

SARANIA SADASHIVAN NAIR

REGISTERED NURSE

gpsbsarantias@gmail.com +971566023523 [LinkedIn](#) Sharjah, UAE

PROFESSIONAL SUMMARY

Registered Nurse with 10 years of clinical experience in the Emergency Department, Stroke Unit, and Medical-Surgical Ward. Skilled inpatient assessment, triage, critical care, care planning, and multidisciplinary collaboration. Experienced in managing high-acuity cases, mentoring junior staff, and maintaining compliance with MOH and international healthcare standards.

CORE COMPETENCIES / SKILLS

- Emergency & Critical Care Nursing
 - Triage Management
 - Patient Assessment
 - Vital Signs Monitoring
 - Medication Administration
 - IV Therapy
 - Nursing Care Planning
 - Wound Care
 - IPSG
 - Resuscitation & Life Support
 - Multidisciplinary Teamwork
 - Electronic Medical Records (EMR)
 - Infection Control
 - Diagnostic Test Interpretation
 - Admission & Discharge Process
 - Clinical Procedures Assistance
 - Regulatory Compliance (MOH)
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PROFESSIONAL EXPERIENCE

REGISTERED NURSE - EMERGENCY DEPARTMENT

March 2019 - July 2025

TURABAH GENERAL HOSPITAL, TAIF, SAUDI ARABIA

- Provided immediate medical, surgical, and cardiac care to critically ill patients.
- Successfully managed an average of 35 to 40 emergency cases per shift, ensuring timely lifesaving interventions
- Administered IV therapy, emergency medications, blood and blood products.
- Assisted in advanced procedures, including intubation, chest tube insertion, and central line placement.
- Monitored patient response and vital signs during emergency interventions.
- Coordinated with multidisciplinary teams to implement emergency protocols.
- Supported safe patient transfers and referrals across departments.
- Supported pandemic emergency response, handling high-volume critical cases with adherence to infection control standards.
- Educated patients and families regarding treatment plans and discharge instructions.

SHIFT IN CHARGE- STROKE UNIT

June 2017-January 2019

DEENANATH MANGESHKAR HOSPITAL, PUNE, INDIA

- Supervised daily nursing operations, ensuring policy compliance and smooth workflow.
- Led and mentored nursing staff, delegating duties and guiding shift operations.
- Conducted rapid stroke assessments and implemented evidence-based stroke protocols.
- Administered thrombolytic therapy and monitored complications.
- Coordinated emergency transfers to ICU and speciality units.
- Provided education to patients and families, increasing post-discharge compliance and rehabilitation participation
- Trained and supervised junior nurses, enhancing team competency and stroke-care readiness.

REGISTERED NURSE-MEDICAL SURGICAL WARD
DEENANATH MANGESHKAR HOSPITAL, PUNE, INDIA

August 2014 -May 2017

- Delivered postoperative care for TKR, THR, and CABG patients.
 - Monitored vital signs, neurovascular status, and surgical sites for early complications.
 - Administered antibiotics, anticoagulants, and analgesics.
 - Assisted with wound care, drain management, and dressing changes.
 - Supported early ambulation, improving patient recovery time and mobility outcomes.
 - Educated patients and families on rehabilitation, postoperative precautions, and discharge planning.
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EDUCATION

Bachelor of Science in Nursing
Rajiv Gandhi University of Health Science, Karnataka, India
Register No: 063626

October 2009 -May 2014

CERTIFICATIONS/LICENSE

- **MOH / DATAFLOW COMPLETED**
 - Basic life support (BLS): 14 September. 2025(Issue Date)
 - Advanced Cardiovascular Life Support (ACLS): 01. October 2025(Issue Date)
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PROFESSIONAL DEVELOPMENT

- Continuous training in patient safety, infection control, and evidence-based practice.
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ADDITIONAL SKILLS

- Computer literacy; basic technical device maintenance
 - Languages: English, Arabic, Hindi
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VISA STATUS

VISIT VISA
Expiry date : 16/12/2025
