

RUSHI GAJJAR (MPT- MSK)

DHA No: 12180302

Mobile: +971568949241 | Address: Dubai, UAE | Mail: rushigaj375@gmail.com
| LinkedIn: <https://www.linkedin.com/in/rushi-gajjar-37846719a/>



SUMMARY

A committed physiotherapist with over 7 years of expertise in pain management, rehabilitation, and therapeutic activities who has also been DHA-evaluated. shown proficiency in the design, implementation, and evaluation of patient care. competent in management and administrative duties as well, such as team coordination, paperwork, and clinic operations. I'm looking for a challenging position in the Middle East where I can use my administrative and clinical expertise to improve patient care and facility productivity.

KEY ACHIEVEMENTS

Patient Outcome Enhancement:
Improved patient outcomes by 80% through personalized treatment plans.

Administrative Process Optimization:
Increased clinic efficiency by 60% by optimizing administrative processes.

Reduced Recovery Time:
Conducted therapy sessions that reduced recovery time by 20% for surgical patients.

Student Guidance Success:
Guided 120+ students in mastering physiotherapy techniques over four academic years.

CERTIFICATION

- Basic Life Support (BLS): AHA
- Certified Cupping (Hijama) Therapist: JP Academy
- Certified Dry Needling Therapist: JP Academy
- Certified Massage Therapist: IISDT

LANGUAGES

- English: Proficient
- Gujarati: Native
- Hindi: Native

EXPERIENCE

Senior Physiotherapist *iCURE Rehab* | 11/2022 – 02/2025 | India.

- Examine, diagnose and treat musculoskeletal and neurological conditions in people with impairments. Create customised treatment programs that incorporate manual therapy and therapeutic activities.
- Oversaw administrative duties such as scheduling, documentation and processing insurance claims. Oversaw administrative personnel and younger therapists to guarantee efficient clinic operations.
- Inform patients about lifestyle changes and injury avoidance. Use cutting-edge techniques such as shockwave treatment, laser, EMS, UVR, US, and cryotherapy.

Assistant Professor cum Clinical Physiotherapist *Ahmedabad Physiotherapy College, Parul University.* | 03/2021 – 02/2025 | India.

- Taught and guided students in the principles and methods of physical therapy. Oversaw clinical education, assisting students with patient care
- Performed studies and incorporated scholarly discoveries into therapeutic procedures. Carried out therapeutic exercises, manual therapy, and electrotherapy treatments.
- Coordinated with insurance companies, booked appointments, and maintained patient records. Oversaw patient education programs on at-home workouts and injury avoidance
- Trained patients on injury prevention techniques and exercises. Collaborated with medical professionals to deliver multidisciplinary patient care.

Senior Physiotherapist *Foresight Worldwide* | 03/2020 – 03/2021 | Gabon, Africa.

- Developed and carried out individualised rehabilitation plans
- Handled a range of ailments, such as neurological deficits and recuperation following surgery. Helped design treatments for a variety of ailments and evaluated patients.
- Executed therapeutic activities, electrical therapy procedures, and manual treatment. Coordinated with insurance companies, booked appointments, and maintained patient records
- Oversaw patient education programs on at-home workouts and injury avoidance. Trained patients on injury prevention techniques and exercises

Physiotherapist *Sainath Hospital* | 08/2019 – 03/2020 | India.

- Plan treatment for pre- and post-operative ailments such as sports injuries, THR, and TKR. Performed manual therapy, electrotherapy treatments, and therapeutic exercises.
- Coordinated with insurance companies, booked appointments, and maintained patient records. Oversaw patient education programs on at-home workouts and injury avoidance.
- Trained patients on injury prevention techniques and exercises, and worked together with medical specialists to provide interdisciplinary patient care.

LANGUAGES

- English: Proficient
- Gujarati: Native
- Hindi: Native

SKILLS

Manual Therapy, Neuro Dynamic Solution, Cupping, Tapping, Mobilisation, Soft Tissue Mobilisation, Massage, Dry Needling, Gait Analysis (Auptimo), PPS (OHM-3000), Microsoft products, Posture assessment, IASTM, ODFS-FES, LMS

PUBLICATIONS & RESEARCHES

- [GOOGLE SCHOLAR](#)
- [ORCHID](#)
- [VIDWAN](#)

STATE LICENSING

- **Dubai Health Authority**
Evaluated Physiotherapist: 12180302
- **Gujarat State Council for Physiotherapists**
GPC- 2475
- **Indian Association for Physiotherapists:**
L-49277

AWARDS

- Long Service Award, Parul University, 2025.
- Outstanding Academic contribution in the field of physiotherapy in 2024
- Managing “Physio Revolve 2024” Conference.
- The best clinic from Ahmedabad by Google reviews in 2022-23

MODERATOR & SESSION

- **Webinar on “Role of Physiotherapist in Sports and Fitness”** | S.B.B College of Physiotherapy | 2021 | India.
- **Webinar on “Functional Electrical Stimulation (FES) with a new perspective”** | Healthy Future | 2021 | India.
- **Webinar on “Virtual awareness programme about Down’s Syndrome”** | Vishalwin Foundation | 2021 | India.
- **Live session on “Maintaining Fitness at Home”** | Parul University | 2020 | India.

EXPERIENCE

Physiotherapist

S.J.B Trust | 10/2019 – 02/2020 | India.

- Created individualised treatment programs for a range of patient requirements. Performed wellness education outreach initiatives in the neighbourhood
- Kept track of patients' progress and modified therapy regimens as necessary. Developed individualised rehabilitation plans and carried out patient evaluations.
- Oversaw administrative duties such as scheduling, documentation, and processing insurance claims

Neuro Physiotherapist

Healthy Future | 09/2016 – 07/2019 | India.

- Focused on neuro and sports rehabilitation for ailments such as fractures, ACL injuries, Parkinson's disease, and stroke
- Made use of Neuro-trac, EMG biofeedback, and Functional Electrical Stimulation (FES)
- Developed rehabilitation plans for athletes with an emphasis on performance enhancement
- Oversaw administrative duties such as scheduling, documentation, and processing insurance claims.

EDUCATION

Master of Physiotherapy in Musculoskeletal

Gujarat University | 05/2017 – 04/2019 | India.

Bachelor of Physiotherapy

Gujarat University | 06/2012 – 06/2016 | India.

PROJECTS

Happy Migraine Device

02/2024 – Present | India.

- Low-voltage electrical currents are used in this non-invasive treatment to reduce migraine discomfort. It promotes the release of endorphins while activating neurons and preventing the brain from receiving pain signals. TENS is frequently used on the head or neck and is seen as a safe substitute for prescription drugs. Research indicates that it could lessen the frequency and severity of migraines, while individual efficacy varies.
- Received a screening grant of 75000 INR and a POC grant of 25000 INR from SSIP, Govt of Gujarat, India.

VOLUNTEERING

Field Visit | Lifecare Physiotherapy Modalities Manufacturer | 05/2024 | India.

Field Visit | Tapsi Physiotherapy Modalities Manufacturer | 10/2024 | India.

Stall Management | Vibrant Hackathon 4.0 | 2023 | India.

Co-Ordinator | 36 National Games | 2022 | India.