

# ATHIRA B HARI, DHA Eligible Registered Nurse | 6+ Years' Experience in ICU, Emergency & General Nursing Care

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Nationality

Indian

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## PROFILE

Compassionate and detail-oriented Registered Nurse with over 6 years of clinical experience in ICU, emergency, and general patient care across reputed hospitals in India and the UAE. Skilled in vital signs monitoring, IV medication administration, post-operative cardiac care, ventilator management, and infection control, with a proven ability to handle emergency situations with confidence and precision. Adept at collaborating with multidisciplinary medical teams, maintaining accurate EMR documentation, and ensuring patient comfort and safety through evidence-based nursing practices. DHA eligible and committed to delivering high-quality, patient-centered healthcare while upholding the standards of excellence in the UAE medical sector.

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## PROFESSIONAL EXPERIENCE

Aug 2022 — Present

Registered Nurse, Prime Health Group L.L.C

Dubai

- Provide holistic nursing care, including emergency management, vital monitoring, and IV medication administration.
- Manage emergency triage situations and assist physicians during critical procedures.
- Maintain EMR documentation and ensure compliance with DHA and hospital standards.
- Collect and dispatch laboratory samples following proper infection control protocols.
- Deliver compassionate patient education and emotional support during treatment.
- Collaborate with doctors and medical teams to coordinate effective care plans.
- Support audits and internal quality control activities within the facility.

May 2018 — Mar 2022

Registered Nurse - ICU, Poona Hospital and Research Centre

Pune

- Provided critical care nursing for post-cardiac surgery patients requiring ventilator and life-support management.
  - Assisted in emergency responses to cardiac arrhythmias, respiratory failure, and bleeding incidents.
  - Managed IV infusions, titrated medications, and ensured precise ICU documentation.
  - Collaborated with multidisciplinary teams for improved patient recovery outcomes.
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## CORE SKILLS

ICU & Critical Care Nursing

Patient Education

Emergency Response

Team Collaboration

Post-operative Care

Decision Making

IV Medication Administration

Time Management

Tracheostomy Care

Ethical Practice

Ventilator Management

Compassionate Care

Patient Assessment

Attention to Detail

EMR Documentation

Problem Solving

Wound Care

Communication

Infection Control

Adaptability

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## KEY ACHIEVEMENTS

- Ensured high patient recovery standards by implementing timely nursing interventions and accurate care documentation.
- Supported critical cardiac post-operative cases through continuous ICU monitoring and ventilator management.
- Recognized for maintaining 100% compliance with hospital infection control and medication administration standards.
- Trained junior nurses and new team members on ICU procedures and emergency protocols.

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EQUIPMENT HANDLED      Cardiac Monitors (Philips, GE) | Mechanical Ventilators (Dräger, Hamilton) | Infusion & Syringe Pumps | Defibrillators | ECG Machines | Suction Apparatus | Nebulizers | Oxygen Therapy Units (CPAP/BiPAP) | Glucometers | Vital Sign Monitors | PCA Pumps | Dressing & Sterilization Equipment

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CERTIFICATIONS & LICENSES      

- DHA Eligibility Letter (2024)
- Basic Life Support (BLS) – American Heart Association
- Advanced Cardiovascular Life Support (ACLS) – American Heart Association
- Infection Control & Patient Safety Training

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EDUCATION

2013 — 2017      Bachelor of Science in Nursing (B.Sc Nursing), BCF College of Nursing, Kerala University of Health Sciences

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LANGUAGES      English      Malayalam  
Hindi      Tamil

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REFERENCES      References available upon request