

## Dr. Aisha Ahmed

Address: Al Barsha1 UAE  
Tel: +971567590708  
Email: a.ahmed14@gmail.com  
On Spouse Visa  
DHA Eligibility letter in hand

### Professional Profile

---

- A qualified and dynamic professional with proven experience in the medical field. I aspire to work to promote a healthy lifestyle and help people maintain their quality of life. I have several years of experience, an unwavering commitment to clinical service delivery with the ability to build productive relationships, resolve complex issues and deliver quality patient care.
- Broad international exposure to various countries (U.S.A, U.K, UAE and PK) with a unique understanding of personalities and cultures which make me a perfect fit for dealing with and handling multicultural environments.

### Experience

---

<b><i>Pakistan Medical Centre, Dubai, UAE</i></b> Clinical Volunteer-General Practice	Jan 2025 – Date
<b><i>Ipswich Hospital, Ipswich, UK</i></b> Trust Doctor- Department of Medicine	Nov 2022 – Dec 2024
<b><i>Whipps Cross University Hospital, London, UK</i></b> Clinical Observer- Department of Medicine	Oct 2022 – Nov 2022
<b><i>Newham University Hospital, London, UK</i></b> Clinical Observer – Department of Psychiatry and Emergency Medicine	Jul 2022 – Sep 2022
<b><i>Maternity Break</i></b> Dedicated mother of three lovely girls	Jan 2015 – Jul 2022
<b><i>Queen's Medical Care, New York, U.S.A</i></b> Clinical Extern – Department of Internal Medicine	Mar 2014 – Nov 2014
<b><i>Doctor's Hospital and Medical Centre, Lahore, Pakistan</i></b> Medical Officer – Department of Medicine	Aug 2008 – May 2009
<b><i>University of Central Florida, Florida, U.S.A</i></b> Research Associate	Aug 2007 – Jun 2008
<b><i>Shaukat Khanum Memorial Hospital, Lahore, Pakistan</i></b> Medical Officer – Department of Adult Oncology	May 2007 – Jul 2007
<b><i>American Medical Research, Illinois U.S.A</i></b> Clinical Extern – Clinical Drug trials	Feb 2007 – Apr 2007
<b><i>Caritas Carney Hospital, Massachusetts, U.S.A</i></b> Clinical Observer– Department of Medicine	Dec 2006 – Jan 2007
<b><i>Hinsdale Hospital &amp; Riverside Clinic, Illinois, U.S.A</i></b> Medical Extern – Department of Psychiatry	Jun 2006 – Aug 2006
<b><i>Intermed Clinic, Illinois, U.S.A</i></b> Medical Extern – Family Medicine	Apr 2006 – Jun 2006
<b><i>Dr Zaheer Clinic (Pvt), Lahore, Pakistan</i></b> Clinical Extern-General Practice	Aug 2004 – Jul 2005
<b><i>Services Hospital, Lahore, Pakistan</i></b> House Officer – Department of General Surgery & Medicine	Jul 2003 – Jul 2004

### Education and Qualifications

---

MBBS (Bachelor of Medicine & Surgery)	Fatima Jinnah Medical University	Feb 2004
ECFMG Certification (USA)		Jul 2006
GMC Registration (UK)		Aug 2022

## Skills & Strengths

---

### AREAS OF STRENGTH

- Outstanding communication skills
- People management and training
- Event management and organization
- Managing multiple priorities and deadlines
- Strong team player, organized and detail oriented
- Ability to work autonomously and in team environment
- Exercise discretion, sensitivity and maintain confidentiality
- Active listener & quick learner with eagerness to improve

### TECHNICAL SKILLS

- MS Office Suite; Word, Excel, Outlook
- Collaboration Tools; Zoom, Google classroom

### LANGUAGES

- English – fluent / native
- Urdu – fluent / native
- Hindi – proficient
- Punjabi – proficient

## Detailed Work Experience

---

### ❖ *Pakistan Medical Centre, Dubai, U.A.E*

Clinical Volunteer, General Practice: Jan 25 to Date

- Engaging in discussions with medical staff, enhancing knowledge of common conditions encountered in local community with treatment protocols.
- Assisting in administrative tasks including managing patient records and preparing documentation.
- Shadowing healthcare professional to understand healthcare delivery in light of local protocols.
- Gaining familiarity with in operation electronic medical records systems.
- Actively participating in case management discussions by gathering and analyzing relevant clinical information.
- Cultivated strong communication skills and built professional relationships with patients, nurses and healthcare staff.

