

Asma Sadaqat

DHA Registration: Specialist Obstetrics & Gynecology (DHA Unique ID: 08281093)

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Building P601, Flat 1202, 12th Floor, Al Nahda 2, behind Zulekha Hospital, Dubai
IMC (Ireland): Registered Pakistani



SUMMARY

Obstetrics and Gynaecology Specialist with extensive experience in managing high-risk pregnancies, complex gynecological surgeries including laproscopic and all minimal access surgeries like hysteroscopies, and multidisciplinary patient care. Seeking to leverage advanced clinical expertise, leadership skills, and up-to-date medical knowledge to provide exceptional patient-centered care as a Specialist Gynaecologist in a reputable healthcare institution in the UAE. Committed to maintaining excellence in patient outcomes, contributing to research and audits, and mentoring healthcare teams in a collaborative and dynamic environment.

EXPERIENCE

Specialist Gynaecologist

Zulekha Hospital, Dubai

08/2024 - Present

- Attend high-risk antenatal clinics and provide multidisciplinary care.
- Book and perform elective caesarean sections, ERPCs, laparotomies, operative vaginal deliveries, and repair extended perineal tears independently.
- Manage gynecological surgeries including hysterectomies (vaginal and abdominal), myomectomies, cystectomies, and laparoscopic procedures.
- Perform all levels of caesarean sections, suction curettage, cervical cerclage, evacuation of retained products of conception, and manual removal of placenta.
- Lead on-call teams managing antepartum hemorrhage, postpartum hemorrhage, severe pre-eclampsia, seizures, and emergencies.
- Present and discuss cases in morning meetings.

Consultant Gynaecologist

Eman Hospital, Islamabad Pakistan

08/2024 - Present

- Provide antenatal and gynecological care for private patients.
- Perform booked gynecological and obstetric surgeries.
- Coordinate care with multidisciplinary teams for complex cases.

Consultant Gynaecologist

Nazir Hospital, Islamabad Pakistan

08/2024 - Present

- Provide expert consultation for gynecological and obstetric cases.
- Manage scheduled surgeries and follow-up care.

Consultant Gynaecologist & Obstetrics

Govt. Tehsil Headquarters Hospitals, under Primary & Secondary Healthcare Department, Lahore

03/2020 - 07/2024

- Managed all emergencies in obstetrics and gynecology.
- Performed vaginal deliveries, repaired episiotomies and tears, and assisted/independently performed instrumental deliveries.
- Independently performed caesarean sections of all difficulty levels.
- Managed early pregnancy loss, preterm labor, antepartum hemorrhage, high-order caesarean sections, B-Lynch sutures, Bakri-balloon insertion, and assisted in caesarean hysterectomies.
- Evaluated and managed ectopic pregnancies and ovarian cyst emergencies, performing laparotomies under supervision and independently.

Senior Specialist – Obstetrics & Gynaecology

Islam Medical College, Sialkot Pakistan

11/2019 - 02/2020

- Similar responsibilities as above, providing independent management of obstetric and gynecological emergencies and surgeries.

EXPERIENCE

Senior Specialist – Obstetrics & Gynaecology

Christian Memorial Hospital, Sialkot Pakistan

📅 10/2018 - 09/2019

- Managed obstetric and gynecological cases, including surgical interventions and emergency care.
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Medical Officer - Surgery

Mayo Hospital, Lahore Pakistan

📅 01/2018 - 08/2018

- Provided general surgical care and assisted in hospital operations.
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Resident Medical Officer – Obstetrics & Gynaecology

Pakistan Atomic Energy Commission, General Hospital, Islamabad Pakistan

📅 08/2016 - 01/2018

- Continued clinical training in a high-volume tertiary care hospital.
 - Performed supervised procedures and managed patient care in a systematic, integrated training program.
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Resident Medical Officer – Obstetrics & Gynaecology

Nishtar Hospital, Multan Pakistan

📅 01/2014 - 08/2016

- Rotated across multiple departments for comprehensive hands-on training.
 - Assisted senior staff in surgeries and emergency care.
 - Maintained a detailed logbook of competencies approved by supervising consultants.
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Demonstrator (Anatomy, Non-Trainee)

Khwaja Safdar Medical College, Sialkot Pakistan

📅 02/2013 - 09/2013

- Assisted in teaching anatomy and conducting practical sessions.
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EDUCATION

