

# LUBNA K

## DHA PHARMACIST

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## SUMMARY

Detail-oriented and DHA-licensed Pharmacist with 3+ years of experience in both hospital and retail pharmacy settings. Skilled in prescription dispensing, clinical review, patient counseling, and pharmacovigilance. Proven ability to optimize medication safety, ensure regulatory compliance, and provide evidence-based pharmaceutical care. Adept at managing controlled substances, maintaining accurate inventory, and collaborating with multidisciplinary healthcare teams to enhance patient outcomes.

## EXPERIENCE

### Community Pharmacist

#### Medi Save Pharma

10/2023 - 07/2025 | Malappuram, Kerala

- Accurately dispensed 1,000+ prescriptions monthly in compliance with DHA and MOH regulations, ensuring patient safety and correct dosage.
- Conducted medication therapy reviews (MTRs), identifying drug interactions and improving treatment adherence by 15%.
- Counseled patients on dosage, side effects, storage, and lifestyle modifications, increasing medication compliance rates.
- Ensured strict handling of controlled and H1 medications, reducing regulatory discrepancies to zero audit findings.
- Implemented an inventory management system, reducing medication stock-outs by 20%.
- Assisted in pharmacovigilance reporting by documenting and escalating adverse drug reactions (ADRs).
- Trained new pharmacy staff on standard operating procedures (SOPs) and patient interaction protocols.

### Hospital Pharmacist

#### MPC Hospital

04/2022 - 10/2023 | Kozhikode, Kerala

- Reviewed prescriptions for accuracy, detecting and resolving potential errors in 8% of cases before dispensing.
- Collaborated with physicians and nurses on dose adjustments and therapeutic substitutions to optimize patient outcomes.
- Managed medication storage, ensuring 100% compliance with cold chain and safety protocols.
- Educated in-patients and out-patients on treatment regimens, improving discharge medication understanding.
- Assisted in antibiotic stewardship programs, reducing inappropriate prescriptions.
- Monitored and replenished emergency drug stocks in ICU and ER.
- Supported hospital quality audits and NABH accreditation compliance.

## EDUCATION

### Bachelor of Pharmacy (B.Pharm)

#### Kannur Medical College

2015 - 2019 | Kannur, India

## PROJECTS

### Formulation and evaluation of Emulgel for topical administration

Kannur Medical College

## TRAINING & LICENSE

### DHA Licensed Professional – Dubai Health Authority

License Number: 32546625

### Trainee Pharmacist

Relief Hospital & Trauma Center – Aug  
2019

## KEY ACHIEVEMENTS

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### Enhanced Prescription Accuracy

Delivered 250+ patient counseling sessions on dosage, side effects, and lifestyle modifications, improving treatment compliance rates by 15%.

### Regulatory Compliance Excellence

Handled controlled and H1 medications with precision, achieving zero audit discrepancies and full compliance with DHA/MOH regulations.

### Improved Patient Adherence

Delivered 250+ patient counseling sessions on dosage, side effects, and lifestyle modifications, improving treatment compliance rates by 15%.

### Optimized Inventory Management

Implemented systematic stock monitoring, which reduced medication stock-outs by 20% and minimized drug wastage.

## STRENGTHS

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### Patient-Centered Care

Strong commitment to ensuring patient safety and education through effective counseling and medication guidance.

### Analytical & Critical Thinking

Ability to identify potential drug interactions, optimize therapy plans, and support clinical decision-making with evidence-based approaches.

### Regulatory & Ethical Compliance

Thorough knowledge of DHA/MOH regulations with a proven record of maintaining 100% compliance in handling prescriptions and controlled substances.

### Team Collaboration & Communication

Excellent interpersonal and communication skills that foster smooth coordination with physicians, nurses, and healthcare staff for better patient outcomes.

## SKILLS

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Dispensing	Counseling	Inventory	Compliance	Pharmacovigilance	Documentation
Collaboration	Critical Thinking	Prescription Review	Drug Safety	Stock Management	
Patient Care	ADR Reporting	Medication Therapy	Controlled Drugs	Time Management	
Record Keeping	Communication	Teamwork	Attention to Detail		

## LANGUAGES

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English – Fluent

Malayalam – Native

Hindi – Basic

## PERSONAL DETAILS

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Date of Birth: 08 April 1998

Nationality: Indian

Marital Status: Married