### ❖ *Ipswich Hospital, Ipswich, U.K*

Trust Doctor, Department of Medicine: Nov 22 to Dec 24

- Reviewed and managed patients on elderly care wards, assessing case notes and investigations.
- Diagnosed and formulated management plans for common conditions such as respiratory and urinary tract infections, hypertension, diabetes, and heart failure in conjunction with multi-disciplinary teams.
- Coordinated investigations and facilitated departmental referrals, ensuring comprehensive patient care.
- Presented complex cases at multi-disciplinary team meetings, after reviewing clinical data to guide treatment decisions.
- Built strong relationships with patients and families, ensuring clear communication of diagnoses, treatment plans and follow-up care.
- Contributed to daily ward rounds, case discussions and care planning to ensure seamless patient management.
- Managed case documentation, prepared discharge summaries, referral letters and updated electronic medical records for continuity of care.
- Undertook data collection, interpretation, presentation of clinical audit and implementation of quality improvement initiatives.

### ❖ *Whipps Cross University Hospital, London, U.K*

Clinical Observer, Department of Medicine: Oct 22 to Nov 22

- Contributed to data gathering and overall case evaluation and management discussions.
- Developed excellent communication skills and professional rapport with patients, nurses and the ancillary staff.
- Presented cases and contributed to case management discussions by seeking out relevant information.
- Diligently attended and participated in morning reports, MDT meetings and attending rounds.
- Researched, prepared and presented educational power point presentation on short notice.
- Prepared and presented clinical audit on urinary catheter insertion documentation.

### ❖ *Newham University Hospital, London, U.K*

Clinical Observer, Department of Psychiatry: Jul 22 to Aug 22

Clinical Observer, Department of Accident and Emergencies: Aug 22 to Sep 22

- Astutely followed the attending consultants and the resident team in hospital emergency, triage and liaison services.
- Contributed to history taking and overall case evaluation and management discussions.
- Developed excellent communication skills and professional rapport with patients, nurses and the staff.

- Presented cases and contributed to case management discussions by seeking out relevant information.
- Diligently attended and participated in morning reports, MDT meetings and attending rounds.
- Closely observed and contributed to relevant information documentation to electronic medical records (Cerner Millennium, Rio).

❖ ***Queen's Medical Care, New York, U.S.A***

*Clinical Extern, Department of Internal Medicine: Mar 14 to Nov 14*

- Conducted medical history taking, physical examinations and analysis of medical history of the patients.
- Ordered relevant investigations, updated medical records and participated in treatment management.
- Followed clinical duties according to unit specific guidelines and procedures.
- Worked cooperatively within a team environment and actively contributed to team activities.
- Analysed patient's drug history for drug interaction purposes. Undertook patient's follow up and drug consumption.
- Participated in fostering a safe workplace.

❖ ***Doctors Hospital and Medical Centre, Lahore, Pakistan***

*Medical Officer, Department of Medicine: Aug 08 to May 09*

- Conducted case evaluations involving history taking, physical examination, following lab & radiological work up etc.
- Led case presentations during attending rounds and ensured optimal patient management.
- Guided patients and their families through complex treatment decisions.
- Discussed various treatment options extensively with patients and families.
- Rapidly assessed and responded to medical emergencies.
- Analysed test results and information gathered during examinations to properly diagnose illnesses and diseases.
- Conducted follow up with patients to determine if treatment plan needs to be adjusted.
- Exhibited expert knowledge of policies, procedures, ethical standards & laws regarding the delivery of medical care.
- Maintained the confidentiality of patients, families, colleagues and any sensitive situations.

