

# DR. THET HTARKHAING

| DHA Licensed General Practitioner |



📍 Al Rigga, Dubai, United Arab Emirates

✉ drthethtarkhaing30@gmail.com

☎ +971581985667

🌐 <https://www.linkedin.com/in/dr-thet-htar-khaing-aab866299>

## OBJECTIVE

I'm looking for full-time work in the role of a clinically related medical doctor to enhance clinical acumen, broaden hands-on experience, and advance medical professional practice through active involvement in multidisciplinary patient care and continuous learning, in the health and community industry.

## PERSONAL STATEMENT

As a dedicated medical doctor with more than seven years of comprehensive clinical experience, I specialize in performing thorough medical assessments, diagnosing and managing a wide range of health issues, and developing personalized treatment plans. I am skilled in prescribing appropriate interventions, educating patients on health maintenance and disease prevention and collaborating with specialists for coordinated care. My dedication to precise medical documentation, ongoing patient monitoring and achieving outstanding patient outcomes ensures top-tier, patient-focused care.

## WORK HISTORY

### Trusted Doctors Home-Healthcare Center

Dubai, United Arab Emirates

Mar 2025 - Present

### DHA-Licensed General Practitioner

Full Time

- Deliver comprehensive, evidence-based primary care services in alignment with Dubai Health Authority (DHA) regulations and internationally recognized clinical standards within the home healthcare context.
- Perform in-depth clinical evaluations, encompassing systematic physical examinations and detailed patient histories to accurately diagnose and manage a broad spectrum of acute and chronic conditions.
- Utilize a judicious approach to ordering, interpreting and synthesizing diagnostic investigations to inform and personalize treatment planning.
- Prescribe and administer pharmacological and non-pharmacological interventions in accordance with current best practices and therapeutic guidelines.
- Facilitate patient and caregiver education with a focus on disease prevention, health promotion, and the reinforcement of self-care competencies.
- Utilize electronic medical records (EMR) effectively for documentation, prescription management and coordinating patient care contributing to efficient clinical workflows
- Collaborate with interdisciplinary healthcare teams to deliver integrated, patient-centered care and optimize clinical outcomes.
- Actively contribute to the development, evaluation, and implementation of home care policies, clinical protocols, and quality improvement initiatives.
- Stay committed to continuing professional development by attending training workshops, engaging in peer learning and keeping updated with clinical guidelines and medical advancements.

## Tun Healthcare Center

Meikhtila, Mandalay, Myanmar  
Mar 2021 - Feb 2025

## Tun Healthcare Center

Meikhtila, Mandalay, Myanmar  
Mar 2019 - Feb 2021

## Mandalay General Hospital, 550 bedded Mandalay Children Hospital and Mandalay Central Women Hospital

Mandalay, Myanmar  
Jan 2018 - Dec 2018

### ● General Practitioner

Full Time

- Provide comprehensive primary care services to a diverse range of patients managing both acute and chronic conditions in adults, children and the elderly with a patient-centered approach.
- Conduct thorough patient assessments including history taking, physical examinations and diagnostic testing to formulate accurate diagnoses and individualized treatment plans.
- Manage a wide variety of clinical presentations including respiratory infections, cardiovascular diseases, gastrointestinal disorders, musculoskeletal injuries and dermatological conditions.
- Provide preventive healthcare services such as immunizations, health screenings, lifestyle advice and chronic disease management (e.g., diabetes, hypertension) to promote long-term well-being.
- Perform minor surgical procedures such as wound suturing, incision and drainage, skin lesion excision and dressing changes ensuring adherence to sterile techniques.
- Prescribe medications appropriately ensuring adherence to local prescribing guidelines, monitoring for adverse reactions and adjusting treatments based on patient progress.
- Coordinate referrals to specialists and diagnostic services ensuring timely follow-up and integration of care across multiple disciplines for complex cases.
- Manage pediatric patients including diagnosing and treating common childhood illnesses, providing vaccinations and offering parental guidance on child development and nutrition.
- Deliver antenatal care monitoring pregnant women throughout their pregnancies conducting routine examinations and identifying potential complications for early intervention.
- Maintain strong communication with patients, families and caregivers ensuring informed decision-making and fostering a therapeutic doctor-patient relationship.

