

# NIMYA ANN CHACKO



**REGISTERED NURSE/ICU/INFECTION  
CONTROL/EMERGENCY/LABOR  
ROOM/DERMATOLOGY/OPERATION THEATRE**

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## OBJECTIVE

Professionally trained registered nurse with 3.2 years of experience ensuring high standards of care for a wide variety of patients with diverse needs in critical care nurse roles.

## EDUCATION

**Bachelor of Science**, Kovai Medical Centre and Research Hospital Coimbatore **2016-2020**  
(Dr.MGR Medical University Madras) India.

**Diploma in Yoga for Youth Empowerment**, Open University of Tamil Nadu. **2018**

## SKILLS

- **Technical Skill:** \*Critical Nursing Skill,\*Basic Care,\*Medical Records,\*Emergency Medicine,\*Team Leadership,\*Medical Terminology.
- **Soft Skill:** \*Empathy,\*Conflict Resolution,\*Adaptability,\*Positive Attitude,\*Learning Skill,\*Effective Stress Management and Networking.
- **Hard Skill:**\* Managing ventilators and oxygen delivering system,\*Surgical and non-surgical instruments,\*Intensive care medicine,\*Managing chronic wounds,\*Electrocardiogram,\*Infection control and aseptic technique,\*Patient and family Health education, \*Checking and monitoring vital signs.

## EXPERIENCE

**Registered Nurse** **Oct 2022 - Sep 2024**  
Ram Medical Centre Hospital **Dammam, Saudi Arabia**

- Utilized the Learning ability, learned new cosmetic injections and new equipments with a 98% of growth rate.
- Proper care resulted in a 95% improvement in patients with skin disease.
- Assisted in developing protocols for managing dermatological emergencies and urgent care situation effectively.
- Collaborated with dermatologists in clinical procedures, including cryotherapy, regenera activa and cosmetic procedures.
- Handled patient questions and kept accurate records, maintained confidentiality at all times.
- Implemented infection control protocols to reduce the risk of health care-associated infections.
- Assess, clean, dress, and observe the wounds to promote healing and prevent infection.
- Concert with dermatologists to diagnose various skin conditions, manage biopsies and excisions, and administer treatments for psoriasis, eczema, acne, pimples, scar and other dermatological concerns.
- Managed and ensure all surgical instruments, sterile supplies, equipment are properly setup and functioning.

## Registered Nurse

Jan 2021 – Mar 2022

Royal Care Super Specialty Hospital

Coimbatore, India

- Developed and implemented patient focused care plans for 50 critically ill patients in an intensive care unit.
- Performed head-to-toe assessments of patients post-normal delivery, ensuring early identification of complication such as postpartum haemorrhage, infection and pre-eclampsia.
- Administered medications and treatments to 85 patients in an ICU, resulting in a 95% successful recovery rate.
- Provided airway management and support for patients with respiratory failure, including care of patients on ventilator, CPAP, BIPAP.
- Maintained clean and sterile environments by preparing equipment and disinfecting areas, contributing to a 75% reduction in infection rates.
- Implemented advanced nursing protocols for 90 patients in an ICU, gave rise to improved patients outcomes.
- Administered drugs by nasogastric, intramuscular, intradermal, subcutaneous, oral and intravenous methods and recorded.
- Examine and interpret ECG readings to detect cardiac abnormalities.
- Collaborated with interdisciplinary teams, providing critical support during emergency situations, enhancing the overall efficiency of care delivery.
- Supported patients with daily activities, providing patient comfort and independence, resulting in positive feedback from over 90% of patients and their families.

## ACCOMPLISHMENTS

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- Dubai Health Authority License (DHA)
- Basic Life Support (BLS)
- Advanced Cardiac Life Support (ACLS)
- Paediatric Advanced Life Support (PALS)

## LEADERSHIP

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- Participated in “Connecting the Dots with Clinical Competence Across Nursing” (Contemplate, Construct, Coordinated & Contribute) Organized and Conducted by PSG College of Nursing and Hospital.
- Participated in ‘National Service Scheme’ (Public Awareness Programmes like, Medical camp, Health Education, Awareness Campaigns, along with others).

## PROJECTS

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**Project Title:** A Study to assist the level of social interaction among patients with Schizophrenia at Kongunadu Mananala Arakkattalai, Coimbatore India.

## REFERENCES

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Available upon Request.

## PERSONAL INFORMATION

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Nationality: Indian

Language: English, Hindi, Arabic, Malayalam, And Tamil.

DOB: 02-11-1998

Civil Status: Married.

Gender: Female

Visa Status: Visit

## DISCLOSURE

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All the information and details included in this Resume are accurate and comprehensive, take it as given full responsibility for the accuracy of the information.