

NEETHU VARGHESE, RN

SUMMARY

To establish my career independently in the field of nursing with excellent communication skills and with interest teaching which will provide opportunities to develop my skills and contribute to growth of the organization in progressive, challenging and dynamic work environment.

EXPERIENCE

Staff Nurse – Aug. 2021 – Sep. 2024

Makkah Medical Centre – Makkah, Saudi Arabia

Worked as a Staff Nurse in the NICU (Neonatal Intensive Care Unit) at Makkah Medical Centre

Bed Capacity: 150 beds

Staff Nurse – Feb. 2018 – Aug. 2021

Care Hospital – Nampally – Hyderabad, India

Worked as Staff Nurse in ICCU – Intensive Coronary Care Unit at Care Hospital, Nampally

Bed Capacity: 280 beds

EDUCATION

Professional Course

- B.Sc Nursing- Dr. NTR University of Health Science Vijaywada – Care Nampally College of Nursing 2017

School

- Higher Secondary Exam (Class XII) – March 2013 – Kerala State
- Secondary School Certificate Exam (Class X) – March 2011 – Kerala State
- DOH Passed

TRAINING

- Attended the training program on Basic Life Support (BLS) and First Aid organized by Alnoor Training Center – Mar. 2021 (AHA)
- Attended the training program on Neonatal Resuscitation Program (NRP) organized by Dr. Soliman Fakeesh Hospital (DSFH) on Oct. 2022

CERTIFIED COURSES

- ECG
- Basic Cardiac Life Support
- I.V. Therapy
- Critical care
- Infection Control
- Care of Pressure Ulcers

All the above courses undergone at Care Hospital, Hyderabad.

REGISTRATION



- Registered Nurse – Telangana Nursing Council - # 14486
- Registered Midwifery – Telangana Nursing Council - # 14486

CONTACT

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PERSONAL INFO

Passport No. : C6020580

Date of Exp. : 10-02-2035

Gender : Female

SKILLS

- Hardworking
- Self Confidence
- Quick Learner
- Good communication
- Persuasion
- Presentation Skill
- Initiative undertaking
- Team work
- Problem -Solving abilities
- Multi-tasking
- Task prioritization
- Emergency Care

CORE COMPETENCIES

Intensive Coronary Care Unit (ICCU)

Worked in ICCU ward holding 16 Beds receiving & managing all types of emergency cases, routine admission cases, performing outpatient based procedures and swift transfer of critically ill patients

Procedures Followed

- Care of term and preterm babies
- Incubator care of baby
- Receiving newborn from labor room and caesarean delivery
- CPR
- Endotracheal suctioning

- Ryles tubeinsertion
- I.V. Cannulation
- Blood transfusion
- Foley Catheterization

Technical Skills

Equipment Handled:

- Ventilator (NICU)
- ECG Machine
- BIPAP
- Cardiac Monitor
- Infusion Pump
- Glucometer
- Suction Apparatus
- Nebulizer
- Alpha bed
- Syringe Pump
- Flowtron Pump

Assisted in Handling:

- HD Catheter Insertion
- Lumbar puncture
- Renal biopsy
- Pleural tapping
- Bone Marrow aspiration
- UVC Insertion

ORGANISATIONAL & PERSONAL SKILLS

- Demonstrated precision and thoroughness in all tasks
- Consistently meet specifications and deadlines
- Strong verbal and written communication skills
- Proven ability to perform well under pressure and tight schedules
- Experience working in diverse environments, excelling both as a proactive team member and a decisive leader.

LANGUAGE PROFICIENCY

English : Full Professional
Malyalam : Full Professional
Hindi : Professional
Telugu : Professional
Arabic : Professional

REFERENCES

References can be made available upon request