❖ ***University of Central Florida, Florida, U.S.A***

*Research Associate: Aug 07 to Jun 08*

- Worked on mouse Doxorubicin Cardiomyopathy and Myocardial Infarction models.
- Performed transgenic mice stem cell transplantation, echocardiography, tissue isolation and processing as well as biochemical and immunohistochemistry staining of collected samples.
- Collected and analysed data, collaborating in discussions to integrate and ensure well supported evidence for the research paper.

❖ ***Shaukat Khanum Memorial Hospital, Lahore, Pakistan***

*Medical Officer, Department of Adult Oncology: May 07 to Jul 07*

- Conducted patient history taking, initial examination and diagnostic work up etc.
- Contributed and implemented management plans for inpatients and clinics.
- Managed the relevant information including daily progress notes in centralized computer information system.
- Acquired proficiency in oncology related procedures like bone marrow biopsy and intrathecal chemotherapy.
- Presented cases in daily morning rounds.
- Assiduously attended didactics, journal clubs and clinic-o-pathological conferences.
- Led case presentations during attending rounds and ensured optimal patient management.
- Assiduously attended didactics, journal clubs and clinic-o-pathological conferences.

❖ ***American Medical Research, Illinois, U.S.A***

*Clinical Extern, Clinical Drug Trials: Feb 07 to Apr 07*

- Diligently contributed to assessment of patients according to study protocols.
- Closely followed the research team on diagnostic workup of patients including data gathering, investigations and suitability for participation in clinical drug trials.
- Meticulously recorded data gathered in respective studies.

❖ ***Caritas Carney Hospital, Massachusetts, U.S.A***

*Clinical Observer, Department of Internal Medicine: Dec 06 to Jan 07*

- Closely followed the resident team on diagnostic workup of patients including history taking, physical examination, investigations and assessment plan.
- Presented cases and contributed to case management discussions by seeking out relevant information through various web sources.
- Diligently attended and participated in morning reports, noon conferences and attending rounds.

❖ ***Hinsdale Hospital & Riverside Clinic, Illinois, U.S.A***

*Medical Extern, Department of Psychiatry: Jun 06 to Aug 06*

- Astutely followed the attending psychiatrist in the hospital, continuity clinic and private practice.
- Contributed to history taking and overall case evaluation and management discussions.
- Developed excellent communication skills and professional rapport with patients, nurses and the staff.

❖ ***Intermed Clinic, Illinois, U.S.A***

*Medical Extern, Family Medicine: Apr 06 to Jun 06*

- Followed the attending physician closely in this private practice clinic.
- Took histories and participated in case evaluation and management plan.
- Learnt to communicate effectively with patients and built excellent rapport with patients, nurses and the Staff.

❖ ***Dr. Zaheer Clinic (Pvt), Lahore, Pakistan***

*Clinical Extern: Aug 04 to Jul 05*

- Worked under the supervision to evaluate and manage outpatients and issue medical prescriptions based on patient symptoms.
- Evaluation of acute cases and referral to relevant secondary or tertiary care settings.
- Prepared for United States Medical Licensing Examinations.

❖ ***Services Hospital, Lahore, Pakistan***

*House Officer, Department of General Medicine and Surgery: Jul 03 to Jun 04*

- Execution of history, physicals examinations, lab investigations, relevant procedures and management.
- Assisted in surgical procedures and performed minor surgical procedures under supervision.
- Attained competency in NG tube, urinary catheter placement, IV cannulation, basic wound care etc.
- Consulted with seniors and specialists for further patient management.
- Educated medical students about cases, procedures and management protocols.
- Patient management under emergency and critical condition.
- 6 Months Rotation in Surgery and 6 Months in Medicine.

**References**

---

References can be furnished upon request.