



# NUWAN BUDDHIKA

REGISTERED NURSE (IN SRI LANKA)  
DHA-ELIGIBLE ASSISTANT NURSE

## Contact

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### Address

Block 205, City Burger Restaurant  
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 Sri Lankan



Nuwan Buddhika

## Personal Profile

- Visa Status - Valid till 28/01/2026
- Date of birth : 21/08/1997
- Passport Number : N9878520
- Gender : Male

## Language

- English - Fully Work Proficiency
- Sinhala - Native

## Affiliations

- DHA Registered Assistant Nurse (Unique ID – 25704089)
- Registered Nurse ( Sri Lanka Nursing Council - 26199)

## Areas of Expertise

- Collecting Blood Samples & IV Cannulations
- Emergency Nursing Care
- Medication Administration (Oral & IV)
- Patient Assessments & Care Planning
- Dental Assistance
- Infection Prevention & Control
- CPR, BLS & ACLS (Therapy & Emergency Response)
- Multidisciplinary Team Collaboration
- Healthcare Regulation & Compliance
- Patient Communication & Education
- Tracheostomy Care
- Catheterization
- Critical Nursing Care
- Tube Feeding Management
- Vital Signs Monitoring
- ECG, Blood Sugar
- Surgical and Wound care
- Electronic Medical Records Management
- Team Leadership and Mentorship

Dedicated and DHA-registered Assistant Nurse with solid experience as a Registered Nurse in Sri Lanka, delivering high-quality patient care across outpatient, intensive care, geriatric, and long-term care settings. Skilled in medication administration, emergency response, advanced nursing procedures, and multidisciplinary patient management. Experienced in handling critical and high-pressure clinical environments, operating advanced medical devices, and providing comprehensive assessments and individualized care plans. Demonstrates strong competence in infection control, chronic disease management, wound care, geriatric care, and emergency interventions such as CPR, BLS, tracheostomy care, PEG/NG tube management, catheterization, and IV cannulation. Recognized for compassionate patient support, accurate documentation, and strict adherence to clinical protocols and hospital standards. Fully committed to ensuring patient safety, promoting comfort, and contributing effectively to healthcare teams within fast-paced medical environments.

## WORK EXPERIENCE

Registered Nurse

2022 - 2025

**National Institute Of Mental Health Hospital, Sri Lanka**



### 1. ACUTE PSYCHIATRIC WARD

- Actively participate in identifying psychiatric illnesses, triaging patients, and planning further nursing care on admission.
- Provide special nursing observation to patients who require it, such as those at suicidal risk.
- Administer medications, clean and bandage wounds, perform cannulation, blood drawing, and blood administration.
- Respond to psychiatric emergencies.
- Assess and manage alcohol-dependent patients and reduce alcohol withdrawal symptoms.
- Educate patients and their relatives on health promotion and illness prevention.

### 2. OPD & ETU

- Conduct patient assessment and care planning.
- Provide direct patient care: medication administration, wound care, and comfort/support.
- Educate patients on health promotion.
- Supervise other staff and students.
- Maintain patient records.
- Implement emergency care procedures when necessary.

### 3. DENTAL UNIT

- Prepare patients for dental procedures.
- Sterilize dental instruments and equipment.
- Educate patients on proper oral hygiene practices.
- Maintain accurate patient records.
- Provide exceptional patient care and comfort.

### 4. PSYCHIATRIC GERIATRIC WARD

- Manage chronic conditions, especially in patients with Alzheimer's disease, and promote cognitive health.
- Provide education and support for healthy aging.
- Assist with activities of daily living and promote mobility.

### 5. MEDICAL CARE UNIT

- Perform comprehensive health assessments, monitor vital signs, and develop individualized care plans based on patient conditions.
- Administer medications accurately and safely, monitor for adverse reactions, and educate patients about their medications.
- Conduct wound assessments, clean and dress wounds, and educate patients on wound care and prevention.
- Initiate and maintain IV therapy, monitor for complications, and adjust treatments to maintain hydration and electrolyte balance.
- Respond to medical emergencies.

## Soft Skills

- Excellent Communication & Interpersonal Skills
- Strong Team Collaboration
- Empathy & Patient-Centered Care
- Time Management & Prioritization
- Adaptability in High-Pressure Environments
- Problem-Solving & Clinical Decision-Making
- Attention to Detail & Accuracy
- Professional Ethics & Responsibility

Registered Nurse - Volunteer

2022 - 2025

### OMAZ Nursing Home, Sri Lanka



- Prepared, administered, and accurately documented prescribed medications in compliance with clinical protocols.
- Provided comprehensive supportive therapies to reduce patient stress, discomfort, and pain, ensuring a compassionate care environment.
- Identified, monitored, and effectively managed common geriatric syndromes to enhance the overall well-being of older adults.
- Collected blood, tissue, and other laboratory specimens following strict safety, hygiene, and diagnostic procedures.
- Demonstrated hands-on experience in Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR), responding promptly to emergency situations.

## PROFESSIONAL QUALIFICATIONS

### Diploma in General Nursing (03 years)

Nursing Training College of Kalutara, Sri Lanka | 2018–2021

### Certificate Course of Mental Health Awareness Program

National Institute of Mental Health, Sri Lanka - 2024

### Basic Life Support (BLS)

American Safety and Health Institute, Sri Lanka - 2025

### Certificate in Advancing Career Skills

Department of Technical Education and Training - 01/2018

### Passed DHA Prometric Exam

## EDUCATION

### G. C. E. Advanced Level Examination

Department of Education - 2017

### G. C. E. Ordinary Level Examination

Department of Education - 2013

## REFERENCES

Available on Request

## DECLARATION

I hereby declare that the information provided in this CV is true and correct to the best of my knowledge.