

SIVALAYA SANTHOSH

CERTIFIED REGISTERED NURSE



CONTACT

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EDUCATION

- BSC NURSING (2016 - 2020)**
Rajiv Gandhi University of
Health Sciences, Mangala
College of Nursing, Hassan,
Karnataka

LICENSE DETAILS

- BLS (Basic Life Support)
- Dubai Health Authority license

SKILLS

- Patient Care & Assessment
- ICU & Emergency Nursing
- Medication Administration
- Infection Control & Safety
- Wound & Postoperative Care
- Medical Documentation
- Psychiatric Nursing
- Emergency Response
- Team Collaboration
- Strong Communication

LANGUAGES

- English
- Hindi
- Kannada

PROFESSIONAL SUMMARY

Dedicated and compassionate Staff Nurse with 3 years of experience in ICU, general care, and psychiatric nursing. Proficient in patient assessment, medication administration, emergency response, and infection control. Passionate about delivering high-quality, patient-centered care while ensuring safety and comfort. Skilled in maintaining accurate medical records and collaborating with multidisciplinary teams for optimal healthcare outcomes. Committed to continuous learning and professional growth to enhance patient well-being and hospital efficiency.

WORK EXPERIENCE

STAFF NURSE (17 APR 2024 - 6 FEB 2025)

ASTER DM HEALTHCARE GROUP AT ASTER HOSPITAL, KOZHIKODE

- Provided comprehensive critical care in a state-of-the-art Multi-Disciplinary Intensive Care Unit (MICU).
- Managed medical and surgical emergencies using advanced ICU protocols.
- Operated and monitored ventilators, ECMO, arterial blood gas (ABG) analyzers, and other life-support systems.
- Administered medications, fluids, and emergency interventions with precision using infusion and syringe pumps.
- Assisted in defibrillation, resuscitation, and emergency cardiac procedures for critically ill patients.
- Ensured strict adherence to infection control, hygiene, and patient safety protocols in the ICU setting.
- Utilized real-time patient monitoring systems for continuous assessment of vitals and critical parameters.
- Collaborated with multidisciplinary healthcare teams to develop and implement personalized patient care plans.

STAFF NURSE (10 JULY 2021 - 29 JULY 2023)

NUCLEUS HEALTHCARE MULTISPECIALITY HOSPITAL, NADAPURAM

- Delivered nursing care in ICU, general wards, and post-surgical units.
- Assisted in surgical procedures, wound care, catheterization, and tracheostomy care.
- Provided preoperative and postoperative care, ensuring pain management and smooth recovery.
- Implemented infection control measures, including sterilization and hygiene practices.
- Educated patients on disease management, dietary guidelines, and medication compliance.
- Maintained detailed patient documentation, ensuring timely updates on treatments and progress.

**STAFF NURSE (1 FEBRUARY 2021-30 JUNE 2021)
POONA HOSPITAL AND RESEARCH CENTER, PUNE**

- Responded to medical emergencies, trauma cases, and cardiac arrests, administering CPR, BLS, and ACLS as needed.
- Assisted patients with daily hygiene, mobility, and rehabilitation exercises, promoting faster recovery.
- Administered prescribed medications safely, monitoring for side effects and adverse reactions.
- Monitored patient responses to treatments, reporting significant changes to physicians.
- Ensured compliance with healthcare regulations, infection control, and safety protocols.
- Conducted patient discharge planning, ensuring a smooth transition to home care with follow-up instructions.

**PSYCHIATRIC NURSE (MAR 2019 - MAR 2019)
CADABAM'S PSYCHOSOCIAL REHABILITATION CENTERS, KARNATAKA**

- Assisted in mental health therapy, crisis intervention, and counseling for patients with schizophrenia, depression, and anxiety disorders.
 - Monitored patient behavior, medication adherence, and mental status, reporting changes to psychiatrists.
 - Educated families on mental health disorders, treatment plans, and coping strategies.
 - Supported patients in daily living activities, self-care, and social reintegration.
 - Ensured a safe, therapeutic, and non-restrictive environment to minimize self-harm risks.
 - Collaborated with therapists and doctors to develop individualized patient care plans.
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