### ● Medical Officer

Full Time

- Conduct pre-operative assessments and post-operative care and deliver high-quality patient care to outpatient clinics ensuring comprehensive patient assessment and management.
- Lead and participate in emergency resuscitation including both basic and advanced life support as well as manage minor surgical procedures (suturing, wound care, lipoma excision).
- Provide mentorship and training to junior clinical fellows enhancing their skills in clinical work, standard care procedures, problem-solving and professional development to foster teamwork and a positive working environment.
- Collaborate with multidisciplinary teams ensuring coordinated patient care, timely communication, and effective decision-making processes with patients and their families fostering a patient-centered care approach.
- Maintain accurate and timely documentation of treatment plans, medical records, discharge summaries, referrals and other critical reports contributing to seamless continuity of care.
- Engage in quality improvement initiatives including morbidity and mortality audits, infection control procedures and implementing strategies to enhance clinical care and safety.
- Perform advanced clinical procedures such as cannulation, catheterization, nasogastric tube insertion and removal, wound care, blood sample collection.
- Demonstrate strong cross-cultural communication skills delivering care to diverse patient populations and fostering collaboration in multicultural healthcare teams.

### ● House Officer, one-year internship training for three-monthly in each ward.

- Pediatric Wards: Including Neonatal Unit, Vaccination Clinic
- Medical Wards: Including Neuro-Medicine, Renal Medicine, Cardiovascular Medicine, Gastroenterology and Liver Units
- Surgical Wards: Including Neuro-Surgery, Urology, Trauma and Orthopedic Wards
- Obstetrics and Gynecological Wards: Including Antenatal Clinic, Labour Room and Operation theatres, Post-Natal Clinic and Gynecological Outpatient Clinic

## QUALIFICATIONS

### University of Medicine

Mandalay, Myanmar  
2011 - 2017

### Dubai Health Authority

Dubai, United Arab Emirates  
2025 - 2025

### Australian Medical Council Exam Centre

Bangkok, Thailand  
2023 - 2023

### ● M.B,B.S

### ● Dubai Health Authority Licensing Exam

### ● Australian Medical Council CAT MCQ Examination

Fully Passed

## PERSONAL SKILLS

### Ethical Medical Practice & DHA Compliance

Practice with integrity and full adherence to medical ethics, confidentiality and UAE healthcare regulations.

### Certified Emergency Response Readiness

ACLS, BLS, and PTC certified with hands-on experience in stabilizing trauma, airway and acute medical emergencies.

### Evidence-Based Management of Acute & Chronic Illnesses

Diagnose and manage a wide range of medical conditions using current clinical guidelines.

### Comprehensive Women's & Child Health Care

Provide antenatal care, child growth assessments, vaccinations and family planning in line with primary care standards.

### Empathetic, Culturally Patient Care

Deliver respectful, inclusive care tailored to diverse patient backgrounds, building trust and ensuring strong therapeutic relationships.

### Clinical Documentation & Interdisciplinary Collaboration

Ensure accurate EMR documentation and work collaboratively with multidisciplinary teams delivering high-quality care.

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## COMMUNITY & VOLUNTEER EXPERIENCE

### Fever Control Public Health Clinic

Mandalay, Myanmar  
Mar 2020 - Apr 2020

#### ● Volunteer Member

For the disease Control and Prevention of Covid 19 Pandemic, volunteered as a Medical Doctor at Primary Public Health Care Centre.

### Public Health

Patheingyi Township, Mandalay, Myanmar  
Feb 2018 - Mar 2018

#### ● Team Leader

Community Awareness, Knowledge and Attitude towards Diabetes Mellitus.

### Public Community

Phyar-Pon Township, Ayeyarwaddy Division, Myanmar  
Oct 2015 - Nov 2015

#### ● Team Member

Community Orientated Residential Field Training

### Study on Medication Practices at Pharmacies

Mandalay, Myanmar  
Jun 2014 - Jul 2014

#### ● Study Member

Study on Patient Safety of Drug Prescription in Community

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## ACHIEVEMENTS

### • Advanced Cardiac Life Support (ACLS)

2025  
Postgraduate Institute for Medicine, Las Vegas

### • Basic Life Support (BLS)

2025  
Postgraduate Institute for Medicine, Las Vegas

### • Certificate of Primary Trauma Care by Parami General Hospital

2023  
Completed Training

### • Occupational English Test by Cambridge Boxhill Language Assessment Trust (CLBA)

2022  
Grade C+

### • Certificate of Basic Life Support by Cardiovascular Medicine Unit, Mandalay General Hospital

2020  
Completed Training

## REFEREES

**Dr Zwe Phyo Oo**

Physician, Consultant - Mandalay General Hospital

✉ zpo333@gmail.com

☎ +959769035053

**Dr Aye Aye Htet**

General Practitioner - Liv Home Healthcare, Dubai, UAE

✉ aye@livhhc.ae

☎ +971588635743