

ARYAMOL T. R, DHA-Registered Nurse | Medical & Surgical ICU, Cardiac ICU, ER Department | 8.3 Years' Experience in Critical Care

Al karama, Dhabi, United Arab Emirates | Visit Visa, +971 563085839, aryamoltr94@gmail.com

Date of birth : 18 July 1994 Nationality : Indian Passport Number : R1121746 Marital Status : Married
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PROFESIONAL SUMMARY Dedicated and DHA-licensed Registered Nurse with over 8.3 years of hands-on experience in Medical ICU, Surgical ICU, and Cardiac across top-tier hospitals in the UAE and India. Adept in managing high-acuity patients, ventilator support, tracheostomy care, PEG feeding, CRRT monitoring, and emergency interventions. Proven ability to deliver patient-centered care aligned with HAAD protocols, maintaining 100% accuracy in medication administration and EMR documentation. Holds certifications in BLS and ACLS from the American Heart Association. Strong advocate for teamwork, patient education, infection control, and ethical medical practices. Seeking to contribute to a dynamic healthcare team in the UAE with compassion, clinical expertise, and a commitment to continuous learning.

PROFESSIONAL EXPERIENCE

Employer : Burjeel Medical City, Abu Dhabi
Designation : Registered Nurse
Area of Experience : Medical & Surgical ICU, Cardiac ICU
Duration : Aug 2022 To Aug 2025

Employer : Pushpagiri Medical College Hospital, Thiruvalla , India
Designation : Staff Nurse
Area of Experience : Surgical ICU
Duration : Nov 2019 To July 2022

Employer : Jaslok Hospital and Research Centre, Mumbai , India
Designation : Staff Nurse
Area of Experience : Medical and Surgical ICU, CCU
Duration : July 2017 To Aug 2019

Employer : Apollo Main Hospital, Chennai, India
Designation : Staff Nurse
Area of Experience : Emergency
Duration : Sept 2016 To Jun 2017

• SKILLS AND RESPONSIBILITIES.

- Preparing and assisting the physician in performing procedures like central line insertion, chest tube insertion, endotracheal tube insertion, tracheostomy, bone marrow aspiration, arterial line insertion, ascitic fluid tapping, bedside scopies, lumbar puncture.
- Assisting for intubation and CPR
- Priming and maintenance of CRRT
- CVC, HD Catheter and PICC insertion
- Assisting for Lumbar Puncture
- Assisting for ICD insertion
- Assisting for Pleural and Ascitic Tapping
- Assisting for Tracheostomy, arterial canula insertion
- Collection of sterile specimens like blood, urine, stool , sputum, tracheal secretion and taking 12-lead ECG.
- Monitoring CVP, ABP ,PAP.
- Performing procedures like nasogastric insertion, catheterization, IV-line insertion ,bladder irrigation ,tracheostomy care ,wound care ,tracheal suctioning.
- Cardio-pulmonary resuscitation, skin care, perineal care, catheter care , invasive line care ,diet planning ,chest physiotherapy and health education.

EQUIPMENT USED

- E.C.G.Machines
- Ventilators
- Infusion pumps
- Suction apparatus
- Glucometer
- Feeding pump
- AMBU bag
- Laryngoscope
- Pulse Oxymeter
- Cardiac Monitor
- Defibrillator
- Portable BIPAP Machine
- Thermometer
- CRRT Machine
- ECMO Machine

LICENSE AND CERTIFICATIONS

- BLS – American Heart Association - Expiry Oct-2027
- ACLS - American Heart Association - Expiry July-2026
- DHA - Expiry 21-Oct-2026

EDUCATION

Sept 2012 — Aug 2016	B.Sc. Nursing, MGR University, Apollo College of Nursing Chennai, India
Jun 2010 — Mar 2012	Higher Secondary Education, Board of Higher secondary, MGDHSS, Kerala, India
Jun 2009 --- Mar 2010	Secondary School Leaving Certificate (SSLC), St. Therasas BCHSS, Kerala, India

LANGUAGES

English	Malayalam
Hindi	Tamil, Arabic

REFERENCES

1. Mrs. Neethu George, ICU Manager Burjeel Medical City Hospital-MBZ, Abudhabi. Mob : +971566224757
2. Mrs. Mollykutty Mathew, Nursing Superintendent Pushpagiri Medical College Hospital, Thiruvalla, Kerala-689101

DECLARATION

I hereby declare that the above-mentioned information is true and correct to the best of my knowledge and belief.

Place : Dubai

Date : 2025

ARYAMOL T.R
