



# DR. SHEIKH SAUD AHMAD

Dr. Sheikh Saud Ahmad Registered Medical Officer at PMDC & General Practitioner at DHA

Licensed General Practitioner | Skilled in Emergency Medicine, Cardiology & Orthopedic Care

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## CAREER SUMMARY

Dynamic and DHA-licensed Medical Officer with over 3 years of clinical experience across general practice, emergency medicine, cardiology, and surgery. Skilled in critical care procedures, patient triage, ECG interpretation, and therapeutic planning. Proven track record of managing acute and chronic conditions with precision and empathy. Demonstrated success in patient engagement, healthcare marketing, and improving service efficiency. Multilingual communicator with certifications in BLS, ATLS, CPR, and OET-qualified.

## PROFESSIONAL

### SKILLS

- Patient Assessment
- Emergency Care
- ECG Interpretation
- Intravenous Cannulation
- Foley Catheterization
- Endotracheal Intubation
- Nasogastric Tube Insertion
- Arterial Blood Gas (ABG) Sampling
- Advanced Life Support (ALS)
- Basic Life Support (BLS)
- CPR Administration
- Wound Care & Suturing
- Post-Operative Care
- Orthopedic Cast Application
- Diagnostic Imaging Interpretation
- Medication Management
- Treatment Planning
- Multidisciplinary Collaboration
- COVID-19 Case Management
- Communication Skills
- Teamwork & Collaboration
- Problem-Solving
- Patient Counseling
- Adaptability in High-Stress Environments

## PROFESSIONAL DEVELOPMENT

### Bachelor of Medicine and Bachelor of Surgery (MBBS)

- Hubei University of Medicine, Shiyan, Hubei, China 2015 – 2021
  - Graduated with Merit | GPA: 3.67 / 4.00

### Higher Secondary School Certificate (HSSC) – 88%

- Grade 12 – Pakistan Education Academy, Dubai, United Arab Emirates 2014 – 2015  
(Federal Board of Intermediate and Secondary Education – FBISE)
- Grade 11 – Government College University, Lahore, Pakistan (FBISE) 2013 – 2014

### Secondary School Certificate (SSC) – 92%

- The Educators School, Lahore, Pakistan (Punjab Curriculum and Textbook Board – PCTB) 2011 – 2013

## EXPERIENCE HISTORY

### Medical Officer / General Practitioner

Islamabad Diagnostic Centre (IDC), Islamabad, Pakistan

April 4, 2023 – December 31, 2025

- **Clinical & Emergency Procedures**
  - Responds to any medical emergency as necessary. Performing general OPD (general medicine and surgery) and a wide range of medical procedures including Spirometry/PFTs, IV cannulation. Process requests for pre-certification from providers (hospitals/clinics) in the approvals module of the Company's Claims Management System (CMS) by applying policy terms and conditions.
- **Diagnostic Accuracy & ECG Interpretation**
  - Accurately interpreted ECGs and diagnostic imaging to identify and manage cardiac emergencies, respiratory conditions, and provide preventive care, including health screenings and educate patients and their families on health issues, and lifestyle modifications.
- **Comprehensive Patient Assessment**
  - Conducted physical examination and Home and Hotel visit Provide prompt, high-quality medical consultations and treatments at patients' homes, hotels, and other locations. Diagnose and manage acute and chronic medical conditions, utilizing sound clinical judgment.
- **Therapeutic Planning & Patient Education**
  - Review and Listen to patient concerns, explain diagnoses and treatment options, and provide compassionate, holistic care. Deliver urgent care and stabilize patients as needed, referring to hospitals when appropriate. Accurately document patient histories, assessments, and treatments using electronic medical records Coordinate with our call center, specialists, and allied health professionals for integrated patient care.
- **Health Outreach & Hospital Branding**
  - Book every call/ complaint and Support the Customer Service Department for any query related to clients' pre-approvals. Advise patients and families on preventive care, medications, and healthy lifestyle choices.

