

Dr. Aysha Aliya M

DHA Licensed – General Practitioner

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Status: Immediately Available | Dependent Visa

PROFESSIONAL SUMMARY

Immediately available DHA-licensed General Practitioner with 3+ years of clinical experience in emergency medicine, critical care, and general practice. Proven ability to deliver high-quality care in both hospital emergency departments and health centers. Skilled in acute patient stabilization, life-saving interventions, and chronic disease management (CAD, hypertension, diabetes, COPD, asthma). Adept at handling communicable and non-communicable diseases, preventive programs, and patient education. Keen to contribute in both General Practice and Emergency Medicine roles.

CORE COMPETENCIES

- Emergency & Trauma Care (Advanced Airway Management, Resuscitation, FAST Ultrasound)
- Critical Care & Life Support (BLS, ACLS, ECLS Certified)
- General Practice & Family Medicine (Outpatient & Preventive Care)
- Chronic Disease Management (CAD, Hypertension, Diabetes, COPD, Asthma)
- Communicable & Non-Communicable Disease Management
- Pediatric & Maternal Health Care (Immunizations, Antenatal & Postnatal Care)
- Infectious Disease Control & Outbreak Response
- Procedural Proficiency: Intubation, Suturing, Abscess Drainage, Catheterization, Wound Care
- Patient Stabilization & Acute Emergency Management
- Multidisciplinary Team Leadership & Clinical Collaboration
- Clinical Documentation & Electronic Medical Records (EMR) Systems
- Patient & Family Counseling | Health Education & Lifestyle Modification
- Preventive & Community Healthcare Programs
- Disaster Preparedness, Mass Casualty & Triage Management

PROFESSIONAL EXPERIENCE

Resident Medical Officer (Emergency Department)

ALMAS Hospital, Kottakkal | Sep 2024 – Jun 2025

- Delivered rapid assessment and stabilization for patients in life-threatening emergencies.
- Executed advanced airway management, emergency sonography (FAST), and invasive procedures.
- Assisted senior consultants across cardiology, neurology, orthopedics, pediatrics, and ICU.
- Coordinated with nurses and allied staff for effective emergency workflow.
- Reduced patient handover delays by implementing structured clinical documentation.
- Supported disaster preparedness and emergency drills for mass-casualty situations.
- Delivered rapid assessment and stabilization for patients in life-threatening emergencies.
- Handled acute cardiac arrests, stroke cases, polytrauma, and sepsis management.
- Provided ongoing monitoring and timely escalation for critically ill patients.
- Participated in code blue resuscitations, ensuring rapid response and stabilization.
- Liaised with laboratory and radiology departments to expedite diagnostics for critical patients.
- Assisted in post-resuscitation care and ICU admissions.

Resident Medical Officer (General Practice & Emergency)

Family Health Centre, Triprangode, Malappuram | Oct 2022 – Aug 2024

- Provided primary and emergency care for patients of all age groups.
- Managed chronic conditions such as hypertension, diabetes, coronary artery disease, asthma, and COPD.
- Diagnosed and treated infectious diseases including respiratory infections, gastroenteritis, and vector-borne illnesses.
- Oversaw maternal and child health services, including immunizations and antenatal care.
- Conducted preventive programs, health awareness sessions, and vaccination campaigns.
- Performed emergency procedures (suturing, incision & drainage, wound debridement).
- Enhanced continuity of care by establishing follow-up plans for chronic patients.
- Assisted in school health programs, screening children for early detection of illnesses.

KEY ACHIEVEMENTS

- Successfully managed >500 acute emergency cases, including trauma, cardiac arrests, and stroke patients.
- Reduced ER patient waiting time by 20% through improved triage management.
- Contributed to community immunization drives, improving local vaccination coverage.
- Recognized by senior consultants for accuracy in clinical decision-making and procedural proficiency.

EDUCATION

M.B.B.S. | Kanachur Institute of Medical Sciences, Mangalore
Rajiv Gandhi University of Health Sciences | 2016 – 2022

Class XII | Good Shepherd Public School, Changanassery | 2016
Class X | MES Central School, Mangalam (CBSE) | 2014

LICENSES & REGISTRATIONS

- DHA Licensed – General Practitioner
- Karnataka Medical Council – Reg. No: 154711
- Travancore Cochin Medical Council – Reg. No: 87413

CERTIFICATIONS

- Basic Life Support (BLS) – AHA Certified
- Advanced Cardiac Life Support (ACLS) – AHA Certified
- Emergency Care & Life Support (ECLS)

TECHNICAL PROFICIENCY

- Proficient in Electronic Medical Records (EMR) documentation (Cerner, HIS).
- Skilled in intubation, mechanical ventilation setup, and airway management.
- Experienced in diagnostic tools: ECG interpretation, portable ultrasound (FAST).
- Minor surgical procedures: abscess drainage, suturing, catheter insertions.

LANGUAGES

- English – Fluent
- Hindi – Fluent
- Malayalam – Native
- Tamil – Conversational

REFERENCES

Dr. P.A. Kabeer

Head of Department – Emergency Medicine
ALMAS Hospital, Kottakkal
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