MRCOG

Royal College of Obstetricians and Gynaecologists, London, UK

📅 2022

FACS FACOG

Fellowship of American College of Surgeons, California, USA

📅 2022

MRCPI

Membership of Royal College of Physicians and Surgeons, Ireland

📅 2021

FCPS

Fellowship in Obstetrics and Gynaecology, College of Physicians and Surgeons of Pakistan

📅 2019

MBBS

University of Punjab, Pakistan

📅 2009

- Gold Medalist
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EDUCATIONAL ACTIVITIES / WORKSHOPS & CERTIFICATIONS:

Attended multiple conferences and workshops on research methodology, biostatistics, communication skills, and surgical skills.

Maintain up-to-date certifications in BLS and ALSO.

EDUCATIONAL ACTIVITIES / WORKSHOPS & CERTIFICATIONS:

Instructor BLS Certification – Zulekha Hospital, Dubai, 31 October 2025

Active participation in RCOG World Congresses (2023–2025), reproductive medicine courses, laparoscopic skill workshops, instructor courses, and advanced obstetric/gyne ultrasound courses.

RESEARCH & PUBLICATIONS

Frequency of Coagulopathy in Hypertensive Disorders of Pregnancy, Pakistan Journal of Medical and Health Sciences, 2021 – Author: Asma Sadaqat, Shaista Khanum, Asima Khanum, Rabeya Rehman

Frequency of IUD Removal Due to Abdominal Pain After Immediate Post-Partum Insertion of Copper T IUD, NJMHS, 2019, Vol 1, No 1-2, pp. 17-24 – Authors: Shaista Khanum, Asma Sadaqat, Asima Khanum

Retrospective Analysis of Caesarean Scar Pregnancy, First Author: Dr. Asma Sadaqat, Published 2025

Audit of Caesarean Section Using Modified Robson’s Criteria, Best Abstract, RCOG World Congress, Published BJOG 2025

AUDIT TEAM / QUALITY COORDINATOR OBG

Led research and audit programs, including National VTE Audit and Caesarean Rate Audit (Robson criteria).

Managed departmental policies and procedures, ensuring alignment with WHO, ACOG, and RCOG standards.

Supervised entry of KPIs and maintained hospital evaluation systems.

STRENGTHS

Clinical Expertise

Skilled in managing high-risk pregnancies, complex gynecological surgeries, and emergency obstetric cases with precision and confidence.

Leadership & Teamwork

Adept at leading multidisciplinary teams during on-call emergencies, ensuring coordinated and effective patient care.

Adaptability & Composure

Remain calm and focused under stressful situations, maintaining high-quality care even in challenging circumstances.

Commitment to Excellence

Dedicated to continuous learning, evidence-based practice, and maintaining the highest standards in patient care.

SKILLS

Expertise

Obstetrics and Gynecology	High-risk Antenatal Care	Elective Caesarean Section	Laparotomies	
Operative Vaginal Deliveries	Repair of Perineal Tears	Hysterectomies (Vaginal and Abdominal)		
Myomectomies	Cystectomies	Cesarean Sections	Suction Curettage	Cervical Cerclage
Evacuation of Retained Products of Conception		Manual Removal of Placentae	Laparoscopic Surgeries	
Management of Antepartum Hemorrhage	Placenta Previa	Placental Abruption	Pre-eclampsia	
Seizures Management	Postpartum Hemorrhage	Emergency Obstetrics Procedures		

SKILLS

Soft Skills

Effective Communication

Critical Thinking

Problem Solving

Time Management

Empathy & Patient Care

Team Collaboration

KEY ACHIEVEMENTS

Audit Excellence

Successfully led the Caesarean Section Audit using Modified Robson's Criteria, recognized as the Best Abstract at RCOG World Congress 2025.

Advanced Certification

Achieved Instructor BLS certification at Zulekha Hospital, Dubai (31 October 2025), enhancing emergency response capabilities and training skills.

Research Contribution

Published a retrospective analysis on Caesarean Scar Pregnancy as the first author, contributing valuable insights to obstetric practice.

Clinical Leadership

Successfully managed high-risk obstetric and gynecological emergencies independently, ensuring optimal outcomes for both mothers and newborns.

LANGUAGES

English

Native



Urdu

Native



REFERENCES

Professor Dr. Shahid Rao

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Dr. Farzeen Riaz Bajwa

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