

Suda Yousif

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SUMMARY

A highly skilled and dedicated General Practitioner with extensive experience in delivering exceptional patient care across diverse medical settings. Proven expertise in diagnosing and managing acute and chronic conditions, performing critical interventions, and promoting preventive healthcare. Adept at collaborating within multidisciplinary teams to ensure optimal treatment outcomes. Committed to continuous professional development and upholding the highest standards of medical ethics.

EXPERIENCE

General Practitioner

Almdaoy Medical Center - Ras Al Khaimah, UAE

January 2023 - May 2025, UAE

- Managed care for 100+ chronic illness patients monthly, ensuring timely follow-ups and adherence to treatment plans.
- Conducted 50+ routine check-ups weekly, diagnosing and treating common illnesses such as diabetes and hypertension.
- Performed over 200 clinical examinations annually, providing preventive care and prescribing medications tailored to individual needs.
- Monitored patient wellbeing through periodic chart updates, improving health outcomes by 20%.
- Delivered health education sessions to 300+ patients, promoting lifestyle changes to reduce chronic disease risks.

General Practitioner

Al Faseel Family Health Promotion Center - Fujairah, UAE

September 2021 - February 2022, UAE

- Diagnosed and managed chronic conditions in 150+ patients, achieving a 90% satisfaction rate in follow-ups.
- Conducted pre-marital screenings for 50+ couples, ensuring early detection of genetic or infectious diseases.
- Collaborated with a multidisciplinary team to optimize care plans for 100+ patients annually.
- Provided preventive care services to 200+ patients, enhancing awareness of lifestyle-related risks.
- Offered emergency care to 20+ critical cases, ensuring stabilization until specialized assistance arrived.

General Practitioner (ICU Department)

MediQ Sharjah Field Hospital - Sharjah, UAE

May 2021 - September 2021, UAE

- Managed critical COVID-19 cases for 50+ ICU patients, achieving a 90% survival rate during treatment.
- Assisted in advanced ventilator management and airway procedures for 30+ intubated patients.
- Regularly participated in multidisciplinary rounds, contributing to treatment plans for 100+ patients.
- Stabilized critically ill patients within an average of 15 minutes of admission, reducing complications by 25%.
- Administered emergency interventions for multi-organ failure in collaboration with specialists, enhancing outcomes.

General Practitioner (Emergency Department)

Dawina Private Medical Center - Sennar, Sudan

December 2016 - May 2021, Sudan

- Delivered emergency medical care to over 1,000 patients annually, maintaining a 95% response rate within 10 minutes.
- Diagnosed and treated 200+ cardiac and respiratory emergencies annually, preventing critical outcomes in 90% of cases.
- Performed life-saving procedures, such as suturing and immobilization, for 300+ trauma cases yearly.
- Ordered and interpreted diagnostic tests for 1,200+ patients annually, expediting treatment by 30%.
- Coordinated rapid patient transfers to specialized units for 150+ critically ill individuals annually.

General Practitioner (Internship)

Federal Ministry of Health - Khartoum, Sudan

December 2014 - June 2016, Sudan

- Completed 4,000+ hours of clinical rotations across medicine, surgery, pediatrics, and obstetrics.
- Assisted in 100+ surgical procedures, contributing to successful outcomes in 95% of cases.
- Conducted 1,000+ patient assessments during ward rounds, ensuring proper diagnosis and care planning.

- Managed emergency night calls for 200+ patients, achieving a 90% stabilization rate.
 - Facilitated comprehensive patient education for 300+ families, enhancing post-discharge compliance.
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EDUCATION

- **MRCEM (Intermediate Level)** *Royal College of Emergency Medicine - London, UK* 08/02/2024
 - **MRCEM (Primary Level)** *Royal College of Emergency Medicine - London, UK* 24/11/2022
 - **Bachelor of Medicine and Surgery (MBBS)** *University of Sennar - Sennar, Sudan* 16/2/2014
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COURSEWORK

- **Advanced Trauma Life Support (ATLS)** *Khartoum Teaching Hospital - Khartoum, Sudan* 12/2016
- **Advanced Cardiac Life Support (ACLS)** *Khartoum Teaching Hospital - Khartoum, Sudan* 11/2016
- **Basic Life Support (BLS)** *Khartoum Teaching Hospital - Khartoum, Sudan* 10/2016
- **Emergency Obstetrics (EMO)** *Sennar Teaching Hospital - Sennar, Sudan* 08/2015 - 09/2015
- **Management of Hypertensive Emergencies** *Khartoum Teaching Hospital - Khartoum, Sudan* 01/2015 - 02/2015
- **Emergency Room Trauma Course (ERTC)** *Khartoum Teaching Hospital - Khartoum, Sudan* 09/2014
- **Management of STDs** *Sennar Teaching Hospital - Sennar, Sudan* 07/2014

References

- **Dr. Awad Rahama** Consultant, Pediatric Surgeon Alfaisal Specialized Hospital, Sudan Phone: +249912692313
 - **Dr. Amir** Phone: +971556509830
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SKILLS

- Patient Care Management
- Emergency Medical Procedures
- Clinical Diagnosis and Treatment
- Chronic Disease Management
- Preventive Healthcare
- Multidisciplinary Collaboration
- Advanced Life Support
- Critical Care Management
- Medical Documentation and Record-Keeping
- Communication and Interpersonal Skills
- Microsoft Office Advanced

Languages

- Arabic: Native
 - English: Fluent
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