

# ASHA M NAIR

Registered Nurse

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- Al Nahda, Sharjah, UAE

## PROFILE

A dedicated and patient-focused Registered nurse with total 8years (2year in KSA) solidly credentialed experience in Emergency, IMCU, Pre & Post Operative Cardiac and Medical ward nursing. Ability to remain calm under pressure, strengths in making swift and correct decisions in emergency situations, Exceptional capacity to multitask; manage competing priorities with ease while fostering delivery of superior patient care.

## WORK EXPERIENCE

### NS Memorial Institute of Medical Sciences

Staff Nurse, Kerala, India | August 2021 – February 2025

Area of work in Gynaecology, Paediatric, Orthopaedic, Medical and surgical ward.

### King Khalid Hospital, Sharorah General Hospital

Registered Nurse, KSA | June 2011 – May 2013

Area of work in ER, PHC

### Frontier Life Line Hospital, India

Staff Nurse, Chennai, India | February 2009 – April 2011

Area of work in CCU, Adult & Pediatric post operative ICU.

## DUTIES & RESPONSIBILITIES

- Trained and experienced in performing various medical procedures and patient care functions, including intravenous cannulation, first aid, emergency and trauma care, and administration of medications through multiple routes.
- Proficient in assisting with procedures like knee aspiration and thoracentesis, as well as providing comprehensive pre-, intra-, and post-operative care.
- Skilled in dressing changes, suture removal, suctioning, rehabilitation, health counseling, and discharge teaching. Competent in performing cardiopulmonary resuscitation (CPR), RT feeding, perineal care, antenatal and postnatal examinations, and newborn care.
- Experienced in the use of comfort devices, application of splints, care for unconscious patients, and traction care (pelvic, skin, and cervical). Capable of handling blood transfusions and effectively managing all hospital emergencies.
- Nursing care for each client in accordance with client's individuality, abilities, culture and choices.
- Documents the nursing care of each client from admission to discharge, in accordance with the general principles and legal requirements for documentation.
- Served as a member of interdisciplinary healthcare teams in providing critical care and performing life-saving interventions.
- Efficiently and knowledgeably provided RN care for all ER patients. Handled intubations, defibrillations, auto transfusions, IV starts, A-line setups, splinting, suturing and more.



## EDUCATION

Bachelor of Nursing, Andhra University  
2008

VHSE, Kerala University  
2004

## PROFICIENCIES

- Basic Life Support
- Patient/Family Education
- Med/Surg
- Tracheostomy Care
- ER Procedure

## CERTIFICATIONS

Ministry of Health & prevention (MOH)  
Eligibility No: 334741

Saudi Commission for Health Specialties  
Register No: 12-N-N-0004101

Kerala Nursing Council  
Register No: 3246

## LANGUAGES

- English
- Malayalam
- Hindi
- Arabic