



ATHIRA RAJAN

Registered Nurse (DHA Licensed)

✉ athiraedayadath@gmail.com

☎ 055 936 5137, 050 233 6132

DHA ID : 46380525

Compassionate and DHA-eligible Registered Nurse with 4 years of hands-on experience in high-acuity medical-surgical and critical care environments. Proven expertise in emergency interventions (BLS, ACLS), tracheostomy care, IV therapy, and the operation of advanced life-support equipment. Adept at multidisciplinary collaboration, accurate clinical documentation, and delivering patient-centered care under pressure. Eager to contribute to a progressive healthcare facility in the UAE that values clinical excellence, teamwork, and continuous improvement in patient outcomes by securing a challenging nursing position to delivering patient-centered care in alignment with international healthcare standards.

WORK EXPERIENCE

NURSE

September 2021 to January 2025

BABY MEMORIAL HOSPITAL KOZHIKODE

KERALA, INDIA

JOB RESPONSIBILITIES

- Delivered direct patient care in a 24-bedded medical-surgical and critical care unit at a NABH-accredited hospital in Kerala.
- Monitored and documented vital signs, fluid balance, and neurological status, ensuring early detection of patient deterioration.
- Administered medications, IV fluids, and blood transfusions under physician supervision, following strict safety protocols.
- Provided wound dressing, tracheostomy care, catheter care, and assisted with pressure ulcer prevention and management.
- Performed emergency procedures, including CPR and supported code blue team response during critical patient events.
- Operated critical care equipment such as BiPAP, HFNC, suction machines, infusion and syringe pumps, and cardiac monitors.
- Maintained accurate and timely patient records, nursing notes, and shift handover documentation using standardized formats.
- Assisted in post-operative recovery, including pain management, surgical site observation, and mobility support.
- Collaborated with a multidisciplinary team, including doctors, physiotherapists, dietitians, and laboratory staff, to implement care plans.
- Educated patients and caregivers on treatment regimens, medication use, discharge instructions, and lifestyle modifications.
- Followed hospital infection control protocols, aseptic techniques, and hand hygiene compliance as per NABH standards.
- Supported diagnostic and minor procedures, including IV cannulation, blood collection, ECG monitoring, and catheter insertions.
- Provided emotional and psychological support to patients and families during critical and end-of-life situations.
- Participated in internal audits, clinical training, and nursing education programs to enhance care delivery and stay updated with best practices.

CLINICAL EXPERTISE

- Medical-Surgical Nursing
- Post-Operative Care
- Emergency Nursing
- Patient Safety & Risk Assessment
- Multidisciplinary Coordination
- Pain Management
- Vital Signs Monitoring
- Tracheostomy & Wound Care

ACADEMICS

- **BSc Nursing** **2016 - 2021**
Baby Memorial College Of Nursing
Kerala University of Health Science
- **Higher Secondary Certificate (HSE)** **2016**
Board of Higher Secondary Education, Kerala

LICENSES & CERTIFICATIONS

- Registered Nurse – Kerala Nurses and Midwives Council
Registration Number: KL03202101165
- Dubai Health Authority (DHA) – Eligibility Exam
Status: Passed
- Basic Life Support (BLS)
Certifying Body: American Heart Association (AHA)
- Advanced Cardiovascular Life Support (ACLS)
Certifying Body: American Heart Association (AHA)

DHA Eligibility

- Eligibility ID: 46380525-RNT0312-1
DHA Unique ID: 46380525
Exam Result: Passed (14-03-2025)
Data Flow: Completed
Issue Date: 11-07-2025

PERSONAL INFORMATION

- Date of Birth : 21/07/1998
- Nationality : India
- Marital Status : Married
- Passport No. : C2339814
- Language Known : English, Hindi, & Malayalam
- Visa Status : Visiting visa

DECLARATION

I hereby declare that all the information contained in this resume is in accordance with facts or truths to my knowledge. I take full responsibility for the correctness of the said information.