

P M MEHJABIN SULTHANA BABU

SOCIAL WORKER

pmmehjabin@gmail.com +971563780816 LinkedIn: Mehjabin Sulthana

Residing in UAE

EXPERIENCE:

- Darul Hidayah Higher Secondary School Edappal

Student counselor

June 2023-July 2025

INTERNSHIPS:

- Medical and psychiatry internship for MES Medical College, Perinthalmanna (**April 2022-May 2022**)
- Medical and psychiatry internship for SANJIVANI REHABILITATION CENTRE, Changanassery (**July 2022-July 2022**)
- Patiala Foundation, Punjab (**October 2022-November 2022**)
 - Assisted in the assessment and treatment planning for patients with psychiatric and medical conditions.
 - Provided therapeutic support and crisis intervention to patients and their families.
 - Collaborated with a multidisciplinary team to develop comprehensive care plans.
 - Facilitated support groups and educational workshops for patients and caregivers.
 - Conducted home visits to assess and provide ongoing support for patient's post-discharge.

EDUCATION:

University of Kerala

Masters in Social Work (2020-2022)

Calicut University

Bachelor in Social Work (2017-2020)

MENTEX

Advanced Diploma in School Counselling (August 2024-January 2025)

SKILLS:

- Individual and group counselling
- Crisis intervention
- Mental health assessment and report preparation
- Development of personalized support plans
- Collaboration with multidisciplinary team
- Strong communication and interpersonal skills
- Proficient in Microsoft Office Suite

PROJECTS:

- A STUDY ON PSYCHO SOCIAL PROBLEMS FACED BY ADOLESCENT CHILDREN OF DIVORCED PARENTS with special reference to Malappuram District.
- A STUDY ON SOCIAL ISSUES FACED BY FEMALE TEACHERS with special reference to Kalady Panchayath.