

ANDRIYA THOMAS M

REGISTERED NURSE

Dedicated and compassionate Staff Nurse with over 1.5 years of hands-on experience in a multidisciplinary teaching hospital affiliated with Kasturba Medical College, Mangalore. Proven expertise in post-operative nursing care, patient monitoring, medication administration and interdisciplinary coordination. Demonstrated ability to manage patients from a wide range of specialties including Surgery, Medicine, Orthopedics, OBG, ENT, Oncology, Pediatrics and Psychiatry. Skilled in infection control, wound care and post-surgical recovery protocols. Adept at working in high-pressure environments with strong communication, critical thinking and patient education skills. Committed to delivering high-quality care and ensuring patient safety and comfort in alignment with hospital standards and clinical guidelines.

KEY SKILLS

- Post Operative Nursing Care
- Intensive Care Unit Exposure
- Team Work
- Patient Management
- Clinical understanding
- Safety Procedures
- Vital Signs Monitoring
- Patient health education
- Documentation
- Admission Procedures
- Discharge procedures
- Multitasking

EXPERIENCES

❖ **STAFF NURSE | Sep 2023 – Mar 2025**
KMC HOSPITAL, ATTAVAR, MANGALURU, INDIA

JOB RESPONSIBILITIES

- Provided comprehensive nursing care to patients in the Post Operative Ward, monitoring recovery and managing post-surgical complications.
- Collaborated with surgeons and anaesthetists for effective post-operative pain and wound management.
- Delivered nursing care to patients from diverse departments including General Medicine, Surgery, Paediatrics, Orthopaedics, Oncology, ENT, and OBG.
- Monitored and recorded vital signs, administered medications, and ensured timely postoperative assessments.
- Assisted in patient care for cases from ICU, coordinating with intensive care teams for smooth transitions.
- Maintained infection control protocols and supported pre-discharge education for patients and their families.
- Interacted with Radiology, Physiotherapy, and Medical Oncology departments for cross-functional care.
- Supported paediatric post-operative cases with specialized attention to child safety and comfort.
- Coordinated with TB, Psychiatry, Dermatology (Skin & STD) teams for interdisciplinary treatment plans.
- Documented care accurately in patient records as per hospital and accreditation standards.
- Gained exposure to Oral & Maxillofacial Surgery, Anaesthesiology, and Community Dentistry cases.

DECLARATION

Hereby declared that the above particulars of facts and information stated are true, correct and complete to the best of the belief and knowledge.

ANDRIYA THOMAS M

PERSONAL DETAILS

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Address Bethel, Kallekkad PO,
Palakkad, Kerala, India,
678006

Nationality Indian
D.O.B 15-08-2000
Gender Female
Passport No X5667457

ACADEMIC CREDENTIALS

2018-2022 **B.Sc. NURSING**
DR. M.V Shetty College of
Nursing, Mangalore, India

2016-2018 **PLUS TWO**
Board of Higher Secondary
Examination, Kerala, India

2015-2016 **SSLC**
Board of Public
Examination, Kerala, India

LANGUAGES

- English
- Hindi
- Malayalam

CERTIFICATIONS

- Basic Life Support (CPR and AED) Program, certificate issued on Apr 2025.
- Advanced Cardiovascular Life Support (ACLS) Program, certificate issued on Apr 2025.