

NISHMITHA DHARMANA KULAL

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SUMMARY:

I am a dedicated and compassionate registered nurse with 1 year 7 months of experience in providing high- quality patient care. Skilled in- patient assessment, medication administration, and emergency response, I strive to ensure the well-being and comfort of my patients. My ability to communicate effectively with patients, families, and healthcare teams helps create a supportive and healing environment. Passionate about continuous learning, I stay updated with the latest medical practices to deliver the best possible care

PROFESSIONAL EXPERIENCE:

Staff Nurse - ICU (02/2024 - 08/2025)

KMC HOSPITAL MANGALORE, Mangalore

Main Responsibilities:

- ✓ Monitor and assess patients' conditions, recording vital signs and symptoms.
- ✓ Administer medications and treatments as prescribed by physicians.
- ✓ Assist in medical procedures and provide post-operative care
- ✓ Educate patients and their families on health management and post-treatment care.
- ✓ Maintain accurate medical records and documentation.
- ✓ Create a safe and hygienic environment for patients, strictly adhering to hospital protocols.
- ✓ Respond to emergencies and provide immediate medical attention when necessary.
- ✓ Supported doctors during emergency procedures including CPR, intubation, and central line insertions.
- ✓ Ensured infection control protocols, contributing to a 0% hospital-acquired infection rate in the unit.
- ✓ Maintained meticulous patient documentation for legal and clinical compliance

STRENGTH AND SKILLS:

- ✓ Patient assessment and monitoring.
- ✓ Wound care, dressing changes, infection control & hygiene management
- ✓ Medical documentation and record keeping.
- ✓ Operating medical equipment
- ✓ Communication and active listening
- ✓ Critical thinking and Problem Solving
- ✓ Adaptability and Time Management
- ✓ Time Management.

INTERSHIP:

Intern, Father Muller Medical College and Hospital Mangalore.

(09/2023 - 10/2023)

EDUCATIONAL QUALIFICATION:

- ✓ B.Sc. Nursing, DR. M.V SHETTY COLLEGE OF NURSING, Mangalore, India.
- ✓ Pre-University in Science from SDPT PU COLLEGE, Mangalore, India

PERSONAL DETAILS:

Date of Birth	: 19-10-2001	Nationality	: Indian
Gender	: Female	Languages Known	: English, Hindi, Kannada, Tulu.

PASSPORT AND VISA DETAILS:

Passport No	: C4043541	Date of Issue	: 01-11-2024
Place of Issue	: Bengaluru	Visit Visa Expiry	: 02-12-2025

DECLARATION:

I hereby declare that the above given particulars are true from best of my knowledge and belief.

Sincerely,

Nishmitha Dharmana Kulal

Place: Dubai