




SARANYA PRASAD

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Gokulam, Kattachira, Pallickal P O 
Pin:690503,Alappuzha, Kerala, India



EDUCATION

BACHELOR OF SCIENCE IN NURSING | 2013

- Rajiv Gandhi University of Health Sciences, Karnataka, India

PROFESSIONAL REGISTRATION

- **Department of Health – Abu Dhabi (DOH)**
DOH ID: HPPRF-2025-004294
- **Kerala Nursing Registration Council**
Registration No.: 45952

AREAS OF EXPERTISE

- Patient Assessment & Clinical Monitoring
- Post-Anesthesia Care (PACU) & Surgical Ward Management
- Emergency Care & Critical Situations Handling
- Medication Administration & IV Therapy
- Maternal & Child Health Services
- Wound Care, Dressing & Post-Surgical Recovery
- Infection Prevention & Control Measures

COMPUTER PROFICIENCY

MS Office	★ ★ ★ ★ ★
Basic Operation	★ ★ ★ ★ ★
Internet & Email	★ ★ ★ ★ ★

PROFESSIONAL SUMMARY

Dedicated and compassionate Registered Nurse delivering high-quality patient care across diverse clinical and community settings. Demonstrating strong expertise in Post-Anesthesia Care, Medical and Surgical Wards, and Community Health Nursing. Skilled in-patient assessment, emergency care, medication administration, infection control, and patient education. Adept at collaborating with multidisciplinary healthcare teams to ensure holistic patient care and improved health outcomes. Known for excellent communication, critical thinking, and the ability to remain calm under pressure. Committed to upholding international healthcare standards and continually enhancing professional skills to provide the best possible care to patients.

PROFESSIONAL EXPERIENCE

MLSP STAFF NURSE | January 2023 – Present

NATIONAL HEALTH MISSION, GOVERNMENT OF KERALA, KERALA, INDIA

KEY RESPONSIBILITIES

- Providing comprehensive nursing care to patients in both OPD and community settings under National Health Mission (NHM) initiatives.
- Performing IV injections, administering prescribed medications, and dressing wounds with strict adherence to aseptic techniques.
- Conducting basic and advanced procedures, including care for cardiology, nephrology, and cardiovascular patients, colostomy care, and urinary catheterization.
- Delivering emergency care and first aid for various medical emergencies, ensuring timely stabilization and referral when needed.

STAFF NURSE | January 2022 – January 2023

ST. THOMAS MISSION HOSPITAL, KATTANAM, KERALA, INDIA

Department: ICU

KEY RESPONSIBILITIES

- Delivered comprehensive critical care nursing in the ICU, managing life-threatening conditions.
- Monitored vital signs, ECGs, ventilators, infusion pumps, and provided continuous patient observation.
- Provided Basic Life Support (BLS) and assisted with emergency procedures as needed.

STAFF NURSE | June 2014 – September 2016

TRAVANCORE MEDICAL COLLEGE & HOSPITAL, KOLLAM, KERALA, INDIA

Department: PACU & PAYWARD

KEY RESPONSIBILITIES

- Managed critically ill post-operative patients requiring mechanical ventilation and invasive monitoring.
- Administered IV medications and blood transfusions, ensuring safe delivery and timely response to patient needs.
- Monitored electrolyte imbalances, ABG, and coagulation parameters, adjusting treatment plans accordingly.

LANGUAGES KNOWN

English	<div style="width: 100%;"></div>	100 %
Malayalam	<div style="width: 100%;"></div>	100 %
Hindi	<div style="width: 100%;"></div>	100 %
Kannada	<div style="width: 85%;"></div>	85 %
Tamil	<div style="width: 85%;"></div>	85 %

SKILLS

- Teamwork
- Problem-Solving
- Adaptability
- Leadership
- Attention to Detail
- Work Ethic
- Critical Thinking

CORE COMPETENCIES

- Demonstrating strong skills in comprehensive patient assessment and individualized care planning.
- Responding effectively to emergencies and providing critical care nursing support.
- Managing patients in the Post-Anesthesia Care Unit (PACU) with a focus on recovery and pain management.
- Delivering quality nursing care in medical and surgical wards for diverse patient needs.
- Providing maternal and child health services, including antenatal and postnatal care.

PERSONAL STRENGTHS

- **COMMUNICATION:** Excellent verbal and interpersonal skills with strong listening and problem-solving abilities.
- **ORGANIZATION:** Highly skilled at managing multiple tasks, setting priorities, and enhancing team efficiency.
- **MANAGEMENT:** Effective at leading teams, monitoring performance, and driving operational improvements.
- **ADAPTABILITY:** Quick to learn, flexible in fast-paced environments, and comfortable handling changing responsibilities.

PERSONAL DETAILS

Gender : Female
Date of Birth : 19/09/1990
Nationality : Indian
Marital Status : Married
Passport Number : C4566352
Date of Expiry : 17/12/2034

DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

SARANYA PRASAD