

SHIFA M A

+971 56 844 1952 | ✉ shifamalu2000@gmail.com | 📍 Currently in UAE (Spouse Visa)
DHA Eligibility No: 77244387

Professional Summary

Compassionate and detail-oriented Registered Nurse (B.Sc Nursing) with over 1 year of clinical and surgical experience in Operation Theater. Skilled in pre-operative, intraoperative, and post-operative care for adult and pediatric patients. Proficient in operating and maintaining medical equipment including ECG, Defibrillator, and Syringe Pump. Holds DHA eligibility and certified in BLS and ACLS. Seeking an OT Nurse position in a UAE hospital or clinic to deliver safe, evidence-based patient care and enhance healthcare quality outcomes.

Core Competencies

- Pre- and Post-Operative Care
- Patient Assessment & Monitoring
- Surgical Instrument Handling
- Emergency & Critical Care Support
- Medication Administration (IV, IM, Oral)
- Infection Prevention & Control
- Team Coordination & Communication
- Vital Signs Monitoring & Documentation
- IV Cannulation / Catheterization / Suctioning
- Life Support (BLS / ACLS Certified)
- Electronic Medical Records (EMR) Familiarity
- OT Safety & Sterilization Protocols

Professional Experience

Operation Theater Nurse | Hakeem Abdul Hameed Centenary Hospital, Jamia Hamdard –
New Delhi
March 2024 – March 2025

- Prepared and maintained the operating theater for elective and emergency surgeries.
- Assisted surgeons as scrub and circulating nurse during procedures.

- Monitored patients' vital signs and managed pre-, intra-, and post-operative care.
- Administered IV, IM, and oral medications and documented patient progress.
- Performed Foley's catheterization, Ryle's tube insertion, and wound dressing.
- Assisted in epidural catheterization and maintained sterile OT environment.
- Operated medical devices (ECG, Defibrillator, Syringe Pump, Pulse Oximeter).
- Ensured adherence to infection control and patient safety protocols.
- Supported patient recovery and collaborated with multi-disciplinary teams.

Education

Bachelor of Science in Nursing (B.Sc Nursing)

Rufaida College of Nursing, Jamia Hamdard – New Delhi (2019 – 2023)

Certifications

- Basic Life Support (BLS)
- Advanced Cardiac Life Support (ACLS)
- Infection Control Training
- DHA Eligibility (No. 77244387)

Languages

- English
- Hindi
- Malayalam

References

Available upon request.