



SHAMILA SHAMSUDEEN

RN NURSE

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SKILLS

SURGICAL NURSING

LEADERSHIP

INFECTION CONTROL

PAIN MANAGEMENT

TEAM COLLABORATION

PATIENT EDUCATION

CLINICAL DOCUMENTATION

EDUCATION

BACHELOR OF SCIENCE NURSING

Chithra College of Nursing / Kerala, India / 2019

- Graduated with Honors in Nursing

LANGUAGES

ENGLISH

HINDI

ARABIC

PERSONAL DETAILS

Date of birth
21/07/1996

Nationality
Indian

Visa status
Resident visa

Marital status
Married.

ABOUT ME

I am an experienced and DHA-qualified Registered Nurse with a robust background in surgical nursing. I have effectively managed daily pre- and post-operative preparations while leading a team of junior nurses. My expertise in infection control, pain management, and patient education has significantly contributed to reducing post-surgical infections and improving patient outcomes. I possess proven leadership skills, demonstrated by supervising and training junior staff, ensuring strict adherence to medical protocols. My role in providing specialized care in the Surgical ICU involved stabilizing critically ill patients and collaborating with multidisciplinary teams to deliver comprehensive care. My career goal is to continue advancing in surgical nursing while enhancing patient care standards.

WORK EXPERIENCE

AL MOUWASAT HOSPITAL - RIYAD, KSA
Riyadh
Feb 2022 - Oct 2024

RN NURSE

- Served as Charge Nurse, leading a team of 7 nurses to coordinate seamless perioperative patient care.
- Assumed leadership in absence of Nursing Head, ensuring workflow efficiency, patient safety, and protocol adherence.
- Supervised and coached junior nurses on clinical best practices and procedures.
- Conducted accurate patient assessments, monitored vital signs, and managed post-operative care, including wound management and pain control.
- Conducted rounds with surgical teams to assess patient progress and update care plans.
- Implemented infection control measures, reducing post-surgical infection rates significantly.
- Collaborated with surgeons, anesthesiologists, and other medical staff to enhance patient care outcomes.
- Maintained comprehensive and compliant clinical documentation.
- Delivered exceptional patient care in a high-volume medical-surgical unit.
- Administered medications, monitored patient conditions, and supported medical procedures.
- Assisted in pre-operative assessments and provided comprehensive post-operative care for optimal recovery.
- Developed and executed individualized patient care plans in collaboration with the healthcare team.
- Educated patients and families on self-care and post-discharge instructions, reducing readmission rates and improving outcomes.

CHRISTIAN MISSION HOSPITAL - KERALA, INDIA
Kerala
Feb 2020 - Jan 2022

RN Nurse

- Provided specialized care to post-surgical patients in the Surgical ICU, monitoring vital signs, administering medications, and managing complex post-operative recovery needs.
- Assisted in the stabilization of critically ill patients, ensuring safe management of pain, sedation, and anesthesia-related complications.
- Conducted post-operative assessments and collaborated with the surgical team to evaluate patient progress and modify care plans as needed.
- Provided wound care, managed drains, and ensured the proper administration of intravenous fluids and medications.
- Educated patients and their families about recovery expectations and post-discharge care, contributing to improved patient satisfaction and outcomes.
- Collaborated with multidisciplinary teams to ensure comprehensive care for patients in the Surgical ICU.