

Dr. Rizmi Tahir

MBBS, FCPS (General Surgery), DOH (HAAD)



Summary

I am a recently qualified general surgeon with a strong passion for patient care and surgical excellence. Committed to continuous learning and high-quality clinical practice, I am eager to continue my career in a dynamic healthcare setting in the UAE and ready to start as a **GP-Surgery**.

Experience

Senior Registrar Surgery – Nov 2024-Till date

Shifa International Hospital Islamabad, Pakistan

- General Surgical procedures, OPD, IPD, Teaching of medical students.

Medical Officer – Jan 2024- Nov 2024

Saeed International Hospital Islamabad, Pakistan

- pre-operative and post-operative care, assisting in surgical procedures, conducting patient rounds, managing general ward

FCPS || General Surgery – Jan 2020- Dec 2023

Hayatabad Medical Complex Peshawar, Pakistan

- Gained skills in performing independent Open Cholecystectomy, Appendectomy, Extensive Debridement, Biopsy, hernia repair, In-grow toe nail removal, exploratory Laparotomy, incision & Drainage, hemorrhoidectomy, lateral internal sphincterotomy, splenectomy, Trepphine colostomy, feeding jejunostomy, Graham patch omentopexy, Bowel resection and anastomosis, lipoma and sebaceous cyst removal.
- Developed expertise in managing Acute surgical abdomen, firearm injuries, and road traffic accidents.
- Acquired proficiency in Laparoscopic general surgery procedures
- Gained experience in performing preoperative assessments and post operative follow up care
- Participated in Seminars, workshops and Conferences and kept myself updated in my subject.
- Research experience: Title: "FREQUENCY OF H-PYLORI AMONG PATIENTS WITH DUODENAL PERFORATION" Role: Principal investigator

Medical Officer Liver Transplant – Nov 2018 to Jun 2019

Shifa International Hospital Islamabad, Pakistan

- In-Patient management of Hepatobiliary Patients
- ICU management
- Indulged in Research work

House Job , Medicine and Allied – Aug 2017 – Feb 2018

Pakistan Institute of Medical Sciences Islamabad, Pakistan

- out-patient and in-patient management of General Medicine and Pulmonology patients.

Contact

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Expertise

- Surgical Emergencies
- Acute Trauma Management
- Out-Patient and In-Patient management
- All minor surgical skills
- Basic Laparoscopic skills
- Quick Learner
- Hard Working & Career Oriented.

Medical Licenses

- **PMDC # 86794-P**
- **Fellow College of Physician and Surgeon Pakistan (SGR-24-37849)**
- **DOH (HAAD) license**
- **ATLS® (American College of Surgeon)**
- **MRCS-A (Edin.) Pass**

House Job, Surgery and Gynecology – Feb 2017- Aug 2017

Pakistan Institute of Medical Sciences Islamabad, Pakistan

- As a house surgeon I developed my skills in diagnosis and treating patients with general surgical ailments.
- Out and In patient care of Gynecological and Obstretic patient.
- Performed multiple Deliveries.

Education

FCPS in General Surgery – Jan 2020 - Dec 2024

College of Physician and Surgeon, Pakistan

Bachelor of Medicine and Bachelor of Surgery – Dec 2011- Dec 2016

Bahria University Medical and Dental College Karachi, Pakistan

INTERMEDIATE - 2011

F-G College F-7/2 Islamabad

MATRICULATION - 2009

Pak-Turk International School and College Islamabad

Publications

- Hafeez Bhatti, A. B., **Tahir, R.**, et al. (2020). Living donor liver transplantation for intra hepatic cholangiocarcinoma. *Annals of Medicine and Surgery*, 57, 82–84.
- Bhatti, A. B. H., Qureshi, A. I., **Tahir, R.**, et al (2020). When to call it off: defining transplant candidacy limits in liver donor liver transplantation for hepatocellular carcinoma. *BMC Cancer*, 20(1).
- Alam, M., **Tahir, R** et al. (2023). Frequency of Helicobacter Pylori (H. Pylori) among patients presenting with Duodenal Perforation. *Pakistan Journal of Medical & Health Sciences*, 17(3), 142–144.
- Ahmad, S., Amin, S., Alam, M., & **Tahir, R.** et al (2023). Frequency of Breast Abscess among Lactating Women Presenting to Ambulatory Care of Tertiary care Hospital. *Pakistan Journal of Medical & Health Sciences*, 17(3), 152–154.
- Alam, M., [...] & **Tahir, R.** (2023). Post-Cholecystectomy Biliary Dilatation. *Pakistan Journal of Medical & Health Sciences*, 17(2), 249–250.
- Ahmad, S., Alam, M., Ali Gohar Khan, **Tahir, R.**, & Amin, S. (2023). Bile Duct Reconstruction: Results of Various Techniques. *Pakistan Journal of Medical & Health Sciences*, 17(2), 251–252.

Languages

- English
- Urdu
- Hindi
- Pashto

Additional Experience

- **Rotational Training in:**
 - Orthopedic
 - Plastic Surgery
 - Urology
 - Cardiothoracic Surgery

References:

Associate Professor

Dr. Qamar Hafeez Kiani MBBS,FCPS, FRCS (UK), EBSQ (Colpoproctology) General & Laparoscopic Surgeon Shifa International Hospital, Islamabad

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Associate Professor

Dr. Siddque Ahmad MBBS,FCPS General & Laparoscopic Surgery Department of General Surgery, Hayatabad Medical Complex, Peshawar

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Workshops/Certificates

- Advance Trauma Life support (ATLS) certified by American college of surgeons- Sep 2024
- Fundamentals of Laparoscopic Surgery – June 2023
- Laparoscopic Bariatric and Endosuturing Hands-On (VET LAB) workshop- Nov 2021
- BLS Workshop and certification – Sep 2021
- Workshop on Communication skills by College of Physician and Surgeon Pakistan – March 2021
- Workshop on Primary Surgical Skills by College of Physician and Surgeon Pakistan – March 2021
- Workshop on Introduction to computers and internet by College of Physician and Surgeon Pakistan – Feb 2021
- Workshop on Research and Methodology by College of Physician and Surgeon Pakistan – Feb 2021
- BLS/ACLS Workshop and Certification Nov 2018
- Certificate of Merit in Anatomy, Biochemistry and Physiology in first professional MBBS exam.