.
- IV Therapy
- OBG/GYN Work Shop
- Paediatric Work Shop
- CTG Training
- Basic & Advanced ECG Course
- End of Life Care
- Wound Management, Pain Management
- Medication Safety, Fire & Safety,
- Management of Critically Ill Patient.

<p><u>Strengths</u></p> <ul style="list-style-type: none">• High level of confidence & Determination• Very aggressive and positive thinker• Keen Observation and grasping ability• Working capability in high level of pressured work place. <p><u>IT Knowledge</u></p> <ul style="list-style-type: none">• Microsoft Word, Excel, Google sheet, PPT, all basic knowledge, usage of Zoom, Microsoft team communication etc	<ul style="list-style-type: none">• Highly optimistic approach• Quick learner• Multi lingual communication skills• Friendly Nature
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