



POONAM

STAFF NURSE

PROFILE

PROFESSIONAL SUMMARY

Dedicated and compassionate Registered Nurse with over 3 years of hands-on experience in Neonatal and Pediatric Intensive Care Units (NICU & PICU). Skilled in critical care nursing, life-saving procedures, ventilator management, and advanced pediatric patient monitoring. Known for delivering exceptional care under pressure, mentoring junior staff, and collaborating with multidisciplinary teams to ensure high standards of care. Holds a valid DHA license and BLS certification. Currently in Dubai on a visit visa and actively seeking full-time opportunities in a hospital or clinical setting specializing in pediatric and neonatal care.

PROFESSIONAL EXPERIENCE

Senior Staff Nurse - NICU & PICU

S.P.S Memorial Children Hospital, Hoshiarpur, Punjab July 2023 - August 2024

- Delivered direct, evidence-based nursing care to critically ill neonates and pediatric patients.
- Operated and managed ventilators, incubators, phototherapy units, and infusion pumps.
- Performed emergency procedures including CPR, intubation assistance, central/arterial line management, and NG tube insertion.
- Maintained strict infection control and safety standards in line with hospital protocols.
- Coordinated with doctors, consultants, and allied staff for care planning and patient rounds.
- Supervised junior nurses and ensured compliance with hospital guidelines.
- Educated and counseled family members on infant care, feeding, post-discharge recovery, and emotional well-being.

Staff Nurse - NICU & General Pediatrics

S.P.S Memorial Children Hospital, Hoshiarpur, Punjab June 2021 - June 2023

- Provided comprehensive care to neonatal and pediatric patients in both intensive and recovery wards.
- Assessed patient condition, recorded vital signs, and promptly reported changes to physicians.
- Supported delivery room and emergency resuscitation procedures.
- Administered medications and IV therapy with precision and diligence.
- Ensured proper documentation using electronic and manual medical records.
- Participated in training programs, infection control seminars, and professional development sessions.

CONTACT

+971547227558
+971 558992436

poonamarvind96@gmail.com

Dubai, UAE

PERSONAL INFORMATION

- Date of Birth: 02 September 1996
- Gender: Female
- Nationality: Indian
- Marital Status: Married
- Passport Number: T0438828
- Visa Status: Visit Visa (Dubai, UAE)

CORE SKILLS

- Paediatric & Neonatal Critical Care
- Emergency & Life Support Procedures
- Ventilator & Equipment Handling
- Intravenous Cannulation & Drug Administration
- Family Education & Post-Discharge Planning
- Clinical Documentation & EMR Systems
- Leadership, Team Supervision & Training
- Adherence to Infection Control Protocols

LANGUAGES

- English – Proficient (C2)
- Hindi – Native (C2)
- Punjabi – Native (C2)
- Urdu – Upper Intermediate (B2)

HOBBIES & INTERESTS

- Practicing Yoga & Meditation
- Baking and Cooking
Traditional & International Cuisine
- Exploring New Destinations
- Researching Health Trends and Child Development
- Watching Medical Dramas and Documentaries

REFERENCES:

References are available upon request.

CERTIFICATIONS & LICENSES

DHA License – Assistant Nurse (Valid until 2027)

- Basic Life Support (BLS) – National CPR Foundation (Valid: March 2025 – March 2027)
- Infection Control Training (Internal Hospital Workshops)
- NICU Advanced Care & Resuscitation (In-house Training Program)
- Health Homeo . In training
- Basic computer and MS office training
- Basic E-mails and letters typing training

EDUCATIONAL ATTAINMENT

Diploma in General Nursing and Midwifery (GNM)

Shri Guru Ram Dass College of Nursing, Hoshiarpur

**Affiliated with Punjab Nurses Registration Council,
Mohali 2015 – 2018**

**Senior Secondary Certificate- G.T.B Khalsa Public School
Dasuya, Punjab School Education Board**

DECLARATION

I hereby declare that the information provided above is true and correct to the best of my knowledge and belief. I take full responsibility for the authenticity of the details mentioned and am prepared to provide supporting documents as required. I am committed to upholding the highest standards of professionalism and patient care in all my responsibilities.

POONAM: