

# ANISHA MAMPILLIKUNNEL KURIAKOSE

REGISTERED NURSE ( MOH)

## PROFESSIONAL SUMMARY

Compassionate and dedicated Registered Nurse with over 8 years of hands-on experience in delivering high-quality patient care across medical, surgical, and orthopedic settings. Skilled in patient assessment, medication administration, wound care, and emergency response. Adept at collaborating with multidisciplinary teams to improve patient outcomes and ensure safety. Demonstrates strong clinical judgment, communication skills, and a commitment to maintaining the highest standards of care. Experienced in working in fast-paced hospital and clinic environments with diverse patient populations.

## WORK HISTORY

**REGISTERED NURSE, 12/11/2020 To 27/10/2024**

**WE CARE MEDICAL CENTER, SHARJAH.**

## DUTIES AND RESPONSIBILITIES

- Monitor and record patient vitals, conditions, and progress consistently every shift.
- Administer prescribed medications and treatments accurately and on scheduled time.
- Maintain accurate and timely documentation in patient records and charts.
- Maintain accurate, updated patient records and electronic medical documentation at all times.
- Provide first aid and emergency support during medical or clinical emergencies.
- Support chronic disease management including diabetes, hypertension, and respiratory conditions.
- Offer culturally sensitive care to patients of different nationalities and backgrounds.
- Ensure infection control standards are followed strictly in all clinical procedures.

**REGISTERED NURSE, 10/04/2018 To 12/05/2019**

**AL YASMEEN MEDICAL CENTER, SHARJAH.**

## DUTIES AND RESPONSIBILITIES

- Prepare patients for dental and gynecological procedures with comfort and care.
- Assist dentist and gynecologist during treatments, ensuring smooth clinical workflow.
- Sterilize instruments and maintain infection control protocols in both departments.
- Record patient histories, vital signs, and treatment notes accurately and confidentially.
- Schedule appointments, manage records, and handle patient inquiries professionally.
- Maintain stock of medical supplies and request replenishments when needed.
- Ensure treatment rooms are clean, organized, and ready for use.



## CONTACT DETAILS

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anishamk20211@gmail.com

Sharjah, United Arab Emirates

## EDUCATION

- Bsc.Nursing, 2012  
RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE.
- Higher Secondary, 2007  
KERALA STATE BOARD
- Secondary School Learning Certificate, 2005  
KERALA STATE BOARD

## REGISTRATIONS

- MOH, UAE :T51597.
- KERALA NURSES AND MIDWIFES  
COUNCIL: 32051.
- THE KARNATAKA STATE NURSING  
COUNCIL: 0728802.

## SKILLS

- Patient Assessment & Vital Monitoring.
- All Routes of Medication Administration.
- Emergency Response.
- Infection Control & Hygiene Maintenance.
- Pain Management, Wound Care & Dressing Changes.
- Surgical Preparation & Postoperative Care.
- Ortho Support, Cast Application & Mobility Assistance.

- Team Collaboration.
- Time Management & Organizational Skills.
- Knowledge of Healthcare Standards And Regulations.
- Clinical Governance And Quality Assurance.

## **NATIONALITY**

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INDIAN

## **OTHER DETAILS**

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- Date Of Birth : 04/03/1990
- Gender : Female
- Martial Status : Married
- Visa Status : Husband visa.

## **LANGUAGES**

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- English
- Hindi
- Malayalam

## **PROFESSIONAL CERTIFICATES**

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- **Basic Life Support (BLS)**  
American safety and Health Institute  
(2025-2027)
- **Advanced Cardiovascular Life Support (ACLS)**  
American Heart Association (From MIMS  
Hospital Calicut-2015)

**REGISTERED NURSE,05/04/2013 To 30/09/2016**

**FATHIMA HOSPITAL,KERALA,INDIA**

### **DUTIES AND RESPONSIBILITIES**

- Assess and manage patients with chronic and acute medical conditions.
- Assist in wound care, dressing changes, and surgical site monitoring regularly.
- Collaborate with doctors and multidisciplinary teams for comprehensive patient care.
- Handle orthopedic care including traction, casts, splints, and limb positioning.
- Support mobility and rehabilitation exercises for surgical and ortho patients daily.
- Observe for signs of infection, complications, or unusual symptoms immediately.
- Monitor post-operative recovery and manage surgical wounds.
- Administer pain management and post-op care.
- Prevent pressure sores and manage pain effectively.
- Educate patients on limb care, movement restrictions, and rehabilitation.
- Educate patients and families on condition, medication, and discharge instructions clearly.

**NURSING TUTOR AND CLINICAL INSTRUCTOR**

**10 /05/2012 To 15/03/2013**

**ST. MARY'S COLLEGE OF NURSING ,CHITRADURGA ,  
KARNATAKA**

### **DUTIES AND RESPONSIBILITIES**

- Deliver lectures on nursing theory, practice, and ethics to students.
- Prepare lesson plans and teaching materials aligned with curriculum standards.
- Supervise students during clinical placements in hospitals and healthcare settings.
- Evaluate student performance through assignments, exams, and practical assessments.
- Organize and lead simulation labs for hands-on nursing skill practice.
- Assist students in research projects and evidence-based practice assignments.
- Promote critical thinking and problem-solving through case study discussions.

### **REFERENCE**

Dr. Amanullah Jatoi

Senior Consultant, MOH License No: D56308 We Care Medical Centre, Sharjah-UAE.

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### **DECLARATION**

I hereby declare that the curriculum vitae is true and correct to the best of my knowledge.

**ANISHA MAMPILLIKUNNEL KURIAKOSE**