# Rawal General & Dental Hospital, Islamabad, Pakistan

## House Officer – Orthopedics, Trauma & Radiology

August 9, 2021 – November 8, 2021

- **Orthopedic Trauma Management:**
  - Assisted in the diagnosis and treatment of orthopedic trauma cases, including fracture reduction, joint dislocation management, and post-injury rehabilitation strategies under supervision.
- **Radiological Interpretation:**
  - Gained experience in analyzing radiographic images (X-rays) for bone and joint injuries to support diagnosis and contribute to treatment planning.
- **Post-operative Patient Care:**
  - Monitored post-surgical patients for wound healing, infection signs, and mobility progress, while providing regular dressing changes and cast maintenance.
- **Skeletal Application Procedures:**
  - Assisted in application of skin traction, skeletal traction, POP (plaster of Paris) casts, and splints, ensuring correct anatomical alignment and patient comfort.

## House Officer – General Surgery

November 9, 2021 – February 8, 2022

- **Surgical Assistance:**
  - Supported senior surgeons during minor and major procedures, including suturing, incision and drainage, wound debridement, and tissue retraction.
- **Pre-Operative Evaluation:**
  - Performed pre-surgical patient assessments, prepared consent forms, reviewed lab results, and ensured patients were medically fit for surgery.
- **Post-Operative Monitoring:**
  - Managed post-op care by observing vitals, pain levels, surgical site healing, and coordinating follow-up instructions with nursing staff.
- **Sterile Technique Enforcement:**
  - Maintained strict sterile field practices during all surgical procedures, assisting in instrument handling and infection control protocols.

## House Officer – General/Internal Medicine & Emergency

February 9, 2022 – May 8, 2022

- **Emergency Triage & Stabilization:**
  - Delivered frontline care by rapidly assessing incoming emergency cases, prioritizing based on severity, and initiating stabilization protocols.
- **Critical Procedures Execution:**
  - Performed and assisted in key emergency procedures, including IV line insertion, Foley catheterization, nasogastric tube placement, and wound management.
- **Chronic Disease Management:**
  - Participated in diagnosis and long-term care planning for patients with chronic conditions such as hypertension, diabetes, and asthma.
- **COVID-19 Case Handling:**
  - Involved in management of COVID-19 patients in emergency and ICU settings, conducting swab sampling, monitoring oxygen levels, and ensuring isolation protocols.

## House Officer – Cardiology & Coronary Care Unit (CCU)

May 9, 2022 – August 8, 2022

- **Cardiac Monitoring & ECG Interpretation:**
  - Monitored patients with acute and chronic cardiac issues and interpreted ECGs to detect arrhythmias, myocardial infarction, and conduction blocks.
- **Emergency Cardiac Response:**
  - Assisted in managing cardiac emergencies including myocardial infarctions, angina attacks, and arrhythmias, with prompt medication and defibrillation support.
- **CCU Patient Care:**
  - Provided comprehensive care to patients admitted in the coronary care unit, including medication administration, vitals monitoring, and fluid management.
- **Advanced Life Support:**
  - Participated in resuscitation efforts and critical interventions such as CPR, advanced airway management, and use of cardiac life-saving protocols under supervision.

## ACHIEVEMENT

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- Improved patient retention and service efficiency by managing follow-up systems and streamlining appointment workflows. Collaborated on marketing strategies that increased patient inflow and revenue, while successfully launching healthcare packages and community outreach campaigns to enhance clinic visibility.

## CERTIFICATIONS & LANGUAGE PROFICIENCY

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- Basic Life Support (BLS) – Trained
- Advanced Trauma Life Support (ATLS) – Trained
- Cardiopulmonary Resuscitation (CPR) – Trained
- Automated External Defibrillator (AED) – Trained
- First Aid – Certified (University-Level)
- Occupational English Test (OET) – Qualified
- IELTS – Overall Band Score: 6.5 (2015)
- HSK (Chinese Proficiency Test) – Score: 145 (2020)